

SPOTLIGHTS ON US

PULASKI COUNTY
HIGH SCHOOL

Spotlight's On Us

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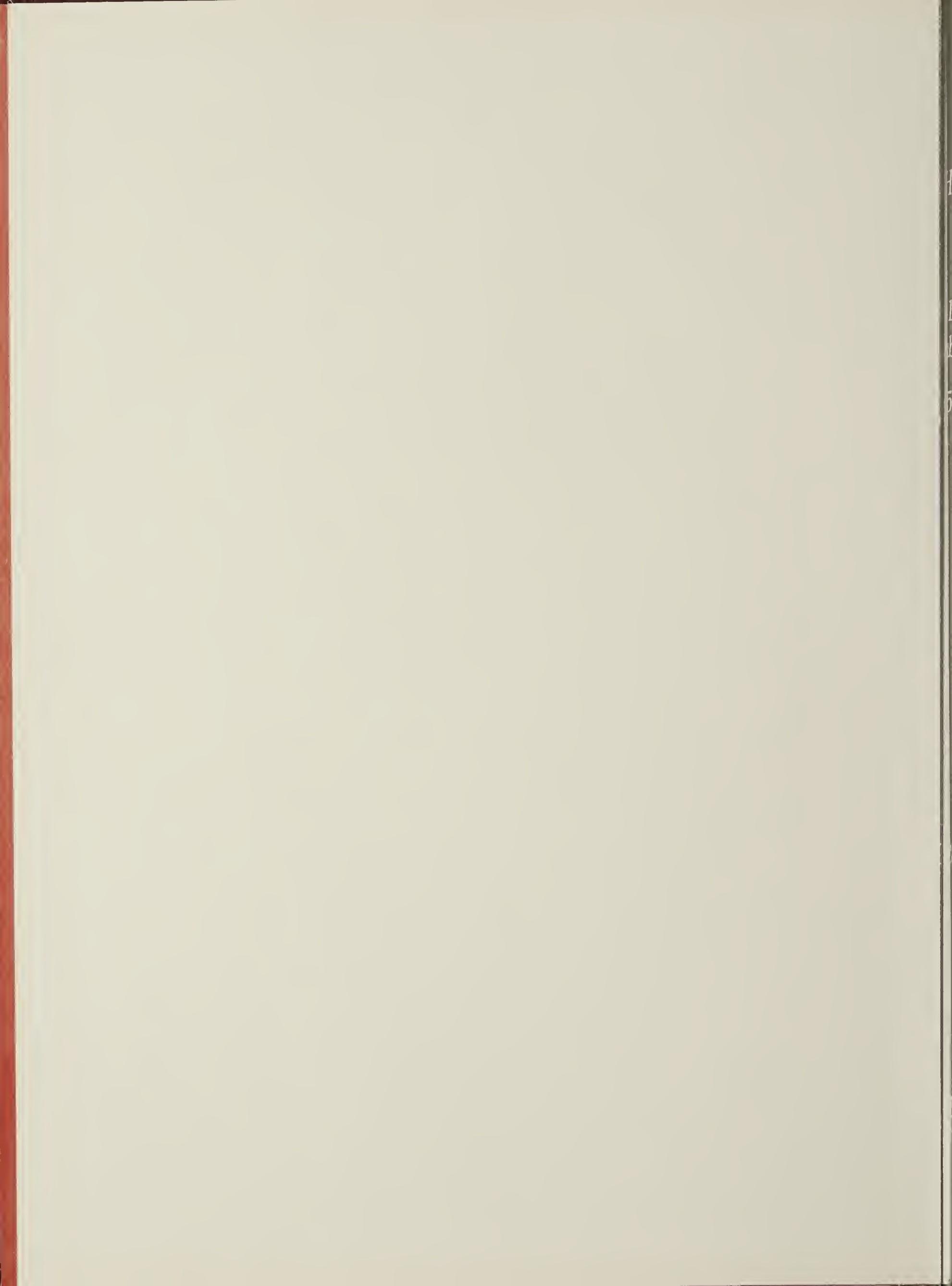
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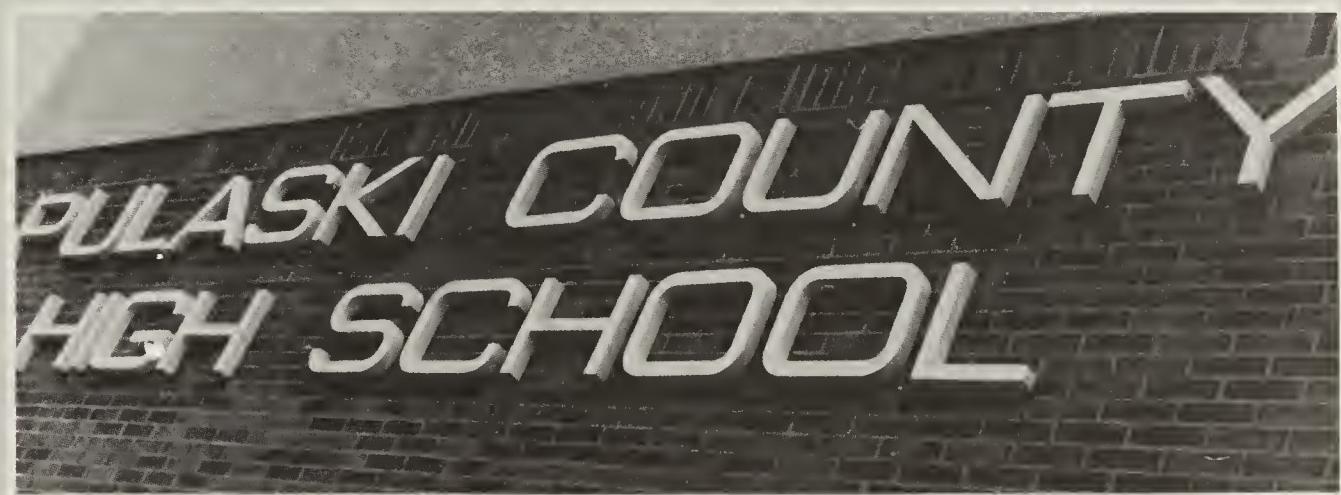


Pulaski
County
High School

114 Cougar Trail
Dublin, VA 24084
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Student
Enrollment
1535

Spotlight's On Us



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Places Everyone



Lights, Camera, Action



Showing Cougar Pride

Cougar spirit is expressed diversely and is present everywhere you turn. Fans put on face paint at the football games to show support, cheerleaders pep up the crowd to push the team, and when an athlete makes a play or scores, the entire audience shows their respect for the Cougars. Cougar fans brave the elements to show support for their favorite sports. Everyone wants to be a part of the cougar tradition.

Inside the school nothing stirs more pride than the pep rallies. The cougar spirit pushes every class to outdo the others in showing their enthusiasm. The float parade also exemplifies cougar pride. The participants in the "Cat Scratch Fever" parade gave their best to show their support and individuality. The floats, made of wood, paper mache, colored paper, paint, and any other material they could find, added to the excitement of the event. The design and creativity of the floats was stupendous, but in the end the junior class "Village People Float," aided by the song "Y.M.C.A.," won the competition. Mandy Sexton said, "The village people went along with the sixties theme and we knew that the song was well known and would rock the house."

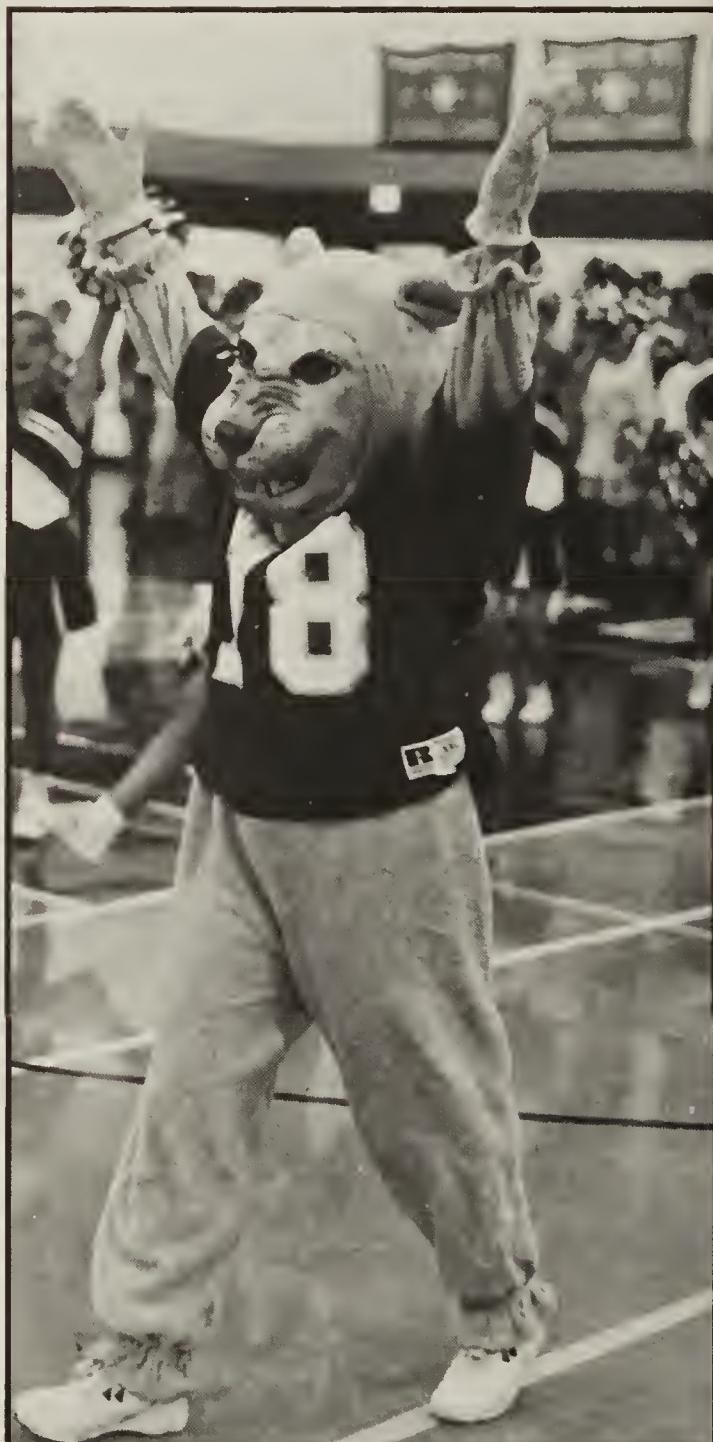
The cheerleaders, the mascot, the athletes, and especially the fans kept the Cougar spirit alive. Elizabeth Sadler said, "Cougar spirit really rocks the house."

Shirl Atkins
Mary Bishop
Angie Lutz
Alexi Moseman



Sophomores got "Dat Cat Scratch Fever!" The class shows their spirit with a banner.

Full of excitement, Crystal Raymond brings the crowd to their feet during the pep rally.



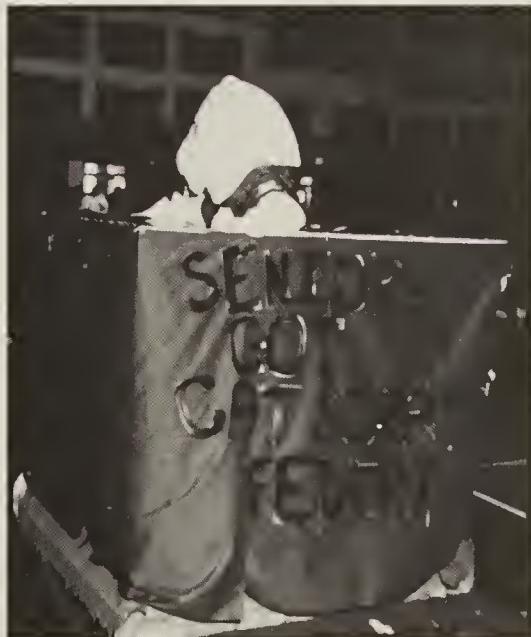


The seniors come alive and win their first pep rally, spirit stick. John Fehr said, "I was surprised we actually won."



The juniors show their school spirit at the pep rally. Anne Schrader said, "I really enjoyed the pep rally."

Go! Fight! Win! The faithful Cougar fans fill the stadium on a chilly Friday night.



Cougar in a box! Tatum Neely does her best Cougar imitation for the senior float.

Juniors ran away with the float competition during the pep rally before the homecoming game.

English teacher Frank Kasik enjoys a relaxing summer afternoon reading to his son Frank IV in the family hammock.

Wax on, wax off. Jan Estes and Mandy Sexton spend the summer day washing cars in their bikinis.



Chicken Fight! Jay James, Page Hill, Russell Shockley, and Matt Hull enjoy a little friendly competition in the motel pool at Myrtle Beach.



98 Degrees and Climbing!!!

In the good 'ole summertime, students were everywhere soaking up the rays and surfing the waves. Jade Bevil made her entrance in the Bahamas, while seniors were making their exits onto the beaches and off to college.

But not everyone limited their travel to the beaches. Lea Ann Pruitt was able to experience one of the most beautiful places on earth, Niagara Falls. "It was so breathtaking! Did people really go over this in barrels?" she said. Brooke Copeland and Megan Mansell took the long trip out west to view the awe-inspiring Grand Canyon in Arizona, and they both agreed that it was one of the most beautiful sights in the world.

Yet while their friends were having fun in the sun and the sand, many unfortunate others were confined to the home front, trapped by jobs and seemingly doomed to a lack of adventure. Wendy Minnick spent her summer lounging by the pool and flipping burgers at Wendy's in Fairlawn.

Summer is always the time for excitement and freedom, so whether you got your kicks here or somewhere far away, you're always sure to have come back to school with stories to amaze your friends and shock your teachers. And while classes continued as usual this year, everyone still had their memories of summer fun in the sun.

Tatum Neely
Wren Lanier



Jon Doyle is up, up, and over. Doyle spent many hours during the summer at the Bishop home on Clayton Lake enjoying both the trampoline and the lake.



Freshmen Rachel Turnmyer, Roxanne Hall, Katrina Clark, and Kelli Walters pose with Dino, the Flintstones favorite dinosaur, at Carowinds.



Supermodels? Sherry Burroughs, Jamie Thompson, Vivian Ann Rash, and Nicole Smith put on a show for their fans at Myrtle Beach.



Senorita in a sombrero. Courtney Peek's hat blocks the sun as she lounges by the lake.



Blowin' bubbles. Becky Bishop strolls along her deck while filling the air with bubbles. Bishop said, "There's nothing better than relaxing on a summer day."

Stack 'em up! Jamie Thompson, Nicole Smith, and Matt Hull sure do look taller these days. Hull said, "My back hurt for days after that."



Together and loving it. Georgie Hickam and Shayne Graham are like two peas in a pod. Graham said, "Georgie is someone I can always go to when I have a problem."

Brian Quesenberry and Brad Henley spend their free time together, watching a movie.



Little babies. Lori Hager, Ashley Weddle, and Melissa Hudson relive their childhood by dressing up as little girls.

Two of a kind. David Conner and Becca Conner definitely resemble one another. Becca said, "I'm glad I have a close relationship with my brother. It's not really that common at our age."



Forever Friends

At that magic moment when one person says to another, "What? You too? I thought I was the only one!" the special bond of friendship is born. It sounds like a greeting card, but most of us know instantly when we've found a true friend.

High school is the time to both make and lose friends, since it is that time when we begin to find out what friendship truly means. Love, caring, fighting, and most importantly, forgiving are all great parts of the friendships we have.

Friendship forms an important part of romance, too. Said junior Brad Simpson, "Emily Hale is not only my special love, but also my best friend." When asked about her boyfriend, senior Vivian Ann Rash comments, "I enjoy spending time with Jay (James) because he makes every time we go out special." Relationships founded on friendship will always mean the most to us.

As seniors go out into the real world, they will remember these years as some of their best, thanks to the many friends and teachers who've been a part of their lives. Ralph Waldo Emerson said, "Go often to the house of a friend, for weeds choke the unused path." We've all learned, loved, and lost a great deal, but emerged on the other side with friends and memories to keep for a lifetime.

Jade Bevil
Georgie Hickam
Wren Lanier



If two's company and three's a crowd then what would you call this? Jennifer Weikel, Bridgette Conner, Paula Bowman, Candace Keller, Chelsey Smythers, and Jessica Branch hang out after school is out for the day.

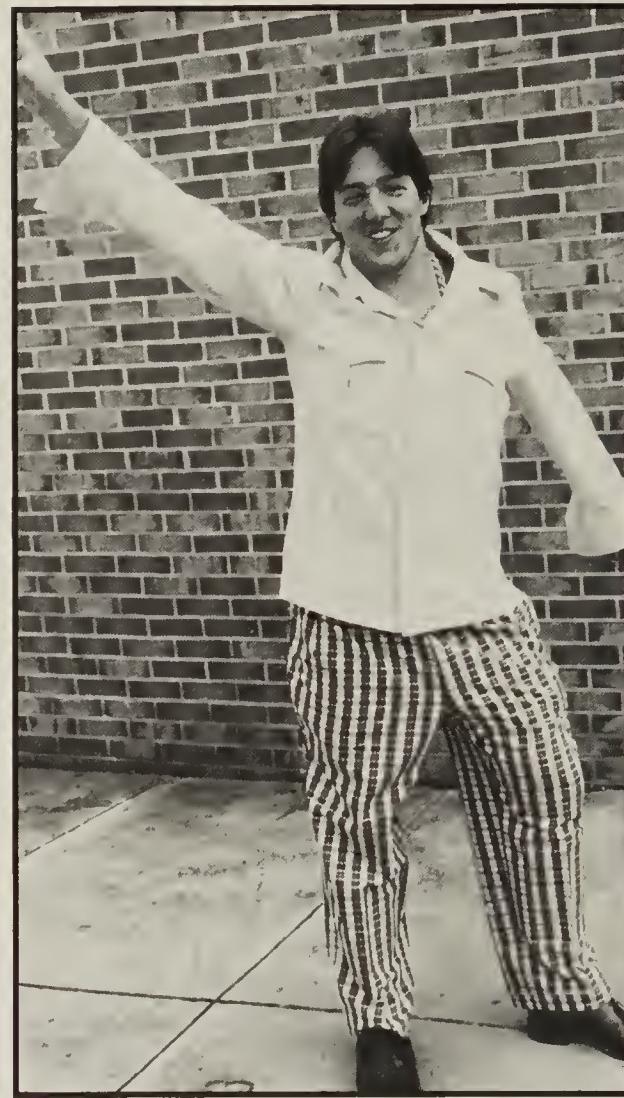
Duh! Twins, Loren and Chase Biggs goof off together. Loren said, "I can always count on chase to do something goofy to brighten my day."



Phat cat! Brook Eley goes all out on Disco Day to commemorate senior dress week.

Attention! The band members stand by for the next piece of music during the pep rally.

You go right and I'll cut left. Seniors get together to discuss their next play against the juniors.



You Give Me Fever

Homecoming week was filled with excitement. Events leading up to Friday's game included the annual powder puff game, dress up days, decorating the hall, and pep rally.

Each day the seniors had a designated dress code. These days were college sweatshirt day, beach day, disco day, dress to impress, and school spirit day. "Disco day was a blast! I'll never forget when Nicole Smith walked into the commons, she borrowed one of her mother's old dresses. It was great," said Wendy Minnick.

Class officers and fellow members of the student body stayed after school each day to construct a mural, a showcase, and a float for competition during the pep rally. Each class took a different approach to the homecoming theme. "Creating a showcase gave us a chance to experiment with ideas, and there were a lot of possibilities," said Emily Hale.

Due to the weather conditions, the annual powder puff game was unable to be played during homecoming week; however, it was rescheduled for the following week. Both the juniors and seniors were fired up and ready for the big game. Randi Campbell said, "I thought when the game was moved, the excitement would be lost. But both teams were ready for the action!" The junior class prevailed over the senior class.

Finally the pep rally arrived. During the rally the student body celebrated the achievements of the fall sports teams. The homecoming court was also recognized. The event gave the student body a glimpse of the court before voting during third block. The winners were announced during halftime of the football game. The newly crowned King and Queen were Russell Shockley and Ashley Weddle; Prince and Princess were Jamar McNair and Becky Bishop. This year there was a tie for Duke with Nooks Robinson, Douglas Freeman both escorting Duchess Crystal Raymond.

Although the week of homecoming can be stressful, for those involved it is rewarding experience. Homecoming was a time to prepare as well as a time to celebrate and the students did just that.

Becca Conner
Stacie Turpin



Y-M-C-A. Mandy Sexton, Loren Biggs, Robyn Bower, and Jennifer Smith perform a routine on the class float.

Come on, seniors! Autumn Alexander really works hard to gain some yards for the team.



Announcing the new king and queen, Russell Shockley and Ashley Weddle. Weddle said, "I was so excited; I couldn't stop smiling."

The mighty Cougars! At the start of the homecoming game the team charges down the famous lighted staircase.

Oh Yeah! The senior class proved just how much spirit they really had. Four years of bottled up spirit poured out at the homecoming pep rally, winning the seniors their first spirit stick.

Members of the Homecoming Court make their entrance during the dance. Nooks Robinson and Sarah Tolbert; Brook Eley and Crissy Campbell; Doug Freeman and Kelly Goad.



Emily Hale and Brad Simpson are caught red-handed. The two enjoy a slow dance during the Homecoming festivities.



Do you like our Duds? Russell Shockley and Becca Conner strike a pose.

Saturday Night Fever

At Scratch Fever, the seventies theme that surrounded the Homecoming Dance was definitely one of the best ever. Along with the right music, class officers worked hard to furnish the gym with perfect decorations. "I felt like I was reliving my parents' past," said Ellen Bain.

Couples gathered around as the Homecoming Court was introduced. The Dukes were Doug Freeman and Nooks Robinson escorting the Duchess Crystal Raymond.

The Prince and Princess were Jamar McNair and Becky Bishop, and the King and Queen were Russell Shockley and Ashley Weddle. Doug said about his Co-Duke Nooks Robinson, "I couldn't think of a better person to share my position with."

Homecoming was an enjoyable experience for all students and a new one for the freshmen. Emily Hale stated, "Seeing everybody so dressed up and having a good time was really great." Whether couples danced the night away or just socialized with friends, everyone agreed that Homecoming was a successful and memorable week. Amber Bratton said, "It was a great way to end a great week."



May I have this dance? The gym floor was crowded every time a slow tune played over the speakers.



Andriette Vaughn blushes as Brian Quesenberry places the corsage on her wrist.

Seniors David Conner and Sherry Burroughs dance at their last Homecoming dance together.

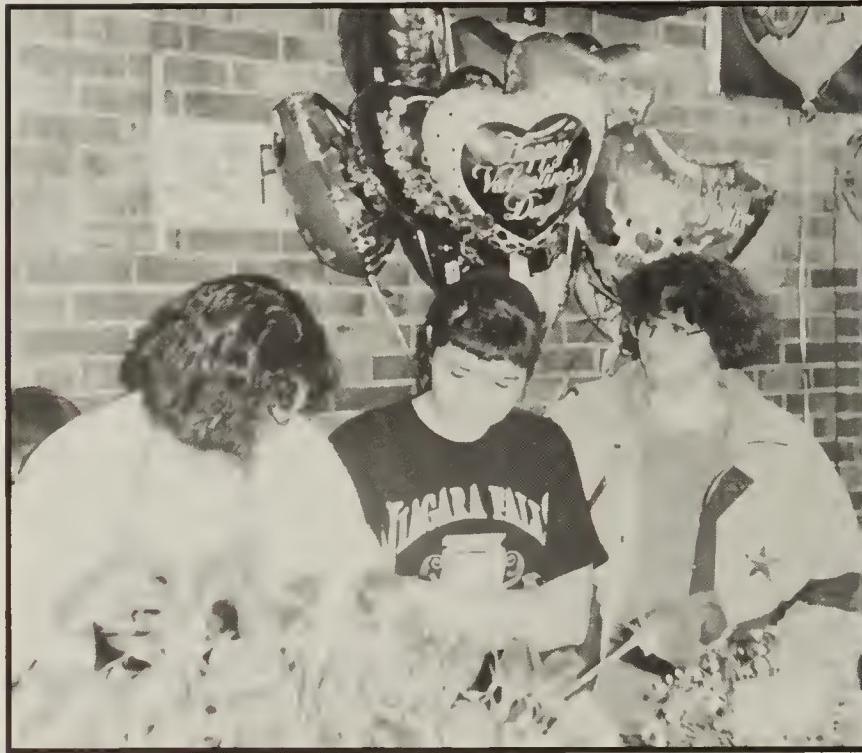
The four amigos. Drew Viars, Chase Biggs, Loren Biggs, and Shawn Lawson show off their homecoming attire.



Paula Bowman, Jennifer Cooper, and Autumn Duncan stop and count the profits after selling roses and balloons on Valentine's Day.

Give me your money! Ms. Martin sells baked goods for one of the popular Art League bake sells.

Rowdy freshmen get in one last bit of mischief before going to first block.



Commons Commotion

Every school has its center of activity, some place where students get together in the mornings, at lunch, and even after school. The Commons area provides that place for students, where we gather in the mornings and at lunch to eat, do homework, or just relax and hang out with friends. Colleges, military recruiters, and school clubs are often set up in the Commons to distribute information and talk to the student body. It's the one place on campus where almost everyone goes during the day, making it the perfect place to make contact with students and teachers alike.

But what would we do without the faithful lunch ladies and janitors who keep the Commons running from day to day? These folks have some of the hardest jobs in the building, but they're always there with a wave or a friendly smile for any student who passes by. They serve us food, clean up our messes, and even indulge our strange eating habits. "Cheese? On your strawberry shortcake? Sure thing..."

Wren Lanier
Patty Mitchell
Janna VanDyke



What, are we already out of goodies? Sarah Tolbert and Vivian Ann Rash help sell food for the Art League.

What did you get your sweetheart for Valentine's Day? Paula Bowman and Tim Doyle had the answer as they sold roses for Horticulture.



Yummy! So, what exactly is it that lunch ladies Pam Trivett and Jeanie Phillips are serving?

Hey, Johnny want to cut class? Eric Akers and Johnny Robinson take a break from their hectic schedules.



That will be twelve dollars please. SCA officers Georgie Hickam and Andy Pratt sell tickets to the Homecoming dance in the Commons during lunch.

Oh, that's funny! Sophomore officers Becca Hurst, Whitney Childress, and Andriette Vaughn take a break during one of their meetings.



Hmm, this looks interesting. Freshman class officers Ginger Glenn, Allison Cruise, and Kellie Wheeling look over a memo given to them by SCA president Doug Freeman.

What do you think? Junior class officers Keli Buckner and January Estes try to decide on a prom theme with the help of one of their sponsors Susie Cutlip.



I Voted! Have You?

Why, was one of the most widely asked questions during election week. Why are there so many posters hanging up? Why are elections being held during the second week of school before we even have time to adjust? Why won't scotch tape or masking tape stick to the brick walls? Why not?

When election week was finally over, there were new SCA and class officers elected.

Emily Hale, freshman vice president, said, "I worked really hard making posters so I was glad when my efforts paid off and I became a class officer."

Homecoming week was big for the classes and SCA. The class officers were in charge of decorating the locker banks, creating a showcase, drawing a mural, and building a float. Mandy Byrd said, "It was disappointing when our hard work did not pay off." The SCA officers were also in charge of the Homecoming dance. Georgie Hickam, SCA vice president, stated, "Planning Homecoming week and the dance was really interesting although it was a lot of work."

The junior class had the responsibility of planning the powder puff football game and prom. Penny Kaye Beckner, junior secretary, said, "I was a little worried about being in charge of prom because I wanted everything to be just right. It is a very important night to a lot of people and our class wanted it to be memorable."

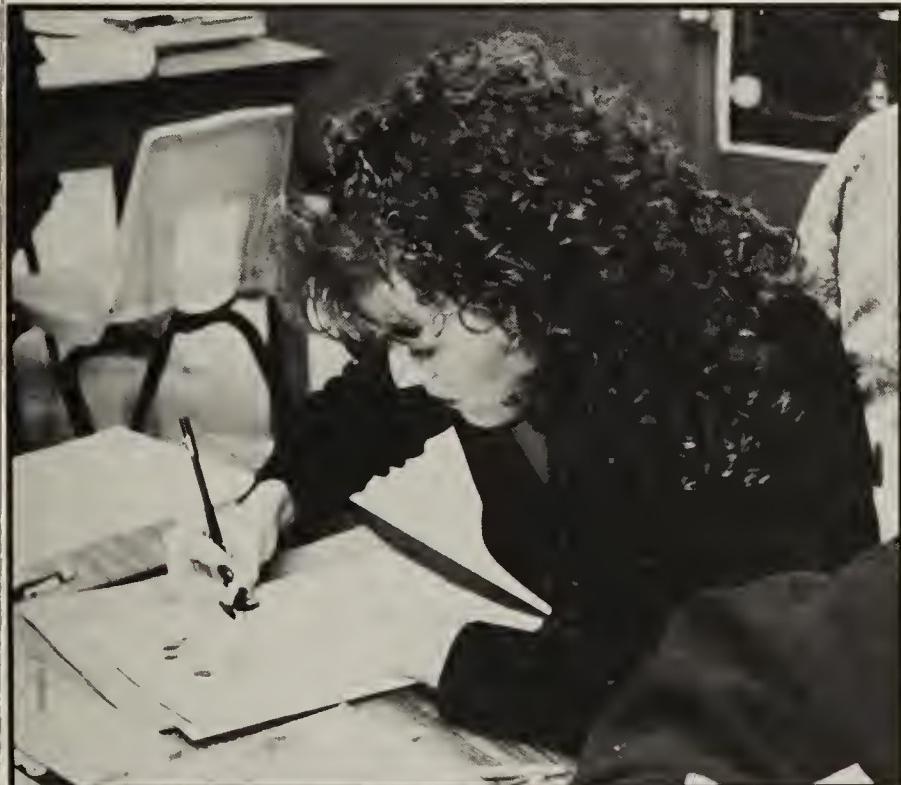
Student government is responsible for many school functions that are an integral part of the school year.

Keli Buckner
Mandy McCoy

Vote for me! This was just one of the many campaign signs that covered the walls during election week.



Just adding the finishing touches. Andriette Vaughn works on a sketch for the sophomore class mural.





Sportin' the Urkel!! Brad Dalton, Kirsten McKenzie, and Mary Bishop pull up their pants and laugh at each other while Tish Whited snapped a picture.



Showing their Spirit? The senior class demonstrates how they feel at the Homecoming pep rally, by holding up newspapers and being very quiet.

Making more money, Sarah Tolbert and Sharon Anderson fundraise for the Art League.



Bored? Never! Joe Posillico and Bobby Marshall at the Alternative School listen as Robin Reed speaks.

Chris Suttle sits with his friends during lunch and talks about the activities of the evening.



Faces In The Crowd

Every day students encounter friends, classmates, teachers, Cougar Assistants, administrators, and others. When first entering the high school, students face far more than just challenging classes; they also have to deal with different people and their varying personalities. With approximately 1,600 people in our school, it is difficult to meet each and every person. Sarah Armes stated, "Daily I meet or see some person that I have not come upon before."

From working diligently in class, to just having fun with a group of friends, students learn far more than just the basic academics. They particularly learn how to interact with others in a more positive way and how to manage almost any situation. Lori Hager commented, "High school has helped me to become a stronger person now than when I was younger." The high school years are crucial to mold and shape in an attempt to make a successful adult. The most important fact is that we make memories with the people of today and save them for tomorrow, for memories will not change, but people always do.

Star Lester



Oh, how cute! Beth Garland and Kristen Beeler show their spirit and pose for the camera at an away basketball game.

Mr. Freeman gives the opening pep talk for the Homecoming Pep Rally and gets the students up on their feet and ready to compete for the spirit stick.



Danny Phillips helps out the Art League by purchasing a couple of goodies during lunch.

Working together, Tara Hancock and Lee Pannell create posters for the journalism class.

Riding with style. Vivian Ann Rash and her escort Jay James prepare to leave for the prom.

Sorry, no room. Mitch Gillmore tries to bum a ride from Elizabeth Sadler.



Stranded. Michael Coleman and Bucky Seagle take a look under the hood.

Georgie Hickam and Tish Whited get ready to leave. Whited said, "It's nice knowing I can always depend on a friend for a ride."



Planes, Trains, & Automobiles

@!*?! was most commonly heard phrase throughout the parking lot when the bell rang at 3:20.

Students found that trying to get out of the parking lot was next to impossible. "I hate having to wait in line as half of the student body tries to leave through two exits," stated Doug Freeman. Penny Kaye Beckner said, "I usually waste time wandering the parking lot looking for my car." Even though it's hard to leave, most students enjoyed the privilege of driving to school. "I couldn't wait to get my license just so I wouldn't have to ride the bus to school," said Mandy Byrd. Most upperclassmen liked the idea that only juniors and seniors could drive to school, but sophomores, however, did not. Nick Yates said, "I hate not being able to drive to school just because I'm a sophomore."

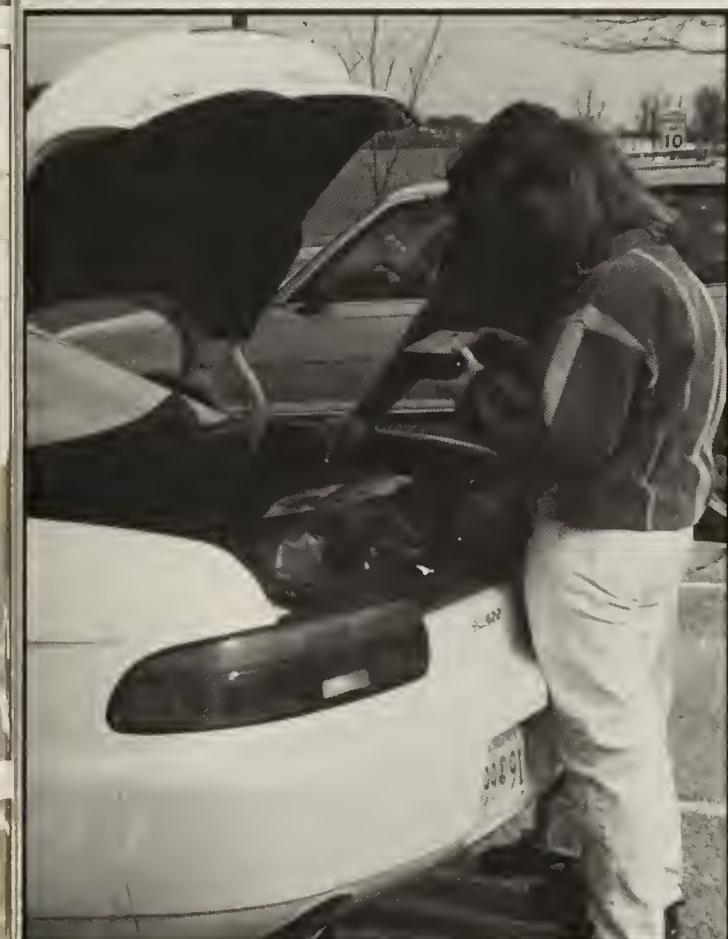
Turning 16 meant more than just another year older; it meant freedom. "I could go where I wanted without having to depend on anyone else for a ride," stated Tish Whited. Along with the new found freedom also came responsibility. Ashlee Hamblin said, "I not only have to be responsible for the people in my car, I also have to help my parents pay for it."

Students found ways to get around whether by driving themselves or bumming a ride with a friend.

Shirl Atkins

Farrah Crane

Mandy McCoy



Nope, no dead bodies back here. Megan Mansell and Mandy McCoy joke around after school.

J.T. Thomas prepares to leave school. Thomas said, "I like being able to drive to school because you're more independent."



Becky Bishop participates in the Homecoming parade. Bishop said, "I loved being on the Homecoming court and riding in the parade."

Winter Wonderland

As school reopened this year, winter was already rearing its ugly head. Several days in September saw temperatures below 40 degrees, making shorts the most unpopular style around. Staying warm was the most important thing on most people's mind, as senior Chad Sizemore said, "It takes just a few minutes for my truck to warm up, and then I'm on my way."

November came soon enough, and the snow started falling; 1 inch, 2 inches, . . . 5 inches of snow fell out of the sky one Wednesday, keeping grateful students out of school on Thursday. Sleigh riding, skiing, snow ball fights, and hot chocolate were the only thing on our minds this winter. "Sleigh riding is fun, and I love hot chocolate and warm nights with my dog," stated Jennifer Smith.

Soon after the snow brawls of November, yet another winter storm descended on us, bringing two feet of snow and seven missed days of school. Some even called it the *Blizzard of 1996!* "I enjoyed the break, but I'm still not ready to go back yet," quoted Josh Gallimore.

By mid-week some roads were still covered with the slushy white stuff, but that didn't stop people from getting out. Some blizzard activities included skiing, snow shoveling, sleeping, polar swimming, snow boarding, and just enjoying the chance to be lazy.

For the rest of the winter, one storm after another continued to dump snow round the area, giving students and teachers one long weekend after another, and lengthening the school year considerably.

All told, it became one of the snowiest winters ever, and one to be remembered for years to come.

Mary Bishop
Wren Lanier
Chris Thompson

Abominable Snowman!
While on a ski trip to
Canaan Valley, Georgie
Hickam and Katie Webb
enjoy playing in the snow.



A familiar sight during the winter was the almost deserted parking lot. The Cougar Assistance car still kept an eye on things.





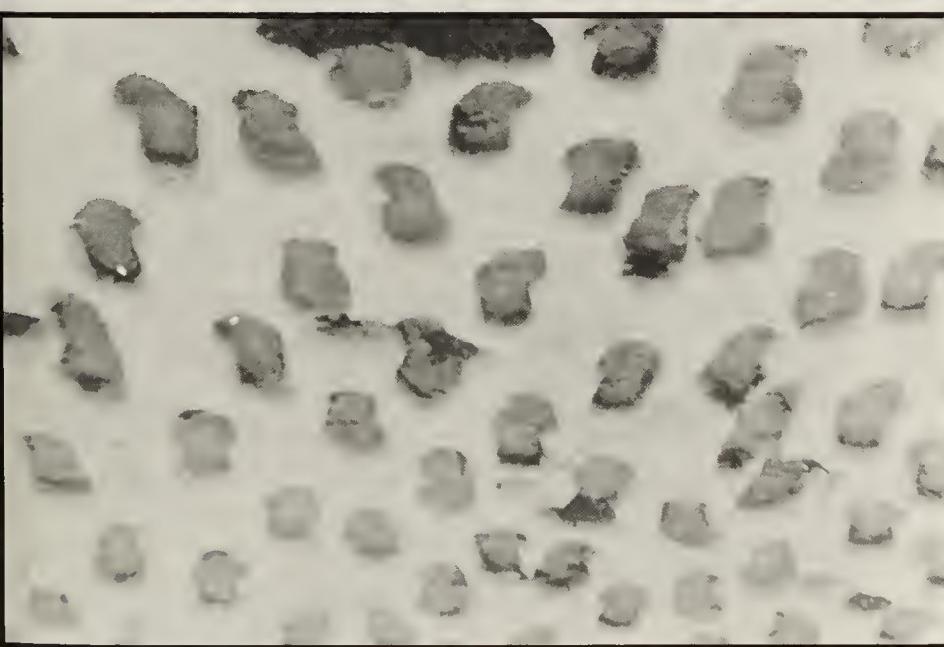
Snow Bunny, Georgie Hickam shows off her skiing talent as she gracefully glides down the mountain at Timberline Resort.

A Winter Wonderland. Fresh snow covered the ground regularly during the winter.



"Help, I've fallen and I can't get up!" Ashley Hutchens and fellow skiers goof off while going down Canaan Curve at Canaan Valley, West Virginia.

The continuous tracking of snow is seen here with the footprints on the sidewalk.



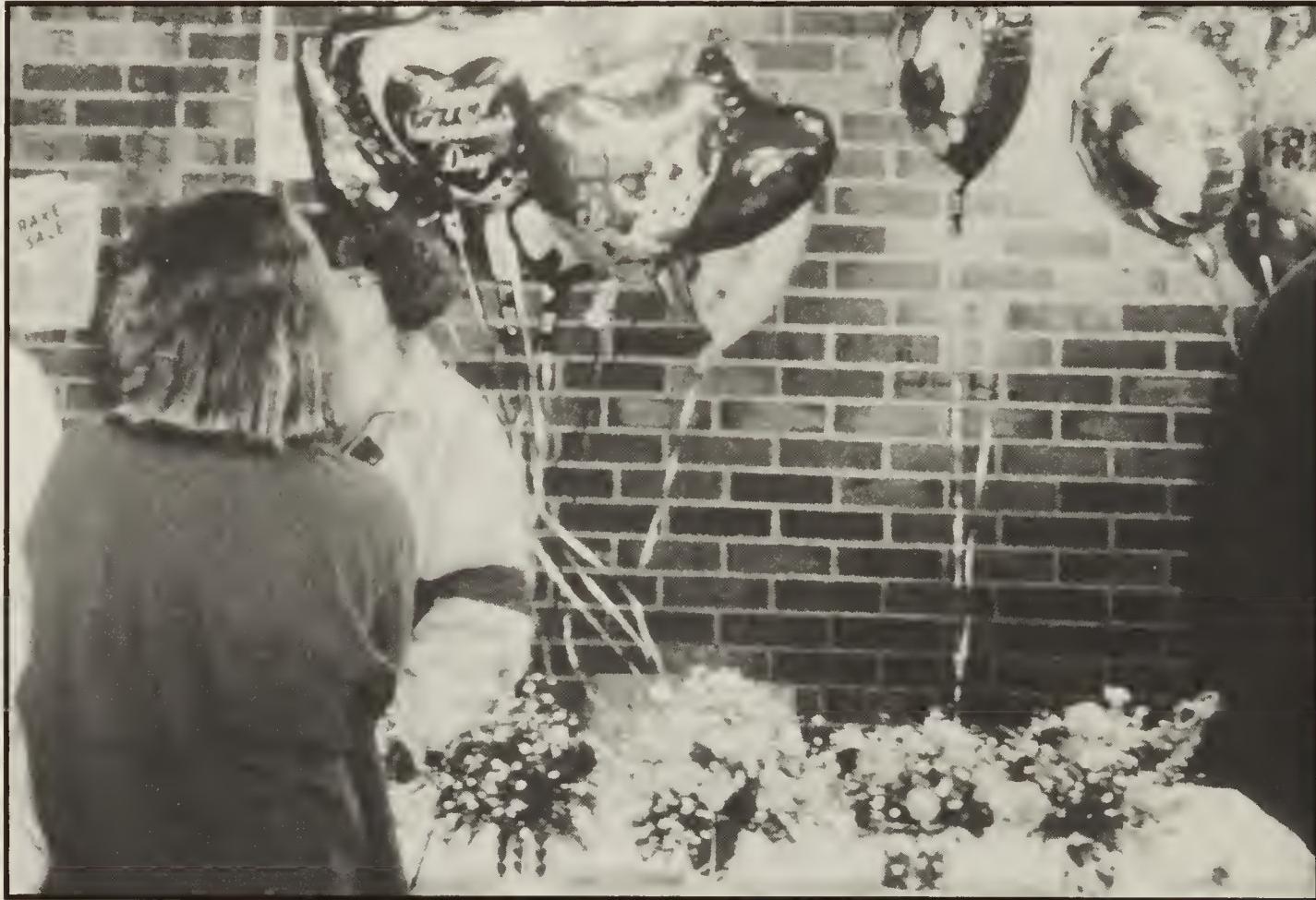
Spreading The Holiday Spirit

A time for joy and a time for love. People always enjoy taking the time out for the holidays. The Horticulture class spent a lot of time getting ready for the big Valentine's Day sale. While Valentine's Day may not be as important to some, they can find joy in decorating for Christmas. Many students put in time to make banners for the windows and doors. And those who didn't help with the decorations at school, you can count on them decorating at home. They usually take time out of their Christmas break to help decorate at home.

Mandy McCoy said, "We worked really hard in yearbook to get our spreads done so we could work on the door. It was worth all the time we spent." But along with the holiday cheer comes the wonderful time for exams. Farrah Crane said, "I enjoyed decorating, but I also had to take time out of that to get my work done."

Shirl Atkins

Close to the heart. The horticulture class sold balloons and flowers for Valentine's Day.



Ho, Ho, Ho! Mr. Stuart adds a little holiday cheer. Stuart said, "I knew the students would get a laugh out of seeing me dressed as Santa Claus."





Hark, the Herald Angels Sing...
Students took time out of their
schedule to decorate the door for
Christmas.

Bucket full of roses. T. Doyle
said, "We all worked really hard
to get ready for Valentine's Day."



Let it Snow. Sally Simpkins makes
a banner for the window in the
yearbook room. Simpkins said, "I
enjoyed making the banner for
Christmas."

Gather Together

Throughout the school year the student body gathers in the gymnasium for around five assemblies. Cindy Farmer started off the excitement when she came and spoke about motivation during the Investments In Learning Assembly. Russell Shockley was named Most Valuable Cougar for his outstanding citizenship in school and out. Shockley said, "I was really surprised when I found out it was me."

Other assemblies such as the National Honor Society inducted over 60 new members this year. Mary Bishop said, "Getting into the NHS was an honor and I'm proud to be a member."

The senior class surprised the entire student body when they won the spirit stick for the first time in four years at the Homecoming pep rally. Senior Kelly Goad said, "We were surprised because the whole class was really rude and yelled the whole time. It was great!"

To end the school year, the Senior Honors Assembly left the impression of many memories of a great school, fun times, and the friends we made and will never forget. The assemblies ranged from motivational speakers, to honors, and even pep rallies. It was a time for students to gather together for a brief time.

Wendy Minnick



Graham Fizer signs his name as he was tapped during the National Honor Society Assembly.



Cindy Farmer addresses the student body during the Investments in Learning Assembly.



President of the National Honor Society, Vivian Ann Rash reads the new members their pledge.

Nooks Robinson lights his candle during the National Honor Society Assembly.



Concentration. The band's drum line entertains during the pep rally. The drummers easily capture the attention of the student body.

The varsity cheerleaders perform for the crowd during the homecoming pep rally. Nicole Smith said, "My senior year cheering was the best."



Puff, the Governor School Iguana, poses for the camera. Puff is new to the school but makes himself at home.

Cooling off in the hot sun is Becky Bishop and her faithful dog, Hannah. "Hannah loves the water," said Bishop.



Angie Lutz's Dotsun enjoys a nap under the covers. "She sleeps there all the time, it's really warm," Lutz said.

All dressed up with no place to go. Ronda White's dog Bridgette doesn't seem to mind the outfit. "I'm sure she doesn't mind wearing cute little outfits like this one," said White.

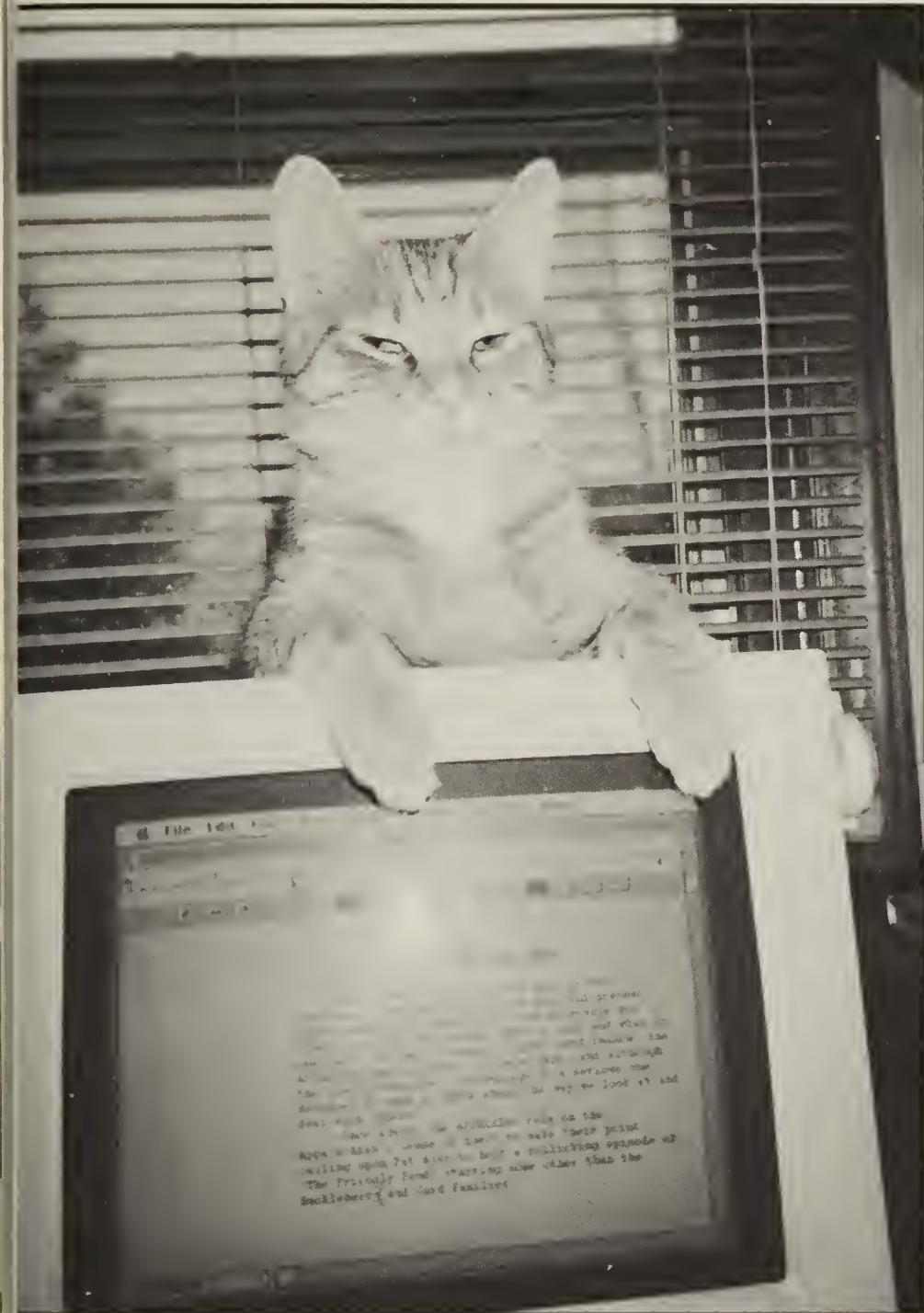


CRITTERS

Students have lots of important people in their lives. Parents, friends, and of course the ever-present boyfriend or girlfriend, all need lots of attention from us. But there's someone else in almost every student's life who gives just as much love and affection as all those others, but too often is forgotten: your pet. Pets are a part of almost everyone's life. Cats, dogs, birds, snakes, even iguanas, from the traditional to the exotic, students love their critters of all kinds. They provide unconditional fun and entertainment whenever we need it, and even an occasional lame excuse for missing homework.

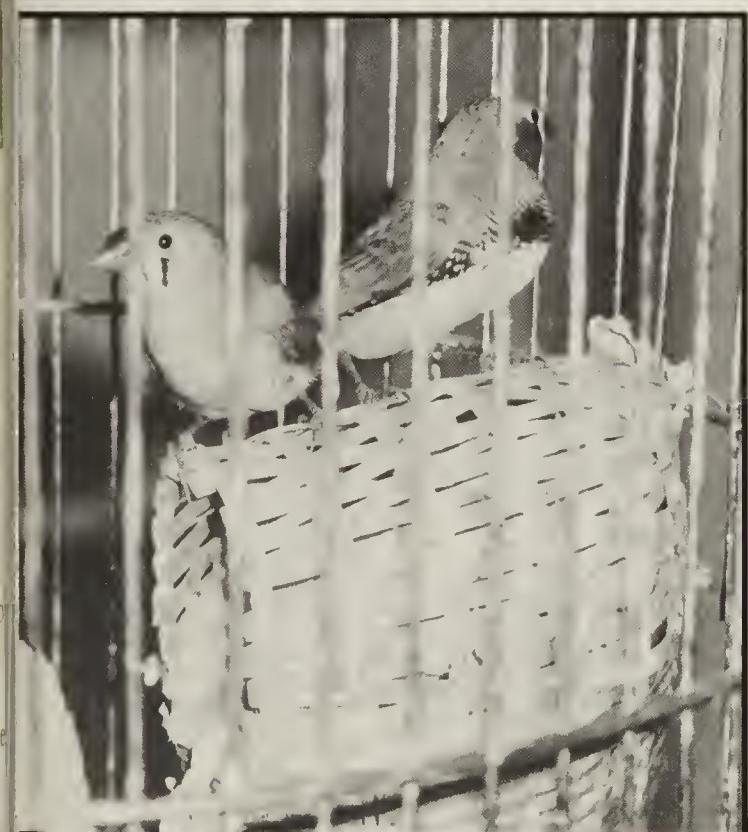
But pets need a lot of care and attention, and parents don't have time to do it all. Students often have to make time in their busy schedules to care for pets, walking them, bathing them, feeding them and cleaning their cages. Pets may sometimes need a lot of care, yet anyone who's ever looked into the soulful eyes of their faithful dog, or felt the soft brush of their kitty-cat's tail, knows that everything we do for them is always worth it.

Wren Lanier
Janna VanDyke



Go ahead, make my day!
Huckleberry, Mrs. Hancock's
cat guards the computer.

Who me? Chelsey Smithers and her dog Snoopy cuddle on the couch. Smithers said "Snoopy is treated like a member of the family."



The Zebra Finches from
SWVGS hand around all day
soaking up more information.

Will the real animal please stand up? Angie Lutz's guinea pig lounges around with its stuffed friends. "Annie is very lovable and cuddly; guinea pigs make great pets."



Dumb, Dumber, and Dumbest?
Kirsten McKenzie, Mary
Bishop, and Robyn Bower take
time to show their true identities
on their way to lunch.

David Conner shows off his
sophistication for the camera.



Ashley Weddle cannot conta
her joy after being crowned
homecoming queen.



"Huh?" Emily Hale shows her confusion as she searches for her lost book.

"Do you like my pearly whites?" Shayne Graham shows his new team hat after agreeing to play for Virginia Tech in college.



Keisha Webb gives a yellow smile, showing off her mouth piece before the powder puff game.



Funny Faces

Every day as we wander through the halls, each one of us wears an unending number of expressions. Happiness, disappointment, anticipation and even the fatigue of one more long week appear on our faces for all the world to see. Teachers especially are known for their many expressions, neon signs that let us know the mood they're in. You can always tell by a teacher's expression if it's going to be a bad day, or if there really is a chance to get out of that research paper.

The way we all act towards the people around us is often affected by the expressions on their faces. Heartbroken girls receive hugs and compassionate looks, while victorious athletes easily gain high-fives and hoots of congratulations. In the halls, in class, even at home, the expression on your face shows what you're thinking and how you're feeling.

What would life be like without those funny faces and embarrassing looks we get from everyone around us? They're the stuff of Kodak moments, and or even future blackmail in the making. Remember the expression your best friend wore in her third grade picture? What about that look your brother had when he won his first softball game? Expressions are the stuff of laughs and fun, but most of all, they're what memories are made of.

Wren Lanier
Wendy Minnick

Drive in for a change. Christel Akers bags the food, while Nicole Smith fills the ice cooler at the *Sonic*.



Workin' at *Wendy's*. Jan Estes struggles to get into the ketchup box.

Food Lion workers hurry to bag the customers' groceries. Several students earn extra money at the store with "Extra Low Prices."



Me' Money

They work hard for their money. Among the student body many chose to work a job before or after school. From McDonald's to the Volvo Credit Union, from Renfro to Wade's Grocery Store, the students hold many different positions. Some run a cash register, others keep things stocked, many bag groceries and then there are still those who sit behind a desk.

Amber Dobbins said, "I have a really easy job; all I have to do is give people money." Though Dobbins and others may sit behind a counter indoors, there are those students who slave over a mean grill at Wendy's or blend a shake at Sonic. Christel Akers said, "I really like my job at Sonic. I get to work inside and outside but it is a challenge to work an after school job and be a good student."

Most employers try to work with the students' schedules but they can only do so much to help. Shawnee Hayden said, "At Burger King we don't close until midnight; even though our managers let us go early sometimes, I barely have time to do homework and it seems like sleep is rare." The choice to work is up to the student and for many different reasons they decide to take on the extra responsibility.

Students enjoying having their own car, they have to help with insurance, pay for their weekend activities or help their parents out a little at home. Whatever their reasons be in spite of all the stress, all agree that the shopping sprees, new cars, gas money, and a feeling off independence make all the strain worthwhile.

Ashlee Hamblin
Wendy Minnick



"May I take your order please?"
Josh Jones takes an order for *Sonic*.



Ashley Weddle clocks an order and tells the *Sonic* crew what they need.

Lending A Helping Hand

Helping out in the community not only benefits others, but it can also be very self rewarding. Seeing the smile of a less fortunate person can bring happiness to all.

There is a community service job for everyone. There is a wide variety of jobs in the medical field: hospitals, clinics, nursing homes, and offices. And for the talented typist, there are always plenty of office jobs, even in our own school. More active services are also available, such as construction and maintenance.

Many of the students here volunteer at the Special Olympics. Whether assigned to a partner or just lending a hand, working at these games is always greatly appreciated.

The joy of helping others is something everyone can experience.

Lora Coltrane
Sarah Drye



The Fellowship of Christian Athletes, including Becca Conner and Russell Shockley, hold a discussion about the future.



Penny Kay Buckner helps a child in the school child care center. Buckner said, "I really enjoy working with the children, especially in crafts."



Robyn Bower helps the underclassmen understand the consequences surrounding drinking and driving.



Students in the Advanced Health Care class travel to Pulaski Community Hospital and various nursing homes to help care for those unable to care for themselves.



Definitely not two of a kind.
Jamie Thompson and Ashley
Hutchens pose for a quick
picture in their everyday clothes.

True Romantics. Alexi
Moseman and Wren Lanier take
a break after a long afternoon of
Forensics.



Hair from Heaven. Ronada
White and her golden locks
brighten every classroom.

A comfortable fit. Laura McGlothlin shows how to be slouchy yet still stylish.



In comfort and in style. Heather Martin wears her bibs and enjoys the fit of slouch.

Laid Back. Timmy Williams sits in his class with his fisherman's hat and dreams of being at the lake.



Hip Hop Duds

A common phrase heard from day to day in Cougarland is, "Wow, man that's a really cool outfit." Trends in school go from bell bottoms to boot cut, clogs to blue plastic shoes, and hair that's blonde to that of a color "out of this world."

Beth Garland and Tanya Keagle said, "We're like sisters and we love dressing alike in our Calvin Klein Jeans and belly shirts!"

While some like "saggin" in their extra large sizes, others prefer two sizes too small. Tish Whited said, "I don't like either extreme; I just stick with whatever fits."

This year brought us back to the natural look. The females are going lighter in the make-up department, with browns and java rather than neons. A tip for those wearing too much make-up and hot pink lip stick, IT'S OUT! Ashley Weddle said, "I rarely wear any make-up; and when I do, it's only lipstick and powder."

As for hair, well that is another story. People have been hit by a "rainbow." Hair styles usually run similar; however, this year's rule of thumb is "anything goes." Kim Sharp stated, "I like being different and my hair expresses the way I want to be diverse."

One thing stays consistent; although the dress and style changes year to year, everyone has their own way of expressing who they are by what they wear.

Wendy Minnick
Ashlee Hamblin

Living on the Edge

With Prom only a week away, students began the rushful week of decorating for the big event. From dusk till dawn, the gym was filled with excitement and enthusiasm from juniors and seniors who devoted their time and energy to making this year's prom great. They knew that they had to spend their time wisely to get everything accomplished before the week was over.

The week passed by quickly, and by the weekend their hard work had actually paid off. Everything was done just the way it was initially planned and everyone was pleased with the outcome. It was like a dream come true. Jan Estes said, "We worked continuously throughout the week and had everything done by Saturday. I really think we did a great job and made it very memorable."

As the big night arrived, the excitement arose. The pleased faces upon arriving at prom showed how spectacular everything turned out to be.

Ashlee Hamblin
Kirsten McKenzie

Decorating for the big evening!
Mary Bishop and Ashlee
Hamblin decorate during school
to try and help their classmates
finish on time.

On the Edge of a Dream was
the junior and senior prom
theme.





Cutting and snipping! Megan Mansell plops in the floor and begins a long process of uncurling and cutting the white streamers for the balloons.



Heave-ho! Renee Ridout and Tish Whited begin rolling out the silver paper to start covering the ceiling.

On the Edge of a Dream

A gazebo of love, a fountain full of joy, and the memories of a lifetime. The Junior-Senior Prom was a big hit. Keli Buckner said, "I didn't think we were going to get all the decorating done in time. We started preparing for the dance later than expected. We wanted to make this a prom to remember for the senior class." Dancing wasn't the only thing on the menu; refreshments were provided. And those who were extremely full from dinner took time out to take pictures. Not only will they have pictures to remember the night by, the cost of tickets helped to buy glasses and memory booklets for everybody. Junior class president Robyn Bower said, "Prom turned out to be just what the theme said, On the Edge of a Dream."

Shirl Atkins



Now smile! Georgie Hickam and Shayne Graham pose for a picture while waiting to be announced.

Sherry Burroughs and Matt Hull make their appearance at prom.

Shirl Atkins and Tommy LaForce dance the night away.

Eric Linkous and Tara Hancock enjoy dancing in one another's arms.



Page Hill and Kirsten McKenzie enter as the seniors are being announced.

Andriette Vaughn, Emily Hale, Ashley Weddle, and Nicole Smith take pictures.



Ryan Rorrer and Wendy Dalton put a little rhythm in their dance.



Russell Shockley and Becca Conner take time from dancing to cool off.

Cap Toss

The graduation ceremonies held June 12 will not be soon forgotten, especially by the senior class. The students had been waiting for this day for as little as four years. The night that marks the start of a new beginning. There were tears, laughter, and much celebration as the senior class marched across the Kenneth J. Dobson field, for the last time as students. They would now become alumni.

Faculty, parents, and friends were in attendance to witness this occasion. Though there was an eighty percent chance of rain the administration took a chance and held the ceremonies on the football field. The ceremony was completed without a drop of rain. Mr. Frank Kasik gave the opening remarks. Kasik told the class to consider, "The past takes care of itself. The future never stays the future for long. On the other hand, it's always the present. Take true advantage of it, and the present will sing with the music of your life." The students applause for Mr. Kasik's speech spoke volumes about their feelings towards his words.

Also speaking to the class were Jack Warburton, valedictorian and Carrie Ratcliffe, salutatorian. Both students reflected on the past, anticipated about the future, and thanked those whom had influenced or helped them along the trail to graduation.

After the turning of the tassels and the distribution of the diplomas, the senior class left their impression by tossing their caps at the conclusion of the ceremony.

Mary Bishop
Ashlee Hamblin
Kirsten McKenzie

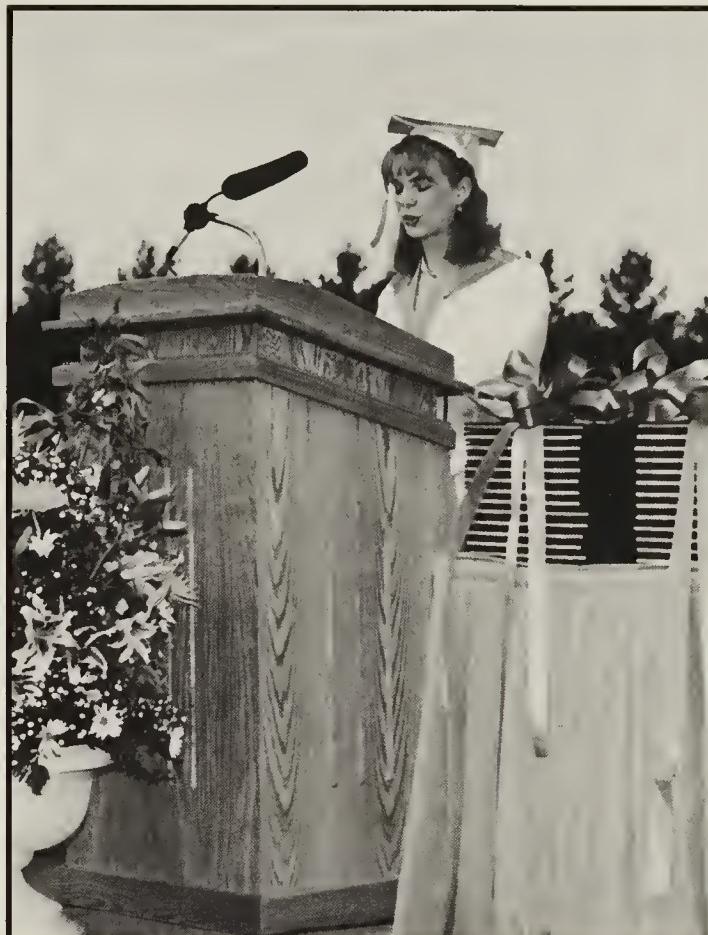
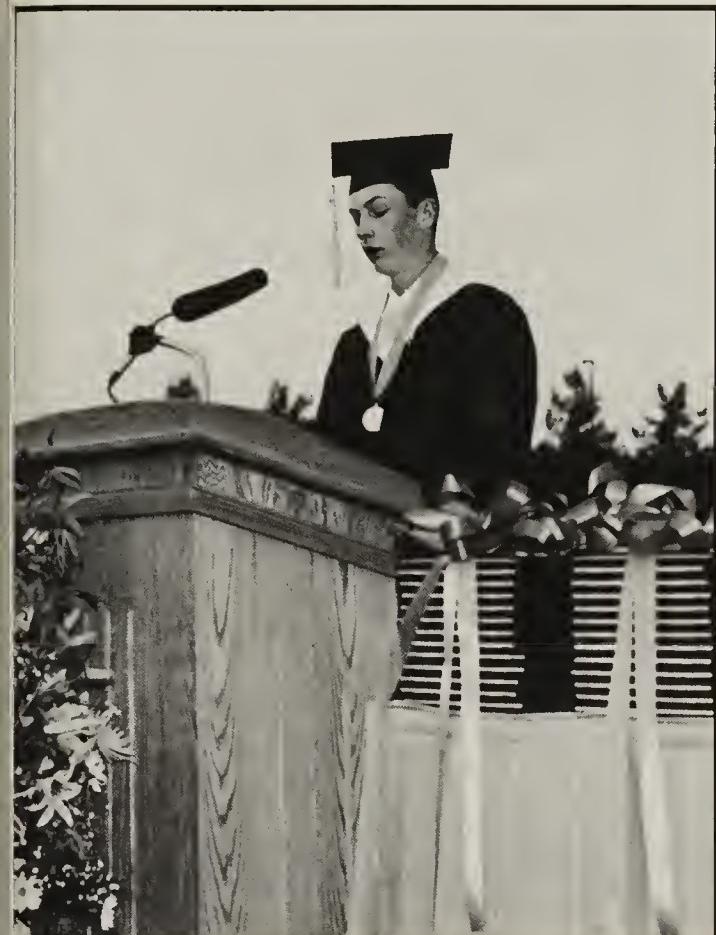


The senior choir members sing the National Anthem at graduation for the last time as students.



The processional of graduates down the stairs in the Kenneth J. Dobson stadium.

Jack Warburton, valedictorian, and Carrie Ratcliff, salutatorian, speak to their fellow classmates, faculty, and parents.



The class waits to turn their tassels, signifying they are now graduates.

Cast of Characters



Senior

1996

Nostalgia

Do you remember?

Learning to tie your shoes • 1st day of kindergarten • learning the alphabet • writing cursive on green lined pads • taking naps • elementary school recess • Mr. Bowler's music class • curtains dividing the auditorium/gym and lunchroom • spring festival • Girl/Boy Scouts • fourth grade field trip • Miss Singleton's laugh • Christmas assemblies • check yes or no notes • spelling bees • getting your ears pierced • fifth grade graduation • first boyfriends • Mrs. Cynthia Anderson's guinea pig named Scooter • learning the Virginia Reel • Manuel singing with the guitar • having to share a locker • Mr. Ervin • sitting in the gym in the mornings • first II E computer labs • dissecting frogs • sockhops • riding the big yellow buses • polyester gym suits • carving out Batman logos and lightning bolts in your hair • curling bangs and spraying so they won't move • Cosmos Skating rink • eighth grade dance • becoming a freshman • trying to find your way to your classes • crowded locker banks • Dr. DeBolt • Cougar Football games on Friday nights • new gym suits • getting called to guidance • making new friends and losing touch with old ones • getting upset if someone wore the same thing as you • not winning first pep rally • Season's Halloween party • making it to tenth grade • picking on new freshmen • Mr. Weschke's class • video productions • Mrs. Swope's world history class • school projects • change to block schedule • food fights • toilet sounds over the P.A. • Shayne Graham's field goals • Driver's Ed. • getting your license • detention and SRC • first cars • Council Compton's Big Ol' Truck • Burger King after football games • Brett's missing tooth • decorating for prom • Wendy Dalton and Sherry McGlothlin • PowderPuff game • 1992 State Football Champions!! • playing volleyball together for five years • making floats for Homecoming Pep Rally • Nicky Abel's humor • Ashley and Russell winning homecoming King and Queen • Elena's hair • getting fake nails and senior pictures • Commons in the morning • clogs • colored/permed hair • speeding tickets • D's Girl • Mr. Duncan's Chemistry class • tailgate parties • baseball in Calfee park • going to lake on last day of school • tubing at McCoy • Crystal the Cougar • getting inducted to National Honors Society • Josh Jakupczyk's dye job • Mike Edwards "Hooptie" • finally winning the pep rally • Fitness Center • Miss Perry marries Coach Perry Reece • Page Hill's pool party • New River Valley Fair • learning to drive a clutch • Bloomer's Mountain • Macadoo's • Page and David and their matching cars • Autumn's freckles • Latosha's bandannas • Senioritis • Senior Week in Myrtle Beach • Cougar Assistance • cap and gown purchasing • graduation getting closer • college applications • making plans • seeing our parents' smiling faces in the crowd.....

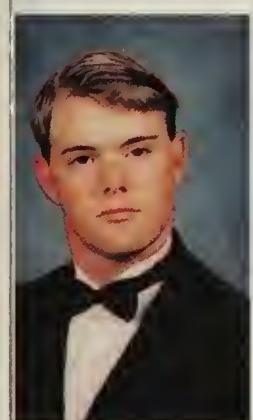
•••••GRADUATING CLASS OF 1996•••••



Nicole Ryan Abel
Morgan Elizabeth Acton
Christel Gail Akers
Kenny Carlos Akers
Tessa Suzanne Akers



Brian Matthew Albert
Autumn Jane Alexander
Jeremy Scott Almarode
Tammy Lynn Altizer
Sarah Rae Armer



Wesley Rudge Arnold
Roger Allen Asbury, III
Elena Renee Ashworth
Michael Lafon Austin
Erin Elizabeth Bain



Christina Noel Barnes
John Lee Bates
David Leon Beebe
Stephen Daniel Bennett
Andrew Alan Berkley



William Percy Beverly, III
Becky Lynn Bishop
John Michael Bishop
Macy Ellen Blankenship
Danny Darrell Blevins

Curtis Harlow Bowers



Ginny Marie Bowles



Paula Star Bowman



Jerry Todd Bowyer



Marsha Lee Boyd



Jessica Danielle Branch



Christine Elaine Brillheart



Latosha Lynnette Brooks



Latoya Jena Brooks



Nathan Kelly Brown



Tywan D Brown



Amanda Gaye Brubaker



Joseph Neal Brunk



Tami Rene Bullion



Sherry Dianne Burroughs



Chester Clay Calfee



Jason Andrew Callahan



Clarissa Jewel Campbell



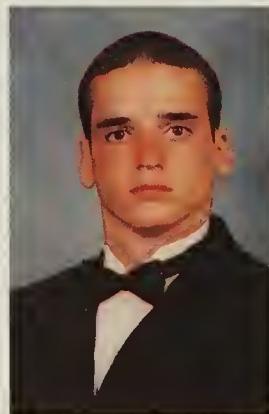
Jefferson Lanier Carpenter



Season Ashley Childress



Brett Hunter Chrisley



David Wilson Chrisley



Jason Leon Chrisley



Tabitha Dawn Chrisley

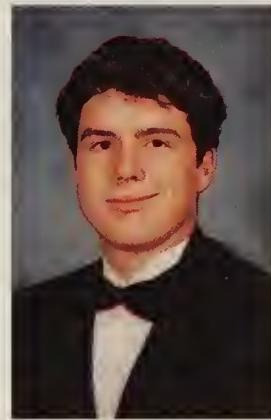


Jawan Cameron Clark





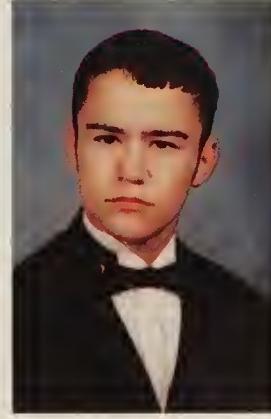
Amanda Gail Clay
Jeremy Dean Clements
Timothy David Cole
William Brady Cole
Amber Michelle Collins



Raymond Andrew Collins, Jr.
Robert Shannon Combs
Ronald Christopher Combs
Council Jim Compton
Noah David Conner, Jr.



James Dethier Cook, III
Meredith Emory Cook
Shannon Thomas Cooper
Thomas Brent Cooper
Shawn Michael Corley



Jason Scott Corwin
Letitia Kay Cowan
Andrew Delbert Damon Cox
Jason Lee Cox
Jonathan Howard Cox



William Franklin Cox
Tara Nicole Cricket
Thomas Matthew Criger
Wendy Leanne Dalton
Jessica Marie Davidson

*Amy Beth Davis
John Christopher Davis
David Gabriel Denny
Kevin Randolph Dillow
Amber Nicole Dobbins*



*Roland Duane Donithan
Kristopher Allan Douglas
Jonathan Scott Doyle
Timothy Randall Doyle
Brian Scott Draper*



*Christopher James Draper
Misty Star Draper
Shawn Michael Dunaway
Tammy Rae Duncan
Amy Renee Dunford*



*Gregory Brian Dye
John Matthew Dye
Amanda Darlene East
Candice Michelle East
Samantha Gail Eastridge*

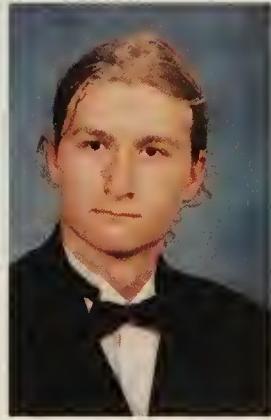


*Michael Scott Edwards
William David Edwards
Brook Davis Eley
Brian Keith Epperley
John Robert Fehr*





*Edward Lee Fisher
John Thomas Flinchum
George Clayton Foltz
Charles Joseph Forbes
Ezra Lee Ford*



*Jeremy Aaron Fox
Beverly Ann Franklin
Rebekah Suzanne Frazier
Douglas McDonald Freeman
Jedrick Paul Fulbright*



*Stephen Lee Gallimore
Jonathan Richard Gehrz
Kelly Marie Goad
Kimberly Dale Goad
Angela Marie Goines*



*Mark Bradley Goodman
Christopher Lee Graham
Michael Shayne Graham
Cari Lynette Gravley
Dexter Leon Gravley, Jr.*



*Jason Allen Gregory
Lori Lachelle Hager
Alisa Dezirae Hall
Stacie Marie Hamilton
Sara Paige Hancock*

*Steven Gene Hancock
Christopher Alan Hanks
Clifford Lucas Harless
Tara Michelle Harrell
Valerie Suzanne Harrell*



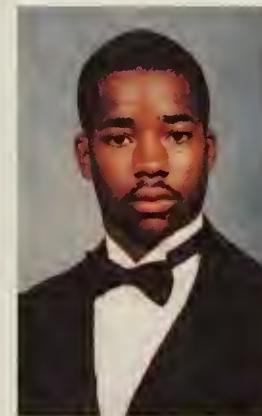
*Scott Edward Hedge
Bradley Meyer Henley
Melinda Gay Hicks
Larry Page Hill
Kenneth Leon Hinkley, Jr.*



*Angela Dawn Hodge
Jennifer Dawn Hollins
Clayton Scott Howlett
Melissa Diane Hudson
Michelle Diane Huff*



*Matthew Scott Hull
Derrick Kareem Hunter
Erin Gwen Hunter
Caleb Daniel Hurd
Phillip Matthew Hurst*



*Robert Calvin Hurt
Ashley Aileen Hutchens
Chadburn Jennings Hyder
Amy Lynette Ingram
Joshua John Jakupczyk*



*James Hurst James, III
Aaron Edward Jarrells
Cynthia Dawn Johnson
Valerie Denise Johnson
Amber Nicole Johnston*



*Chad Emory Jones
Jeremy Christopher Jones
Joshua Allen Jones
William Kevin Jones
Michael Patrick Keene*



*Brandy Lake King
Stacy Lynn King
Gerrod Allen Kinnie
Tracy Ann Lambert
Amanda Leigh Lane*



*Ginger Annette Lane
Mary Rachel Lane
John Thomas Lawrence, III
Amanda Larree Lawson
Shana Leslie Lawson*



*Vickie Lynn Lawson
Christopher Duval Lee
David Wee Li
Justin Brody Lindamood
Mark Lee Lineberry*

Jessica Rae Linkous

John Eric Linkous

Katina Sue Linkous

Jennifer Ann Litteral

Alicia Jill Lovern



David Daniel Boyd Luckado

Brandy Blaire Lyons

Bryan Douglas Manning

Karen Elizabeth Manning

Steven Dewayne Martin



Zachary Randolph McCoy

Steven Brian McGinnis

Sherry Kate McGlothlin

Jamar Raheem McNair

Patrick William Shan McNamara



Theresa Anne McNeil

Bobby Wayne McPeak, Jr.

Pamela Jean McPeak

Bryan Douglas Meade

Elizabeth Teresa Meadows



Andrew Winston Miller

Martin Miller

Lisa Ann Mills

Wendy Dawn Minnick

Julie Renee Mitchell





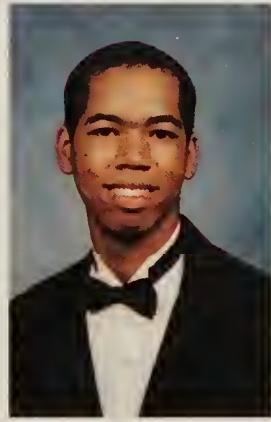
Kourtney Wayne Moles
Timothy Alan Monteith
Kimberley Lynette Moore
Virginia Fay Morgan
Tony Albert Morris



Alexander Thomas Moseman
Jennen Leanne Murphy
Tatum Elizabeth Neely
Ricky Lee O'Dell
Katherine Lynn Olinger



Peter Nathaniel Olinger
Jerry Wayne Oliver
Stephen Bradford Owen
Wendy May Owens
Charlie Lee Pannell, II



Pritesh Devji Patel
Tony Dwain Pauley
Damion Lamarr Payne
Myra Payne
Courtney Lyn Peek



Jennifer Marie Pendergrast
Jessica Dawn Perdue
Steven Darnell Perkins
Tamika Diane Cornel Perkins
Christopher James Phillips

*Jeffrey Scott Phillips
Kevin Kristopher Phillips
Scotty Edward Porath
Crystal Gale Potts
Sarah Elizabeth Pratt*



*Christopher Ryan Price
Amy Elizabeth Pruitt
Brian Allen Queen
Eric Lee Queen
Brian Michael Quesenberry*



*Emmett Lee Quesenberry, Jr.
Rochelle Marie Quesenberry
Gloria Ann Rader
Lori Ann Rakes
Vivian Ann Rash*

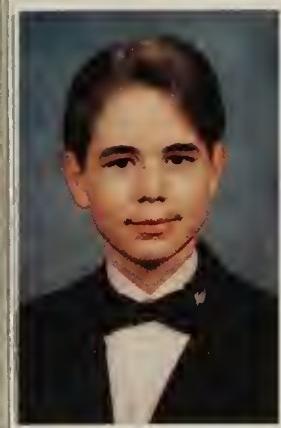


*Carrie Elaine Ratcliffe
Crystal Ann Raymond
Derek Matthew Vincent Reece
Kelly Webb Rhett
Rachel Susannah Lael Richmond*



*Anthony Brian Roark
Joseph Litchfield Rogers
Lori Ann Roop
Ryan Matthew Rorner
Wendy Rosetta Rorner*





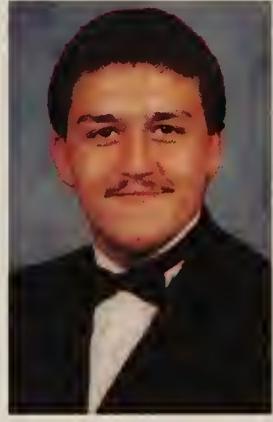
*Clinton Luther Rudesel
Gregory Wayne Rupe
Christie Anna Sadler
Andrew Melvin Sarver
Christopher Scott Seagle*



*Brandie Michelle Selleck
Heather Danett Shinn
Evan Russell Shockley
William David Simpkins
Michael Paul Sipe*



*William Chadwick Sizemore
Kathy Anne slate
Staci Leigh Slusher
Brea Suzanne Smith
Burlin Cephus Smith*



*Erin Michelle Smith
James Robert Smith
Nicole Margaret Smith
Robert Franklin Smith
Chelsey Leigh Smythers*



*Alice Temple Spradlin
Alyson Michelle Stilwell
Amanda Gayle Stowers
Christopher Craig Sumner
Benjamin Albert Surface*

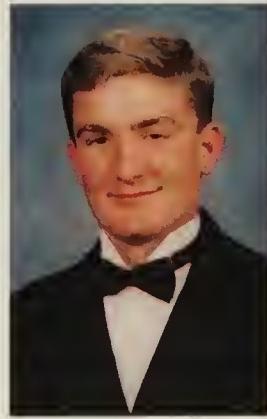
Houston Glenwood Sutherland

Amanda Dawn Sutphin

Miranda Yvonne Sutphin

Chad Thomas Suttle

Catherine Jean Tabor



Melissa Lillian Tawney

Aaron Scott Taylor

Robert Lee Taylor

Sarah Elizabeth Taylor

Eric Justin Thomas



Jamie Elizabeth Thompson

James Randolph Thornton

Thomas Kenny Thurman

Sarah Elizabeth Tolbert

Jimmie Roger Tosh, Jr.



Charlie Jackson Turner, III

Stacie Renee Turpin

Katie Marie Vaught

Dana Marie Walker

John Benjamin Warburton



Lekeeshia Kyonna Webb

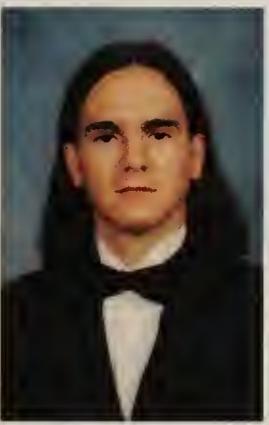
Ashley Kathryn Weddle

Jennifer Lea Weikel

Angela Lorraine White

Jonathan Ryan Whitesell





*Timothy Craig Williams
Samuel Franklin Wishnevsky, Jr.
Holly Pauline Woodruff
Luther Albert Woods, III
Eric Scott Woody*



*Derek Wayne Woodyard
Jason Lawrence Worrell
Timothy Wayne Wright
David Anthony Yoder
Trena Joanne Young*

Take a look at the past...







18



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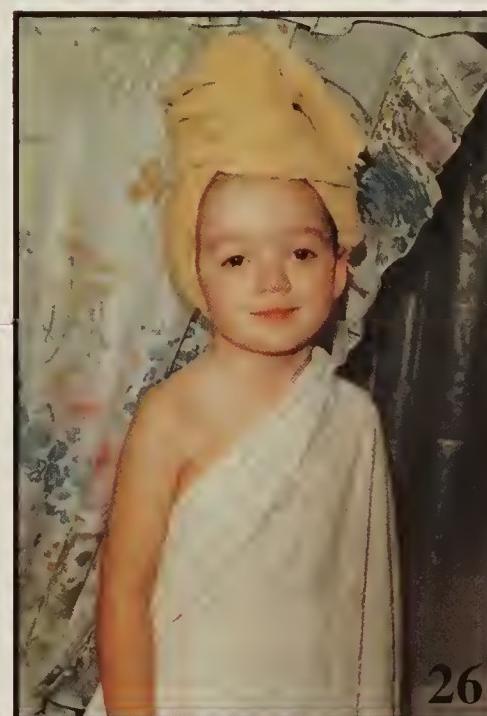
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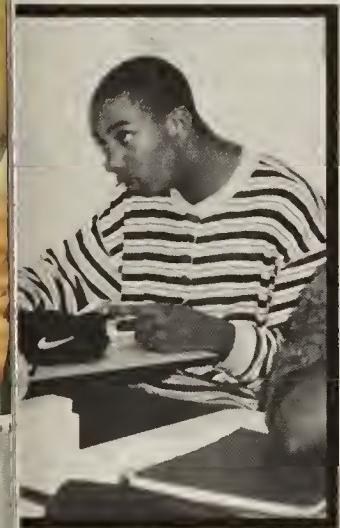


34



1. Morgan Acton and Tatum Neely
2. Caleb Hurd
3. Jawan Clark
4. Jason Chrisley, Russell Shockley, Page Hill, Stephen Owen, Delmer Wyrick, Shannon Combs and Brad Henley
5. Carla Isom, Timmy Williams, Crissy Campbell and Wendy Rorrer
6. Page Hill
7. Sherry Burroghs and Tabitha Chrisley
8. Crystal Raymond and Ashley Weddle
9. Willie Simpkins
10. Lori Rakes
11. Jason Cox
12. Wendy Minnick, Heather Shinn and Tammy Duncan
13. Drew Miller and Tammy Duncan
14. Stephen Owen
15. Theresa McNeil, Carla Isom, Andy Berkley, Desmond Clark, Meredith Cook and Nikki Abel
16. Lori Hager
17. Jamie Thompson and Courtney Peek
18. Doug Freeman, Jack Warburton, Nathan Brown and Anthony Yoder
19. Brett Chrisley, Chris Draper, Kelly Goad, Shawn Dunaway and Nichole Smith
20. Crystal Raymond and Carrie Gravley
21. Stacie Hamilton
22. Pre-school Graduation
23. Becky Bishop
24. Vivian Ann Rash
25. Cowboy's Little League
26. Sarah Tolbert
27. Chad Jones
28. David Conner and Brian Quesenberry
29. Melissa Hudson
30. Autum Alexander
31. Ashley Hutchins, Aimee Lawson, Courtney Peek and Wendy Minnick
32. Gary Morris and Jeremy Almarode
33. Claremont Elementary School
34. Brad Henley
35. Aimee Lawson

J
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Josh Adams
Michael Adams
Scott Adams
Sonia Adams
Eric Akers



Joey Akers
Scott Akers
Daniel Albert
Amanda Alley
Beth Alley



Christopher Altizer
Michael Altizer
Nicholas Altizer
Angie Anderson
Sharon Anderson



Wormy Anderson
Crystal Andrews
Matthew Andrews
Michael Andrews
Elmer Arnold



Keith Asbury
Lori Atkins
Shirl Atkins
Heather Atkinson
Autumn Ayers





Jamie Bagby
Eric Baker
Shamica Banks
Kylene Barrett
Penny Kay Beckner



Kristen Beeler
Mandy Bentley
Jade Bevil
Chase Biggs
Loren Biggs



Clifford Billings
Mary Bishop
Martin Blackburn
Jake Blevins
Leanna Blevins



Stacy Blevins
Antwain Booth
Robyn Bower
Cheryl Bowling
Ronald Branch



Samantha Branch
Candace Branscome
Ryan Brockmeyer
John Brown
J.R. Brown

Aaron Buckland
David Buckner
Keli Buckner
Michelle Burgess
Amanda Burke



Jessica Burnette
Mandy Byrd
Shane Callahan
Wendy Callahan
Randi Campbell



Tara Carrico
Eddie Carter
Clifton Cecil
Jin Ying Chen
Jonathan Cheverton



J.V. Clark
Grace Cole
Missy Cole
Michael Coleman
Lora Coltrane



Chad Cook
Michelle Cook
Shannon Cooper
Brooke Copeland
Jennifer Corvin





Alan Cox
Farrah Crane
Kevin Cressell
Matt Cromer
Heather Cross



Eula Crowder
Laura Crowder
Bobby Cruff
Hope Cummings
Bradley Dalton



Bryan Dalton
Chad Dalton
Katrina Dalton
Kimberly Dalton
Teresa Dalton



Brian Davidson
Amanda Davis
Eric Davis
Kenneth Davis
Lesley Dean



Stacy Decosta
William Dixon
Richard Dotson
Sarah Drye
Amanda Dudley

Autumn Duncan
Crystal Duncan
Audra Dunford
Heather Easterling
Lytissa Eaves



Jacob Edmonds
January Estes
Crystal Eversole
Tyler Fawcett
Shelby Finley



Graham Fizer
Sandy Fizer
Jamie Flinchum
Greg Gallimore
Lee Gallimore



Terry Gallimore
Jonathan Gilbert
Mitch Gilmer
Danielle Glass
Jamie Graham



Kennetha Gravely
Dustin Gravley
Michael Gravley
Eric Gray
Karen Haga





Crystal Hagee
Ryan Hager
Peter Haislip
Alan Hamblin
Anne Hamblin



Ashlee Hamblin
Beth Hamblin
Ryan Hampton
Robert Hancock
Tara Hancock



James Hanks
Ashley Harrell
Sherri Harrell
Kory Harvey
Shawnnaca Hayden



Patrick Hedge
Karen Heidt
Chris Henley
Georgiana Hickam
Jenapher Hilton



Sunshine Hinkley
Spencer Hite
Jonica Hocker
Timothy Hodge
Steven Hoffmann

Beth Holmes
David Hoover
David Hopkins
Daniel Horne
Amanda Horton



Ashley Irby
Sarah Isget
Amanda Jackson
Chris Jakupczyk
Amanda Jenks



Mike Jessie
Michael Johnson
Matthew Johnston
Justin Jones
Chris Joseph



Heather Kemp
Eric Kincer
Robbie Kiser
Aimee Klaiber
Karen Krug



Wren Lanier
Sherry Lawson
Shaun Lawson
Matt Lee
Missy Lester





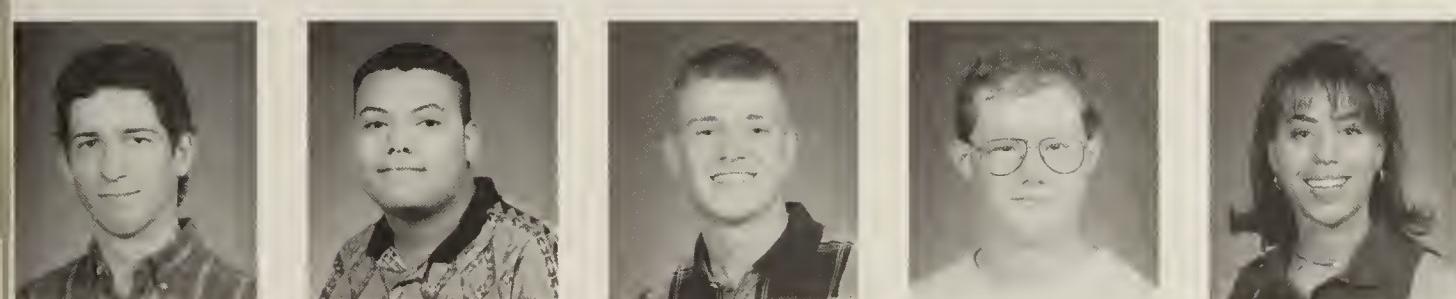
Kevin Likens
Kristi Lineberry
Zach Linkous
Christine Linville
Katrina Lloyd



Kenny Long
Seng Lui
Angie Lutz
Jamie Lytton
Bryan Mann



Megan Mansell
Aime Martin
Carri Martin
Daniel Martin
Heather Martin



Josh Martin
Larry Martin
Michael Martin
Justin Mason
Mia Matthews



Reagan McCambridge
Mandy McCoy
Laura McGlothlin
Kirsten McKenzie
J.L. McKinney

Frank McNamara
Mary McNeil
Rebecca McPeak
Crystal Meredith
Angie Miller



Chris Mills
Amy Mitchell
Attilah Mitchell
Patty Jo Mitchell
Chad Moles



Carrie Monday
Crystal Montgomery
Pam Montgomery
Nathan Morehead
Tristen Morgan



Jessica Mullins
Brian Myers
Shannon Neal
Brad Nester
Christie Nester



Christie Newman
Kimberly Nixon
Ryan Nunley
Melissa O'Dell
Duane Ogle





Tommy Ogletree
Tina Olinger
J.R. Osborne
Jennifer Ousley
Trevor Owens



Michael Parks
Sandra Parnell
Jabbar Patterson
David Perfater
Jace Petruziello



Amanda Phillips
Nick Phillips
Patrick Phillips
Sharon Phy
Chad Piediscalzo



Emily Pohlig
Matt Price
Lee Ann Pruitt
Brad Ratcliff
Tim Ratcliff



Josh Raynes
Angie Repass
Lisa Reynolds
Darrin Rice
Renee Ridout

Cecil Robinson
Johnathan Robinson
Ben Rudisill
Kerry Rupe
Kristel Rupe



Terry Ryan
Will Rye
Elizabeth Sadler
Hope Safewright
Leigh Ann Santolla



Anne Schrader
Bucky Seagle
Mandy Sexton
Michael Shaver
Jenny Shelor



Chuck Shomo
John Shook
Daryn Simmers
Ray Simpkins
Brad Simpson



Melinda Sisk
Lisa Skeens
Michael Slate
Christina Smith
Jennifer Smith





Jeremy Smith
Justin Smith
Michael Smith
Lagena Smythers
Adam Snider



Michael Southern
Michael Steffey
Sarah Stephens
Dayna Stoots
Jason Stoots



Duane Summers
Tanya Sutherland
Christina Sutphin
Theresa Swartz
Matt Tabor



Richard Tabor
Timothy Tabor
Kevin Talbert
April Taylor
Isaac Taylor



Linda Taylor
Marcus Taylor
Robert Taylor
Jessica Thomas
Tony Thorton

Charles Tolbert
Anthony Trail
Shane Turner
Sharmon Underwood
Ami Vaughn



Shannon Viars
Pearl Viers
Jeremiah Waddell
Robbie Wallace
Mary Ward



Sundy Warf
Eric Watson
Cindi Weatherington
Ben Webb
Robert Webb



Chris Weddle
Andy Weiss
Mary West
Tom Westmoreland
Brandy Whittaker



Erika White
Tish Whited
Jessica Whittaker
Tabatha Willard
Bea Williams

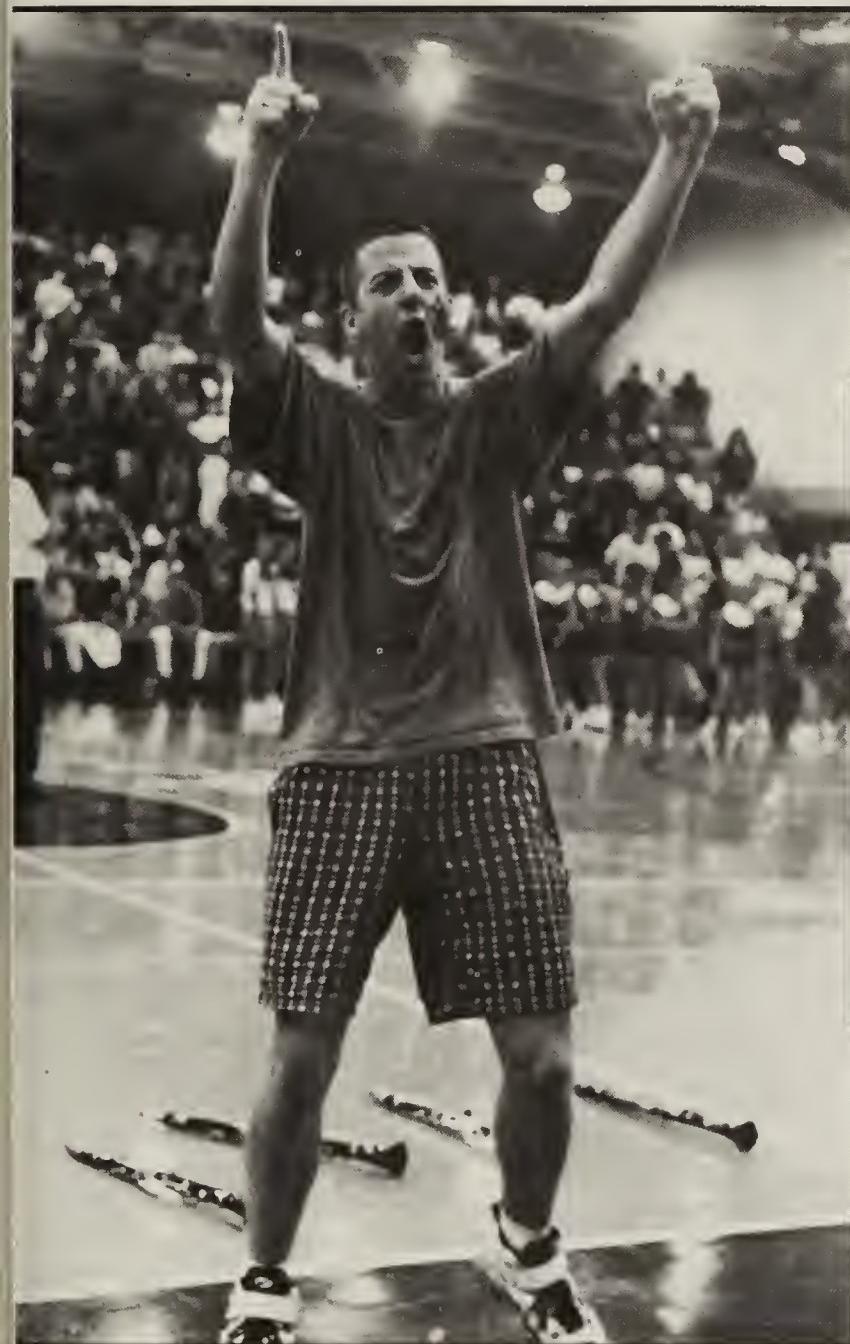




Michael Wilson
Auston Wingo
Jennifer Wohlford
Stephanie Wohlford
Kara Woolley



Aaron Workman
Jason Wright
Toni Wright
Chris Yonce



Vormy Anderson gets the juniors excited at the pep rally before the Homecoming game. The Cougars went on to defeat Franklin County 41-16.

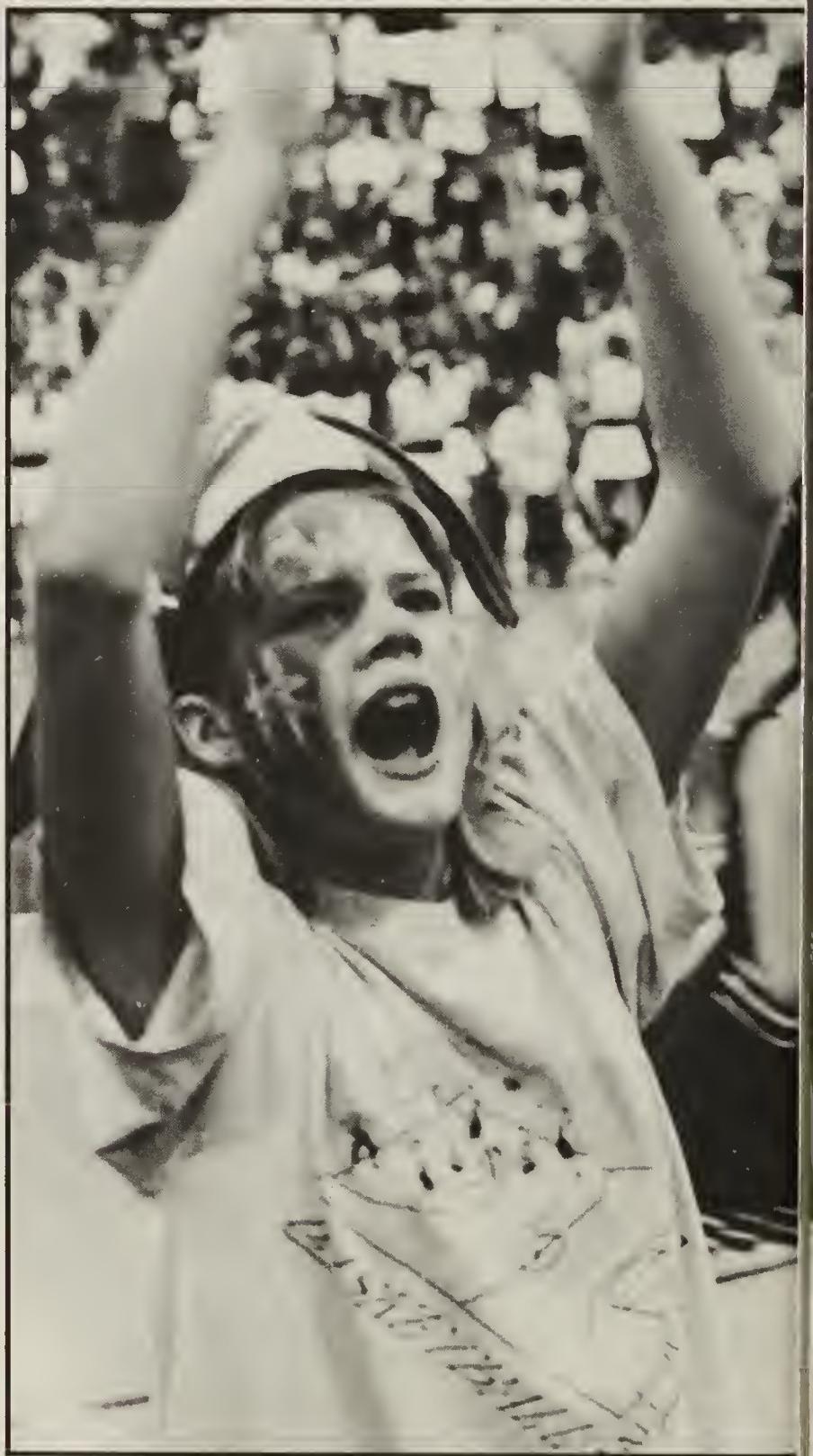
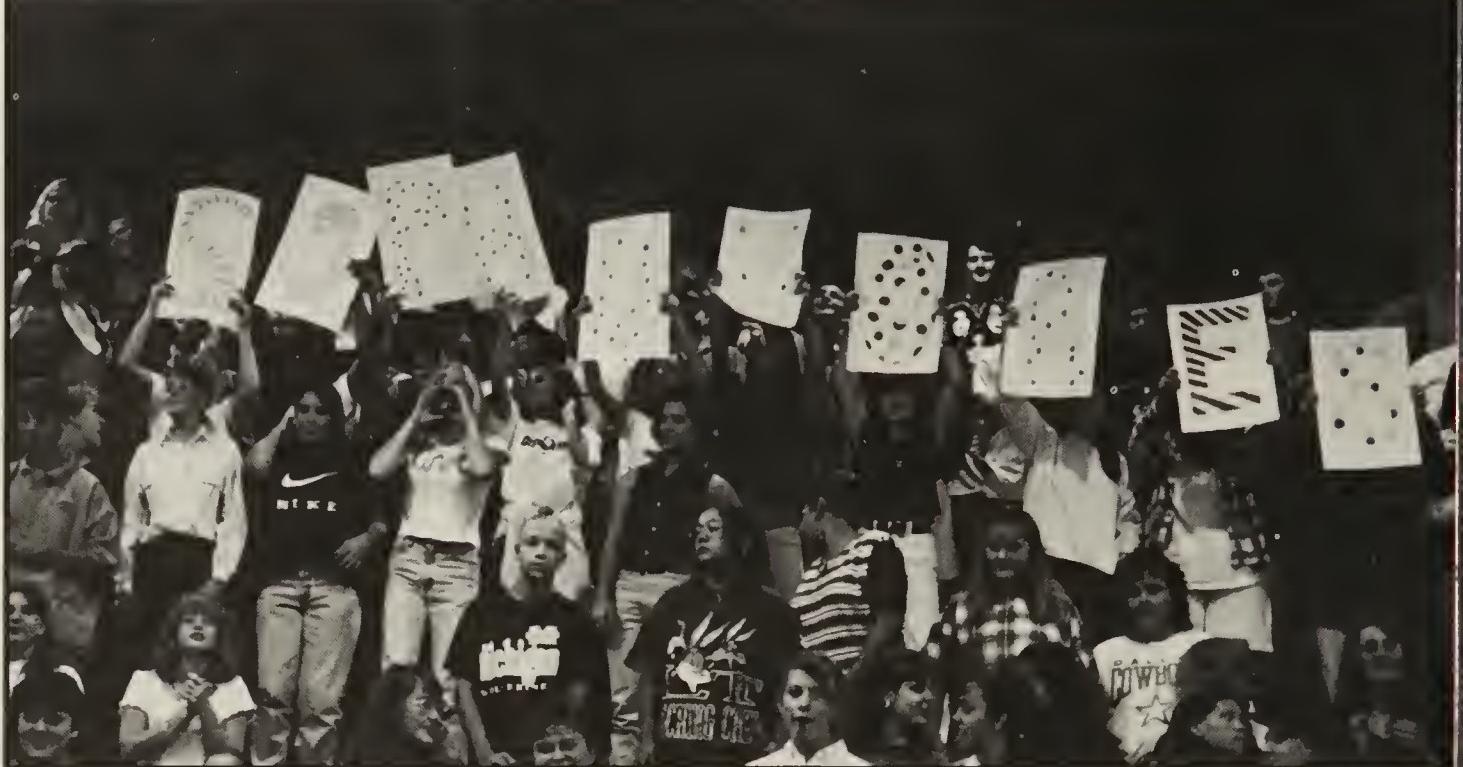


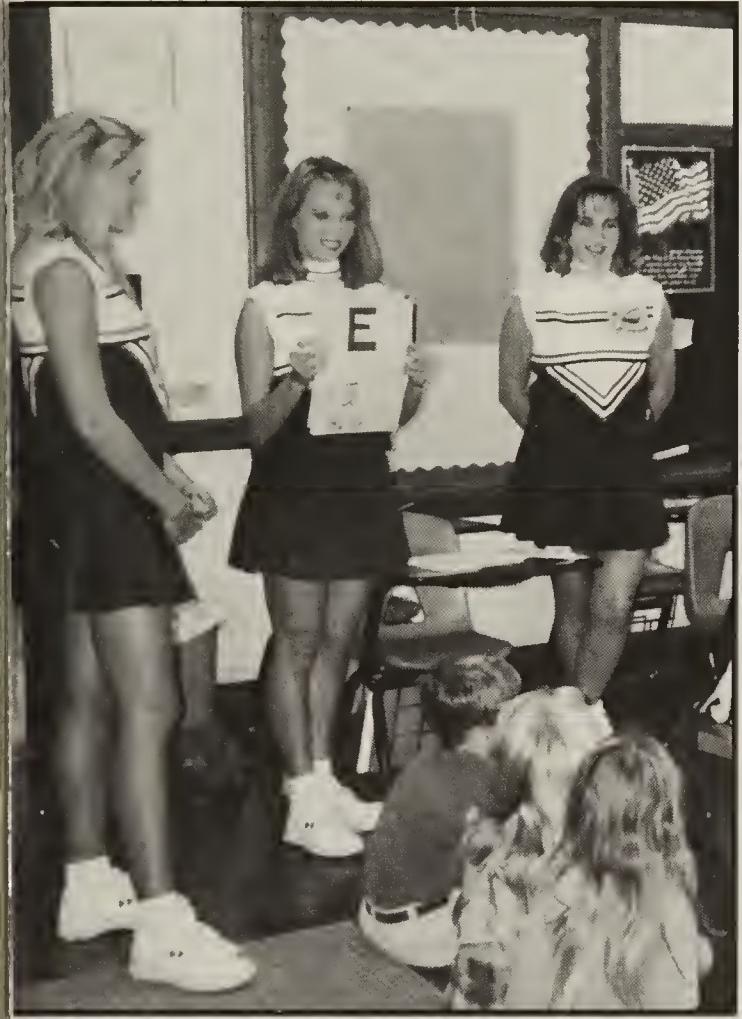
The junior powder puff team camouflage themselves before the game against the senior girls. The junior girls walked away victorious.

Megan Mansell works on the computers in the WICAT lab during English class.



S O P H O M O R E S





Class of 1988

Kimberly Abel
Priya Acharya
Dane Acton
Douglas Adams
Kristen Adkins



Jessica Akers
Stephen Akers
Wendy Akers
Amanda Altizer
Henry Altizer Jr.



Travis Anderson
Bobbi Angle
Andrea Armes
Danielle Armes
Daisy Arnold



Darby Arnold
Sarah Atkins
Abbey Atkinson
Edward Aulabaugh
Alan Bagley, Jr.



Ellen Bain
Nathan Baldwin
Charles Barker
Paul Barker
Justin Barnes





John Bates
Nicole Bland
Amber Blevins
Crystal Blevins
Armistead Booker III



Sherman Bouldin
Keith Bowers
Charles Bowling II
Crystal Boyd
Laura Boyd



Amber Bratton
Wesley Brickley
Sarah Brillheart
Aaron Brooks
Jason Brown



Shena Brown
Randy Brunk
Chasity Bugg
Chelsi Burnette
Wanda Burton

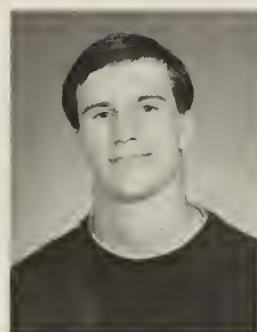


Kirk Byrd
Jason Callahan
Michael Carr
Joseph Cassell
King Chan

Jin Chen
April Childress
Whitney Childress
Melissa Chinault
Michelle Clark



Sandra Clark
Brian Clymer
Jessica Cobbs
William Coe
Lettica Coffey



Charles Coleman
Priscilla Collins
Rebecca Conner
Kisha Cook
Renee Cook



Jennifer Cooper
Toni Cooper
Amanda Covey
Kristal Cowen
Adam Cox

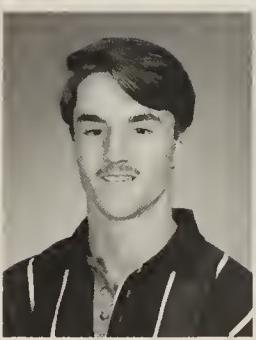


Allison Cox
Dallas Cress
Charles Cressell
Terri Cressell
Michael Crockett II





Tonya Cross
Daniel Crowder
Joseph Crowder
Daniel Currie
Ray Dalton III



Jay Dantzler
Michael Davidson, Jr.
Charles Davis III
Jason Davis
Jason Dawson



Samantha Deguisse
Christopher Dickerson
Antonio Dinitto
Amanda Dishon
Sarah Donald



Kristy Dowdy
Christopher Dunagan
Leslie Dunford
William Eads II
Jennifer Eads



John East
Justin East
Matthew East
David Eastridge
Jami Edwards

Paula Edwards
Rebecca Edwards
Leanne Farlow
Thomas Farmer III
Daniel Farris



David Fields
Kesha Finley
Jason Fowlkes
Kimberley Freeman
Kristin Freeman



Eric Friend
Joshua Gallimore
Beth Garland
Mary Goad
Scotty Goad



Amanda Graham
Jonathan Graham
Missie Graham
Graham Gravely
Kenneth Gray



Rocky Gray
Stephanie Greer
David Gregory
Michael Gregory
Tabitha Griswold





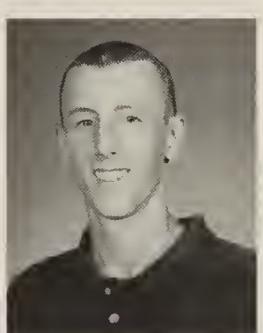
Aarin Haga
Deborah Haga
Daniel Hall
Joshua Hall
Kristin Hall



Lea Hallstead
Robert Hamblin
Travis Hamilton
Matthew Hancock
Kevin Hanks



Charles Hardymon
Marcus Harrison
John Hash II
James Havens Jr.
Phillip Hayes



Justin Haynes
Richard Hayden
Jerry Heley
Matt Henley
Candise Hicks



Timothy Hight
Angela Hill
Travis Hinkley
Craig Hodge
Charlie Hodge III

Lisa Hodge
Dale Hoffman, Jr.
Stephanie Hollins
Bradley Huff
Lauren Huff



David Hughes
Charles Hughett
Dustin Hull
Darrin Hunter
Ashley Hurst



Christie Hurst
Joshua Hurst
Kendra Hurst
Rebecca Hurst
John Irvin



Elizabeth Jackson
Chessie Jarrells
Emmett Jesse
Richard Johnson
Ashley Johnson



Nancy Johnston
Tanya Keagle
Timothy Kennedy, Jr.
Donald Kidd, Jr.
Stephanie Kidd

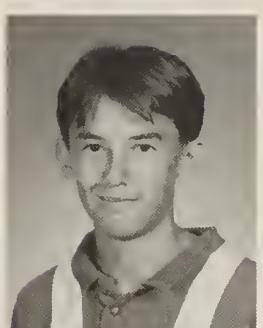




Mary King
David Kirby
Ray Kirby
Tiffany Kirkland
Bruce Kleckner



William Komelski
Derrick Lane
Jessica Lawrence
Anthony Lee
Star Lester



Corey Likens
Kristen Lilly
Cory Lindsey
David Lineberry II
Jeremy Linkous



Laura Linkous
Kevin Liu
Amanda Lovern
David Lovern, Jr.
Tasha Lovern



Ashley Lytton
Michelle Lytton
Scott MacDonald
John Manuel
Dawn Marion

Andrea Martin
Ann Martin
Brandi Martin
Brandy Martin
Jason Martin



Jerry Martin, Jr.
Keyba McClanahan
Semica McClanahan
Crystal McGuire
Daniel McKittrick



April McPeak
Ashley Melton
John Melton
Robert Meredith
Donald Minnick



Kerri Mitchell
Tiea Montgomery
Audrey Morris
Bradley Morris
Nicholas Morris



Jason Nelson
Brian Nester
Harry Nester III
Cory Newman
Shannon Newman





Benjamin O'Dell
Jessica O'Dell
Brandie O'Dell
Kay Olinger
Mary Olinger



Jessica Pannell
Natasha Paris
Jason Perdue
Crystal Peterson
Wendy Petty



Erin Philipp
Katina Phillips
Michael Phillips
Taryn Phillips
David Porter



Mitchell Powell
Allison Presley
Timothy Puckett, Jr.
Robert Pulliam
Randal Queen



Mark Quesenberry
Steven Quesenberry
Conor Quinlan
William Radcliff
Curtis Ratcliff

Kari Ratcliff
Jessica Ratcliffe
Kandy Ratcliffe
Donald Reed
Rodney Reese



David Reno
Crystal Reynolds
Laurin Richard
Glenn Richardson
William Rigney, Jr.



Travis Roberts
Randy Robins, Jr.
Robert Rogers
Tabatha Roop
Bradley Roope



Rodney Rorrer II
Katherine Rose
Loren Ross
Jennifer Rowh
James Rupe

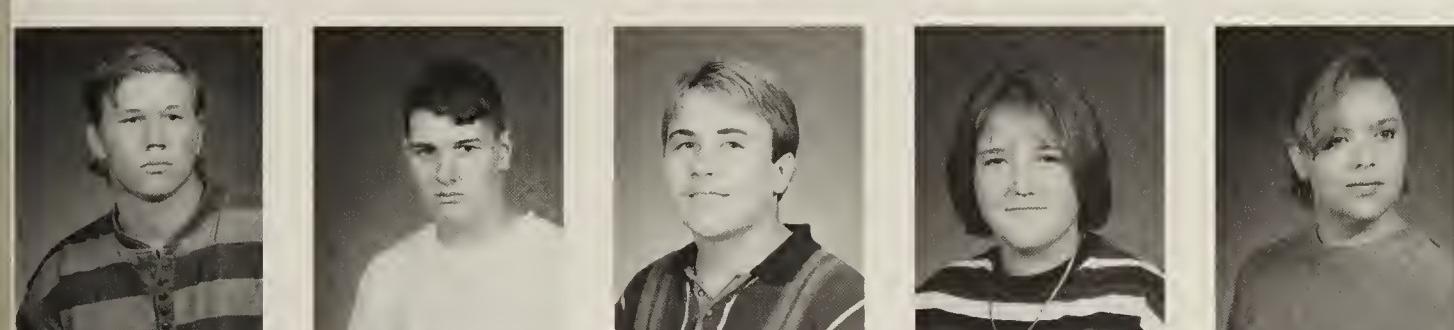


Tige Saltz
Melissa Sarber
Chad Saunders
Jeremiah Seagle
Thomas Seagle III





Jennifer Sharp
Kimberley Sharp
Cindy Shaw
Melissa Shirah
Scott Shomaker



Benny Sifford
Derrick Simmons
Ryan Simpkins
Sally Simpkins
Jamey Sisk



Adeena Smith
Amanda Smith
Brandon Smith
Joseph Smith
Kristin Smith



Angelia Spence
Kristen Strauss
Leeanna Stump
Jason Suddarth
Eric Sumner



Brent Surber
Mary Sutphin
Jessica Tabor
Monique Tallant
Aaron Taylor

Elizabeth Taylor
Andrea Teague
Jerome Thomas
Kevin Thomas
Christopher Thompson



Travis Thornsberry
James Tipton
Melissa Tkaczuk
Markie Treivett, Jr.
Jarid Turner



Michael Turner
Elizabeth Turpin
Matthew Underwood
Sherie Underwood
Janna VanDyke



Ronald Van Sise
Mark Vaughan
Andriette Vaughn
Kristin Vaughn
Crystal Viar



Bradley Viars
Kristi Viars
Andrew Viers
Amelia Walters
Rebekkah Warburton





Julie Ward
Katharine Webb
Misty Weiss
Jason Welch
William Wells



Laura White
Ronada White
Tiffany White
William Wilburn
Miranda Wiley



Jamie Willard
Courtney Williams
Randolph Wilson
Michael Wolfe
Sara Woodie



Keeley Woodruff
Amanda Woods
Nikki Wooten
Matthew Worrell
Christopher Wright



Joshua Wright
Kevin Wright
Amanda Wyatt
Nicholas Yates
Erin Yoder

F
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N





1
9
9
9



Roger Adams
Stacy Adams
Adam Akers
Barry Akers
David B. Akers



Justin Akers
James Akers
Steven Akers
Suzanne Akers
Amanda Allen



Kandia Allen
Mary Altizer
Bradley Anderson
Dusty Andrews
Jessica Armbrister



Cameron Ashworth
Aaron Atkinson
David Austin
Eric Bagley
Crystal Baker



Jessica Baker
Cocelle Banks
Colin Barker
Troy Barkley
Denni Barrett



James Beaver
Jodie Bentley
Timothy Billings
Erik Bird
David Bishop





Herbert Blair
Kassandra Blankenship
Melissa Blevins
Kevin Boerstler
Frances Bolen



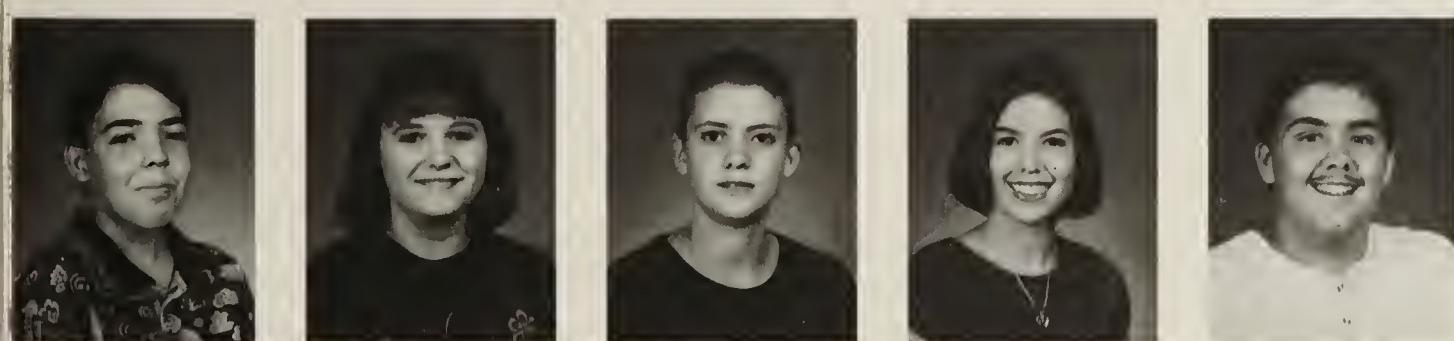
Kristol Bond
Rebecca Bopp
Roy Bowden
Lisa Bowers
Curtis Boyd



Paul Boyd
Teresa Boyd
Lucas Brinkley
Chasity Brown
Joshua Brown



Lance Buckner
Cecil Bullion
Joshua Burbey
Robert Caldwell
Ray Calfee



Gregory Canevari
Jessica Carroll
Jonathan Carroll
Tina Chaffin
Michael Chandler



Hong Cheng
April Childress
Candice Chrisley
Kacy Chrisley
Josiah Clark

Katrina Clark
Jennifer Clay
Jason Cole
Trina Cole
Anna Collins



Kathy Collins
Daniel Combitths
Sarah Conner
Candis Cook
Robby Cook



Danny Cook
Samantha Corder
Chassidy Covey
Winfield Covey
Jeremy Cox



Daniel Crawford
Jessica Cregger
Allison Cruise
Andrew Cullip
Amanda Dalton



India Dalton
James Dalton
James Davis
Justin Davis
Seth Davis



Jason Dean
Joyce Dean
Leonard Dean
Russell Delp
Lonnie Dice





Matt Doyle
Paul Doyle
Cynthia Draper
Troy Draper
Terri Dunagan



Beverly Duncan
Jeffery Duncan
Jerry Duncan
Kelly Duncan
James Edmonds



John Edmonds
Christy Edwards
Marvin Edwards
Michael Epperley
Casey Epperly



Larry Epperly
Shannon Epperly
Crystal Farris
Casey Fawcett
Amanda Fehr



Thomas Felts
Keith Ferrell
David Ficke
Sharon Finn
Anthony Flinchum



Samantha Flinchum
Brandy Floyd
Jack Forrest
William Fowler
Alicia Gallimore

John Gallimore
Michael Gallimore
Travis Gallimore
Sarah Gates
Suzanne Gehrz



Patricia Gibson
Laura Gilmore
Jana Glass
Virginia Glenn
Randall Goble



Amber Gravely
Christi Gravely
Prestina Gravely
Robert Gravely
Curtis Gray



Brandon Graybeal
Eugene Gregory
Jayson Grimes
Randy Grubb
Joseph Haga



Will Hager
Andrea Hale
Emily Hale
William Hale
April Haley



Carrie Hall
Charles Hall
Jessica Hall
Joshua Hall
Roxanne Hall





Titon Hall
Amanda Hallstead
Dennis Hamblin
Chrissy Hamilton
Gregory Hamilton



Amber Hanks
David Hanks
Stephen Harless
Tanesha Harvey
Dennis Hash



Vanessa Hasley
Christopher Hawks
Cynthia Hayes
Richard Hayes
Dorian Hendricks



Amanda Hines
Trisha Hines
Kristi Hodges
Theresa Hogston
Brian Hollins



Sara Holt
April Honaker
Paul Hoover
Stephane Horton
Eric Hubble



Titania Hunter
Kyle Jackson
Shaylyn Jackson
Joseph James
Ben Jarrells

Heidi Jennings
Iscah Johnson
Jassen Johnson
Michael J. Jones
Michael P. Jones



Nicole Jones
Sondra Jones
Leticia Kemp
Michelle Kemp
Bridget Kennedy



Joseph Kessinger
Brian Kimbrough
James Kincaid
Benjamin King
Michelle King



John Knarr
Candius Kress
Belinda Lambert
Jabe Largen
Erin Lawson



Monika Lawson
Nichole Leeson
Kendra Leonard
Aaron Lester
Josh Lester



Cristin Lindsay
John Lineberry
Meghan Linkous
Daniel Long
Kevin Long





Joshua Lookabill
Janella Looney
Shannon Lovern
April Mabe
Tangela Mabry



Candace Macy
Stephanie Manning
Ashley Mannon
Matt Mansell
Mary Manuel



Jeremy Marion
Robert Marshall
Matthew Mason
Martha Matt
Ashley McCambridge



Heather McCourt
Mary McCoy
Andi McCraw
Daniel McGlothlin
Justin McGuire



Jessica McKinney
Darrin McKittrick
Marshall McMillan
Kenneth Meadows
Krystal Meadows



Susan Meadows
Crystal Melton
Sharon Melton
Lee Melton
Brandon Meredith

Michael Meyer
Brandon Miller
Chasity Miller
Latashia Miller
Rachel Miller



Scott Mills
Troy Minter
Heather Mitchell
Billy Montgomery
Robert Montgomery



Amanda Moore
Justin Moore
Amanda Morris
Jeremy Morris
Kimberly Morris



Cassie Morse
Anthony Moye
Mellissa Neal
Katie Neely
Matthew Nester



Logan O'Dell
Mendy O'Dell
Raymond Oliver
Elisha Ornes
Crystal Osborne



Betty Owens
Ashley Pack
Daniel Papsidero
David Parks
Natasha Patterson





Edward Patton
Shannon Peake
Robert Peaslee
Justin Peek
Roger Pennington



Amanda Peoples
Constance Perkins
James Petty
Adam Phillips
Kyndra Phillips



Shaun Phillips
Sabrina Poebert
Harry Powell
Lea Powell
Ryan Powers



Tony Powers
Andrew Pratt
Amanda Puchett
Amy Quesenberry
April Quesenberry



Eric Quesenberry
Mellissa Quesenberry
Bradley Radcliffe
Matthew Rakes
Weston Ramsey



Dustin Ratcliffe
Peggy Reed
Russell Richardson
Cara Rife
Jessica Robertson

David Robinson
Herbert Rogers
Amanda Roope
James Rupe
Philip Rupprecht



Christopher Sarver
John Saul
Kwasi Scott
Teresa Selleck
Brad Shelton



Truley Shepherd
Tomika Sherman
Adrian Shortt
Katie Simpkins
Marcus Slaughter



Brandon Smith
Brandy Smith
Charlie Smith
James Smith
Terry Smith



Eric Southern
Scott Southern
Jessica Spraker
Curtis Spurlock
Stashia Steffani



Shauna Stilwell
Justin Stith
Joshua Stoker
Brandon Stone
Charles Stoots





Derek Stoots
Tracy Stowers
Terry Strock
Matthew Suddarth
Lauren Surber



Kenny Sutphin
Christopher Suttle
David Talbert
Aimee Tangtong
Marcus Tangton



Carl Taylor
Jamie Taylor
Joshua Taylor
Marlena Taylor
Nicole Taylor



Je'Annette Thomas
Pamela Thomas
Steven Thompson
Athena Thornton
David Tiller



Lucas Tinsley
Sabrina Tolbert
Adam Turman
Rachel Turnmyre
James Turpin



Heather Umberger
Jessica Underwood
Trent Viar
Aaron Viet
Laura Viperman

Angelina Waddell
Chasity Wagner
Barbara Wall
Amber Waller
Isaac Walters



Kelli Walters
James Ward
Dorothy Warden
Kenneth Wardin
Miranda Webb



Brandy Weiss
Laura Westmoreland
Kellie Wheeling
April White
Jennifer White



Terri Whitlock
Measie Willard
Ellen Williams
Katrina Williams
Kristi Williams



Lee Williams
Rashida Williams
Tamara Williams
Leigh Ann Wilson
Amanda Woodrum



Jason Woodrum
John Woodson
Margaret Woolwine
Michael Worrell
Pamela Worrell





Anthony Wright
Megan Wright
Amanda Wyrick



Stephanie Yonce
Barbara Yopp
Brian Young



"For never was a story of more woe than that of Juliet and her Romeo." Justin Peek is entranced by the play "Romeo & Juliet" during English class.

Waiting her turn. Belinda Lambert catches up on her homework as she watches her teammates' tennis game.

F a c u l t y





Fred Akers Alt. Ed. Health & P.E., Asst. Varsity Football Coach
Rhonda Alley Alt. Ed., Afternoon PBD, Crossroads Coord.
Harriet R. Anderson Biology, Earth Science, Sophomore Adv.
Patricia Arnold Cafeteria
Roger Asbury World Geography



Milton Aust Engineer
Frank Baldwin Custodial
Martha P. Bassett Cosmetology, VICA & SFC Clubs Co-Sponsor
Bill Benson Biology, Living Chemistry
Eric Berry Cougar Assistance



Sharon Berry Cafeteria
Kathy Bishop Main Office Secretary
Teresa Blankenship Cafeteria
Don Blatt, Jr. PVTP Aide, Job Coach
Freddie Blevins Alt. Ed.



Kim D. Blevins FBLA Adv., Software I & II, Basic Computer Applications
Vada Boyd English Chairman, CAI Lab Coord., English MACC Coach
Mary J. Britt Math, PBD,
Todd Browning Geography, Head Baseball Coach
Pat Burns Head Basketball Coach, PE 10, Physical Conditioning



Dave Carroll Earth Science, Extreme Mountain Sports Sponsor
Pat Catron Guidance Counselor
Roger K. Caudell Collision Repair Technology, Auto/Body
Karen Cecil Earth Science
James Chapman Guidance Counselor



Fred Clark Cougar Assistance
Linda Cline Typing I, Business Law, FBLA Asst. Sponsor
Elaine Cook English 9 & 12
Mike Cox Agriculture
Raymon Cunningham Vocational Administration





Susie Cutlip AV Librarian, Junior Class Sponsor
Tammy L. Davidson Resource Teacher
Kathy Davis Resource Teacher, Driver's Education
Lloyd R. Davis Drafting, Technology & Industry Chairman, VICA Adv.
Maxine S. Dishon English 11



Diane V. Dixon Health & PE 9 & 10, Driver's Education
John Duncan Chemistry, Physics
Pat Duncan Cafeteria
Terry Edwards Resource Aide-PVTP, 4-H Club, Special Olympics
Harriet Farris Consumer Math, Algebra B, Math 9



C. Kay Feely Special Education
Charlotte S. Felts Student Responsibility Center (SRC)
Susan D. Ficke English 10, Forensics Club Sponsor
Virginia Fizer French, NHS Co-Sponsor
Diana Forrest Child Care Lab Manager, NRVAEYC Member



Jackie Freeman Geography, Social Studies MACC Coach
John Freeman German, Sports Announcer
Scott Frye AE, Indoor/Outdoor Track Coach, FCA Sponsor
Claire Fugate English, Math
Doris Gravely Cafeteria



Jim Gettys ICT Coord., VICA & DECA Clubs
Bonnie C. Graham Child Care I & II, Dual Enrollment/Advanced Child Care, FHA/HERO
James E. Gunter Psychology
Tom Hale Health & PE, Biology, Asst. Varsity Football, & Weight Lifting Coach
Carla Hallstead Chemistry, Science MACC Coach, Powderpuff Coach



Rebecca D. Hancock English 9 & 10
Linda Hanshew IMC Secretary
Carol Harrell Secretary, English/Social Studies
Angela J. Harris Choir Director, Head Volleyball Coach
Trey Harris Asst. Band Director

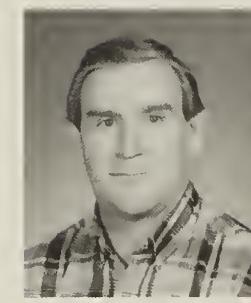
Tamara Heft AE Counselor
Peggy H. Hemmings Adult Living,
Child Care, FHA/HERO Sponsor
Steve Hester Fine Arts Chairman,
Art League Co-Sponsor, Foundations,
Adv. Art, Studio & AP Studio Art
Michael D. Hickman Asst. Principal,
Asst. Football Coach
Joel Hicks PE , Varsity Football
Coach



Jeanne Hillman English, PBD
Tom Howerton Coordinated
Science 10
Robin Hurst IMC Copy
Technician
Merita Hutchens Cafeteria
Brenda S. Hylton Office
Procedures I & II, Word
Processing , Record Keeping,
FBLA Asst. Sponsor



Karen Johnson Counseling Secretary
John M. Johnson Business Chairman,
Personal Typing/Software, Accounting II,
FBLA
Jerry Jones Building Maint. I & II,
Technical Career Exploration, VICA
Sponsor, SFC
Ron Kanipe Athletic/ Activities Director
Frank T. Kasik III English 11, Dual
Enrollment



Jim Kelly Principal
Mary Kelly Work & Family Studies,
Child Dev. & Parenting, Adult Living,
Choices I, FHA/HERO Sponsor
Patsy King U.S. History
Melba M. Knox Algebra II &
Honors, Math 9, Yearbook Financial
Advisor
Harold Lambert Asst. Principal



Sandra L. Lawson Personal
Typing/Software, Intro. to Business,
FBLA Sponsor
Barbara H. Layman Biology,
Science Chairman
Doris B. Layne AE Secretary
Annyce R. Clark Levy School
Nurse, Teen Parent Support Group
Sponsor
Carl R. Lindstrom Asst. Principal



Chrissi Lockhart English 9, Publications
Advisor
Virginia Mammi English 9 & Honors, AP
English 12, Creative Writing, Literary
Magazine Advisor
Maggie Manning Health & PE Chairman ,
Adaptive PE, Swim Team Coach
Debbi Martin Found. & Adv. Art & Studio
Art, Art League Co-Sponsor
George M. Marunich PUP, Adventure
Club, Government





Gary R. McCoy Marketing
Coord., DECA Sponsor,
Marketing, Adv. Marketing
Jeff McCoy Theater Arts,
Drama Club Sponsor
Thelma McDaniel Cafeteria
Linda McDonald Cafeteria
Cindy McGuire Teacher Aide



Shirley Medley Cafeteria
Bill Meyer AP & U. S. Gov., Social
Studies Chairman, Senior Sponsor
Gina M. Miano Counselor, Girls' Tennis
Coach
Connie Miller Math/Science Secretary
Joe Moore Marching, Freshman,
Concert, & Symphonic Band, Jazz
Ensemble



Elinor Morgan IMC Skills,
Librarian, Junior Sponsor
Gene Owens Cougar Assistance
Patti Owens Special Education,
Science, Math, English,
Geography, Transition Skills
Sharon Owens English 12,
Service Learning Coord.
David Parks Spanish



Karl O. Polson Agriculture/Natural
Resources, FFA & SFC Adv.
Kelly Poole Alt. Ed. Coord., Crossroads
JoeAnne Pugh Vocational Secretary
Natalie Quesenberry Special Education,
Science, Math, English, Social Studies,
Transition Skills
Buddy Ratcliffe Landscaping &
Lawncare, 9th Grade Football



R.F. Ratcliffe Vocational Industrial
Maintenance Tech., VICA Sponsor
Clark Reece History, Asst. Football
Coach
Shirley Perry Reese Health & PE,
Track & Field Coach, Lifetime Sports,
Weight Training, Physical Conditioning
Mary M. Roop Comm. Systems,
Graphic Comm., VICA Sponsor
Glenda S. Roudebush English 9



Zoe M. Rowell Algebra B-
Part 1, Algebra I & II
Ethelene Sadler Cafeteria
Manager
Bill Saunders Custodial, FFA
Phyllis A. Scott Resource
Fran Shelton Adv. Algebra/
Trigonometry, Algebra II,
Basic Algebra, Algebra B-Part
I, Chess Team Sponsor

Jesse J. Shelton TV/Video Production
Trish Slate Cafeteria
Linda H. Snow English 12
Nancy M. Sparks Health Occupations Ed., HOSA Sponsor
Betty Spraker Algebra I, Informal Geometry



Jim Spraker Spanish
Suzanne Steele English 11, SAT Prep, All-Around MACC Coach
Elissa Steeves Agriculture & Horticulture Ed. & FFA
Barry Lee Strong AE
Joel K. Stuart Algebra II, Geometry, Math 9, Leo Club Sponsor



Lisa L. Swope AP U.S. History, World History
Evelyn Huff Tate Secondary Math, Geometry Honors, Geometry A, Basic Algebra
Marjori Taylor Cafeteria
Sharon Torabzadeh Resource
Marie Trail Administrative Secretary



Lou Tribble Technology Ed., Co-Sponsor TSA
Pam Trivet Cafeteria
Marianne Trotter Accounting I, Typing II, Personal Typing/ Software
Diana Trump Trigonometry, Geometry, Algebra B-Part II
Phillip D. Vickers Admin. Computer Coord.



Ted James Viers Vocational Guidance Counselor
Brenda Waller English 10 Honors, English 11
Charles Ward Electricity, VICA
Marie Watson Cafeteria
Karen Weikel Admin. Computer Asst.



Bert Weschke Communication Systems, TSA Club Sponsor
Jesse L. White AP Calculus, Pre-Calculus, Trig., Algebra, Golf Coach
Roger White Auto Technology, VICA Sponsor
Ronald White Cougar Assistance
Beth Wiegandt Earth Science, JV & Asst. Varsity Volleyball Coach





Erin Wigginton Government
Ann Williams Cafeteria
Elaine H. Wolfe Guidance
Director, PBD Counselor
Wayne Wooten Math
Chairman, Calculus, SAT
Prep, Algebra B-Part I, Math
MACC Coach
Grady Young Building
Trades, VICA Sponsor



An Activity Director's work is never done.



Three amigos. Tommy Hale, Barry Strong, and Gina Miano enjoy a break before going back to work with Camp Cougar.

Suzanne Steele dresses for the occasion from head to toe. Alexi Moseman said about Miss Steele, "She accessorizes well."

Time to Rehearse



A Head Start on the Future

Getting off to a head start. Students choose from a variety of technology classes such as personal typing, printing, and being able to use the computers in your English and Math classes. This will enable the students to further their skills in computer technology.

Printing classes help to develop skills like making memos, screen printing, and other techniques. The printing classes do a lot for the school, providing many cards.

Anne Schrader said, "I decided to take typing because I knew I would use it in the future writing many papers." Personal typing helps the students to further their skill in typing in a high speed and using their home keys.

While some don't have the time in their schedule to take a class in the vocational building, they always have a chance to work on the computers in their English or Math classes. With technology being updated this gives the students the chance to catch up on the new.

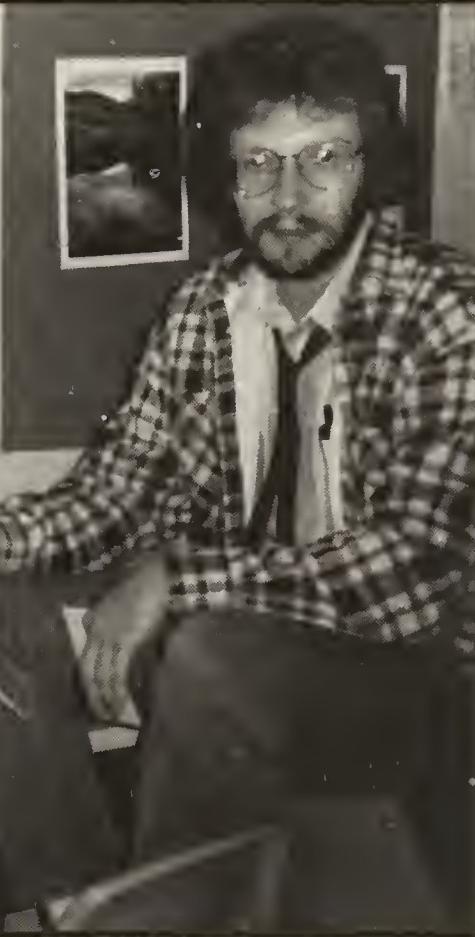
Shirl Atkins
Kirsten McKenzie

Don't stress, Brooke. Brooke Copeland tries to figure out a problem in the English computer lab.



Tamika Sherman stops to take a few notes off the computer.





Smile, Mr. Carroll! He takes a break from his work on the computer to show us his accomplishments.



Typing fun. Anne Schrader works hard in typing class to get her work done.



Robbie Wallace is charged by the Vandergraff generator at governor's school while Mr. McKenzie looks on.



Speaking Out

A long time ago, students were taught to speak only when spoken to; however, today students are participating more in the classroom. Good manners are still a plus, but so is speaking out. Students are becoming more involved in their learning. Students are required to spend time in class presenting to their classmates and for many different reasons.

English teachers help to lessen nervousness when speaking in front of a group of peers. And it seems to be working. Stephanie Wohlford comments, "When I was a freshman, I never liked to get up and read or speak to a class. But now, two years later, I don't mind it at all." Voicing an opinion can be very important. Students are asked on a regular basis in the classroom to share their experiences, thoughts, or opinions. Everyone has an opinion, so it should be expressed. Speaking out is what helps to make our high school's literary productions a success.

Almost to the twenty-first century, students can express their feelings, speak publicly, or simply be themselves with the encouragement and support of classmates and teachers.

Lora Coltrane
Sarah Drye

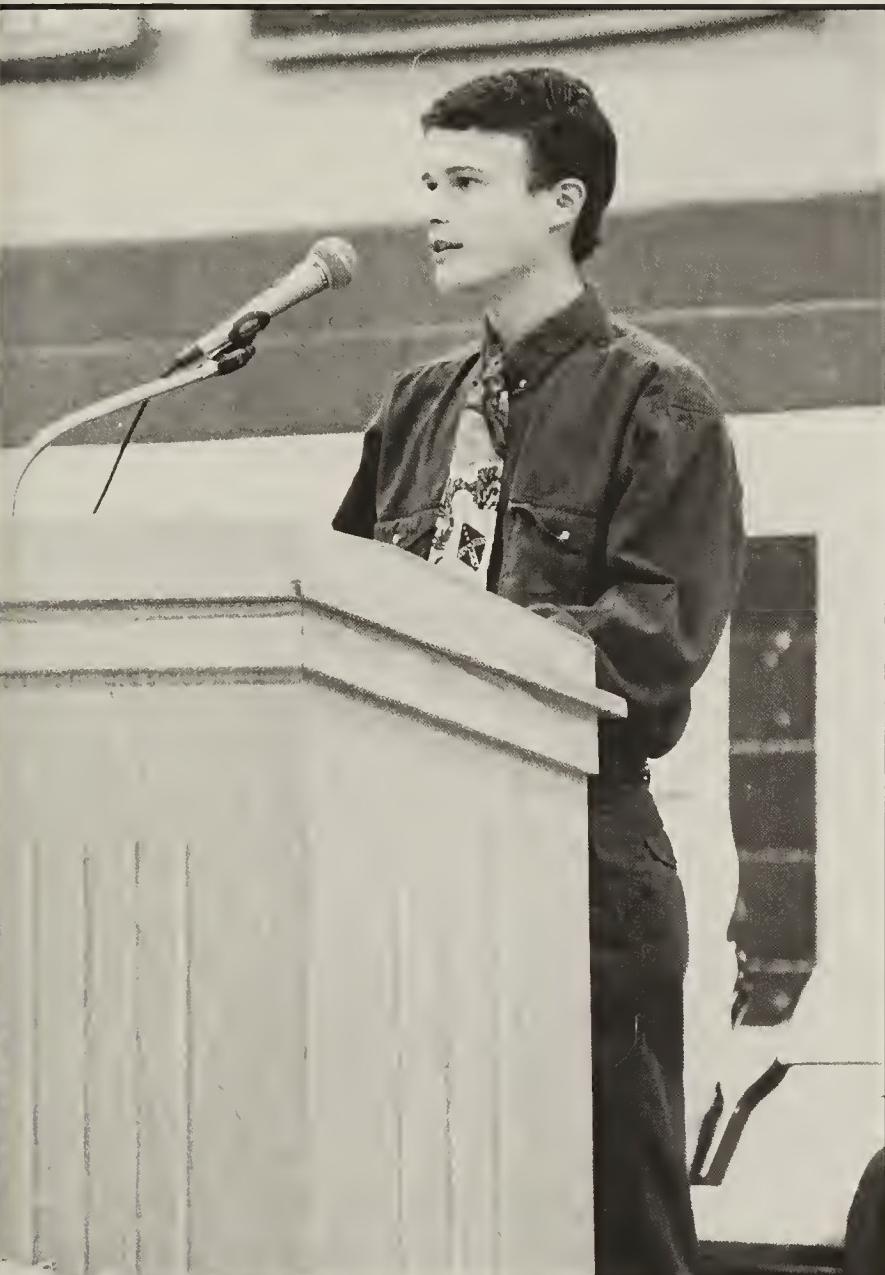


"Once upon a time..."
Stephanie Wohlford reads a
modern day fairy tale to Mr.
Kasik's eleventh grade
English Honors Class.



Beth Alley shares a poem
with her classmates. Alley
said, "I really don't mind
speaking in front of people."

Doug Freeman, president of SCA, addresses the student body before an assembly.



Keith Asbury shares a story he wrote. Asbury said, "I love reading in front of the class."



Members of the Inklings staff read and then vote on a prose story submitted to the magazine.



It Takes Talent

There are many gifted students that participate in the performing arts. With great dedication and much devotion, these performers entertain their audiences in the fields of drama, band, and choir.

The PCHS Players were proud to claim their second consecutive District Championship this winter, going on to place fourth at the regional competition with their portrayal of the Jewish struggles during the Holocaust. "Through Our Eyes" was a moving yet factual one-act taken from the diaries of young Jewish children of the early 1940's.

Ezra Ford said with a smile, "I feel the future is very promising for the program. It is in very capable and talented hands." Ford is referring to the new drama teacher, Mr. Jeff McCoy. Though Mr. McCoy has spent several years in the teaching profession, this is his first year as a drama teacher at the high school level. Greatly enjoying his job here, he said, "I want students to experience a wide variety of theatrical events."

The music department has achieved superior accomplishments as well. Under the leadership of Mr. Joe Moore and Mr. Trey Harris, the band won numerous awards this year, including several first places for percussion, color guard, and general effects. The band also received the distinction of being named an Honor Band due to their performances during competitions. Drum majors Tracy Lambert and Willie Simpkins received first place trophies at three of the band's four competitions. Lambert recalls, "When people work hard toward the same goals, it is amazing what you can do!"

Ms. Angela Harris has pushed the choir to another successful year. Singing sacred pieces as well as a wide variety of jazz, classical, and contemporary songs, the choir reached outstanding goals. Choir member Linda Taylor believes the best thing about choir is the close bonding, and Jenny Rowh agrees by saying, "The whole choir feels like a big family!"

It is this large family of artists that contribute to one of the best performing arts programs our school has ever seen!

Star Lester
Rebekkah Warburton



An All-Star cast! Wren Lanier remembers, "The best experiences of my high school career have been in drama."

The beginning choir rehearses one last time before their presentation.





Warming up before another great performance, Erika White, Heather Easterling, and Jennifer Sharp get ready for their concert.

Members of the cast "Through Our Eyes" begin the play with pure excellence.



Practice makes perfect! These choir students work hard to make their performance great.

To the beat of a different drum. Aimee Lawson, Matthew Johnston, and Eric Linkous keep a watchful eye on the drum major as they play the third tune.

Make Yourself at Home

There are many classes that help our students get a head start on one of the most important projects they will ever undertake in life... a home of their own and a career. Through these classes, students are exposed to different types of cooking, stress management, and clothing construction, while learning the skills, both mental and physical, necessary to make and run a fully functional home, and how to start a career in a health related field. Brad Henley commented, "I like this class because it teaches you things about real life."

One of the biggest and most looked forward to events taking place in these classes is the mock-wedding. Students prepare themselves for their own big day by planning the food, attire, and every detail to make the wedding perfect. By designing this project, they not only demonstrate what they learned for a semester, but that they can use it for a lifetime of excellence.

In the Health Occupation classes, students enjoy getting to work in hospitals and clinics. They get a chance to see what really goes on in working world.

These classes also allow students to experience handling real life situations. Melissa Hudson noted, "I learned a lot about the real world in this class." Most of all, the students love the hands-on training that these classes give them. They not only get to experience basic cooking and cleaning techniques, but learn important social skills that are essential for the future as well.

Students really enjoy these classes, and go on to make wonderful homes and start successful careers. Like Theresa McNeil stated, "This class is fun-filled, but also an educational experience!"

Star Lester
Rebekkah Warburton



True romance? Brad Henley and Becky Bishop pose for a picture before their mock wedding reception during Adult Living Class.

The anxious bride, Becky Bishop, and the maid of honor, Teresa McNeil, get excited before the mock wedding.



What a wedding party! Jessica Branch said, "I loved this class, because we get to do so many neat projects."



Hope Cummings watches her classmate, Kathy Olinger perform CPR. Olinger said, "You have to have a lot of determination to learn all the procedures in this class."



"Help! Dial 911!" Rachel Richmond practices the Heimlich maneuver with ease.

In Health Occupations class, Kristi Lineberry, Angie White, and Jennifer Corvin "operate" on Anne Hamblin.



Making the Grade

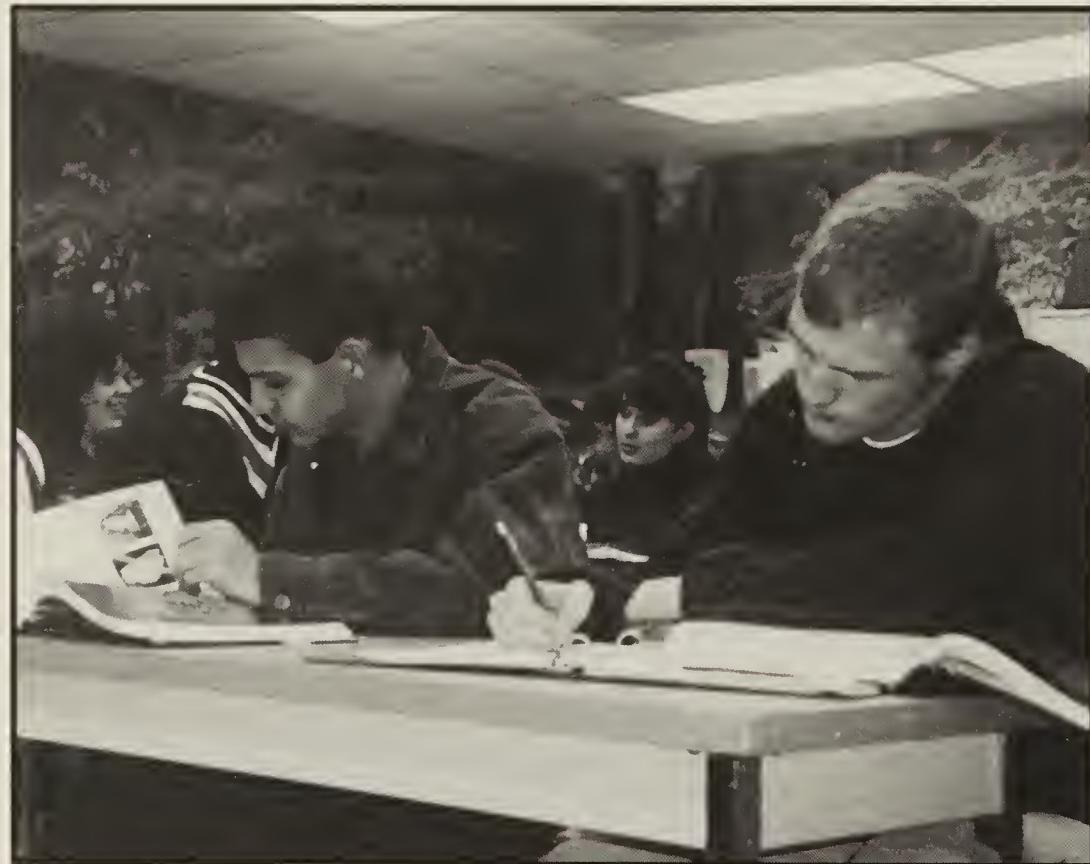
Almost every student will agree that there's been at least one really hard class in his or her high school career, whether it was algebra, biology, or even gym. But there are a few classes offered to students that are designed to be more difficult than the rest, and their names begin with the initials A.P.

A.P. classes are the hardest offered in high schools today. As part of a national program, they are designed to prepare students for exams given in May through which they may earn actual college credit, allowing a student to move to a more advanced level of study in college. In some cases, it could even be possible for a full year of college to be skipped if a student takes and passes enough exams. Imagine going to college for three years instead of four, and still earning the same amount of credit.

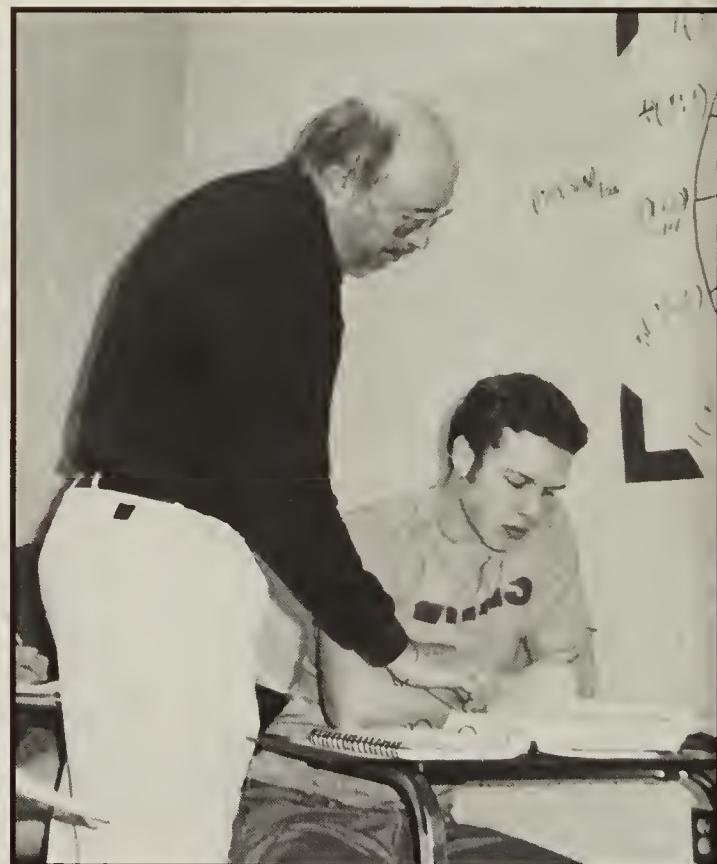
But along with the advantages of A.P. classes comes a greater amount of responsibility too. Extra labs, reports, and homework all go along with the A.P. course load. When asked what makes the classes so challenging, Alexi Moseman commented, "The level of work, and knowing that the A.P. exam is comprehensive." Many students also agree that the tests and research papers are more complex and in-depth in these classes. Since A.P. classes are taught on the college level, they move much faster and cover more information than the academic classes.

"The pace at which the classes move is the most challenging thing about them," says Roland Donithan. But though they are challenging, A.P. classes offer many opportunities that make them well worth the effort.

Ray Kirby
Wren Lanier
Chris Yonce



Nooks Robinson and Kris Douglas work on an assignment in College Biology at SWVGS.



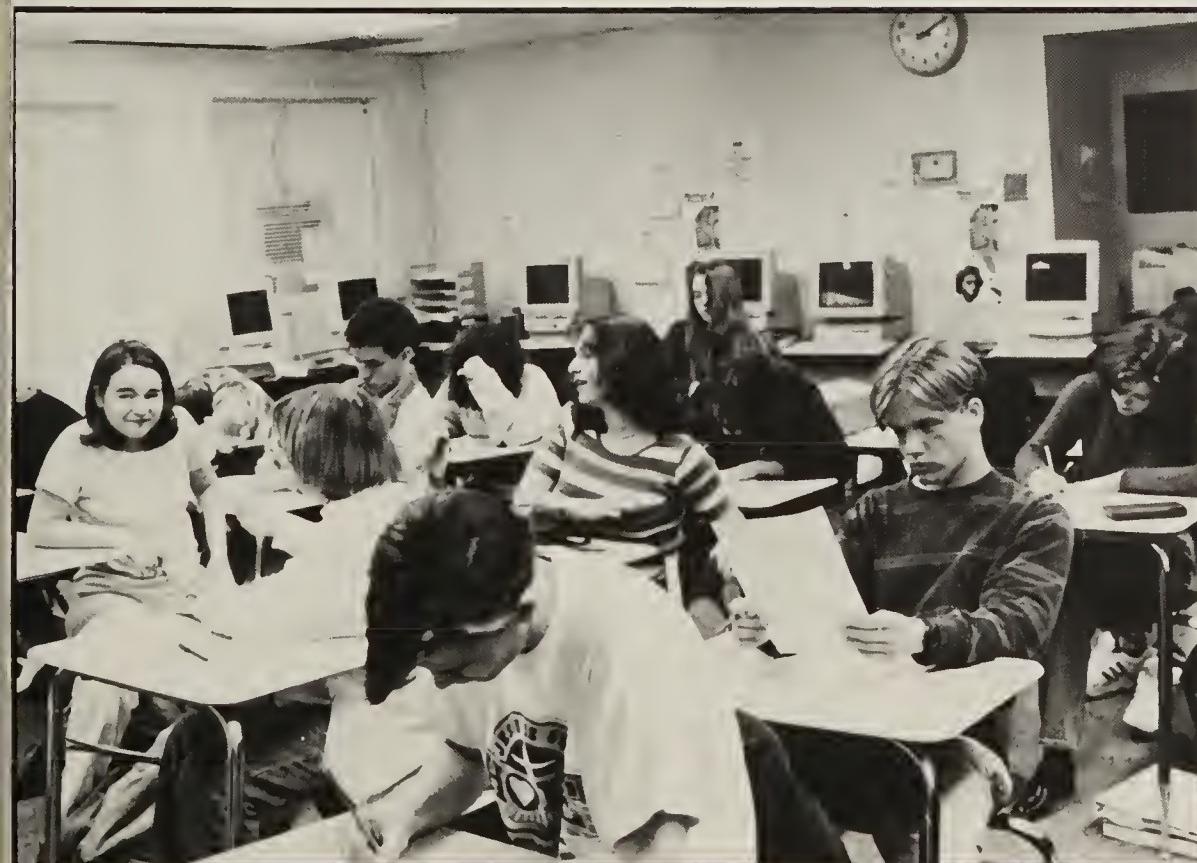
Mr. White helps Drew Miller in A.P. Calculus class.



Kristin Beeler, Georgie Hickam, and Brooke Copeland enjoy a much needed break during preCalculus class at Southwest Virginia Governor's School.



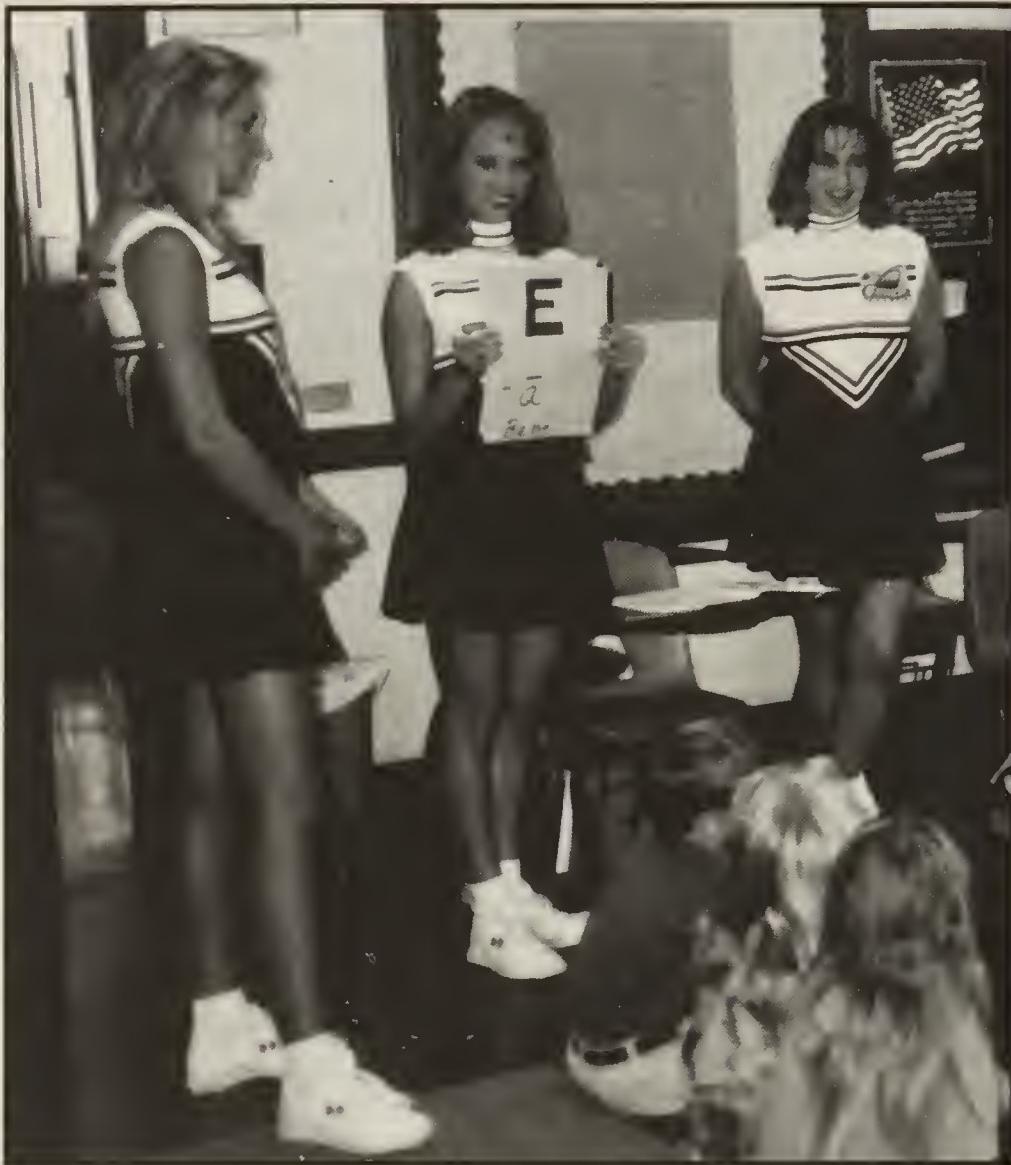
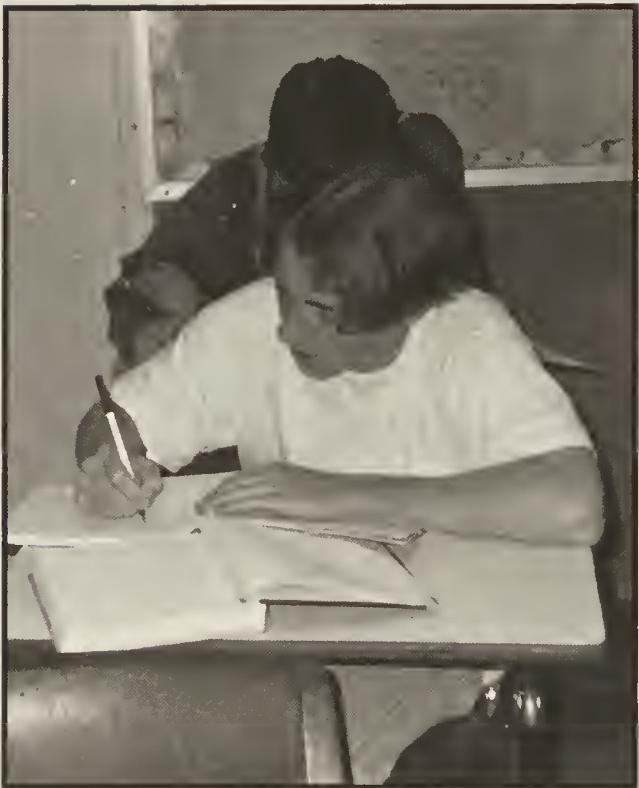
Felicia Taylor concentrates on her A.P. history class.



Governor School classes are a real challenge for many of the students.

"Repeat after me," Spanish students Lauren Huff, Leanne Farlow, and Becca Conner teach students at Newbern Elementary the language of Spain.

Conor Quinlan works hard on his German assignment. Quinlan said, "German is fun!"



Showing off her work, Jessica Underwood studies for her upcoming test.



Working hard, Dr. Parks hurries to finish grading his students' papers.

A Different World

From the Eiffel Tower to bull fighting, from berets to the crumbling of the Berlin Wall, students study many big subjects...whole other countries! Germany, France, and Spain are the three countries represented among our school. The students not only learn the different languages, but become enriched with cultural knowledge as well. Laurin Richard said, "Learning how to speak the language is fun, but I enjoy getting to learn about their clothes, recreation, and ways of life, too."

In order to understand the challenging foreign languages, each student must have the determination to work hard. This dedication helps them to do well in other subjects also. Mrs. Fizer, the French teacher, said, "Foreign languages make the students do better in English classes as well. By understanding a foreign language, English makes a lot more sense." The majority of the students who participate in these classes are listed on the Honor Roll, and it is a well known fact that learning a second language improves students' study skills and grades.

Each year, there is around 500 students who are enrolled in one of the three languages. It is these students who become involved in exciting cultural experiences.

Rebekkah Warburton



"I'm finally getting the hang of Spanish class," Brian Albert said.



"Does everyone comprende?"
Mr. Spraker asks of his first year Spanish class.

The Weight of the World

The atmosphere of the classroom can be stressful. It's all because students feel that the "weight of the world is on their shoulders." The stress some students feel begins to show as wrinkles begin to appear, and dark circles enclose the eyes of those studying late causing sleep to be their last priority. Georgie Hickam stated, "I don't know how people get around stress; I mean, its everywhere I turn."

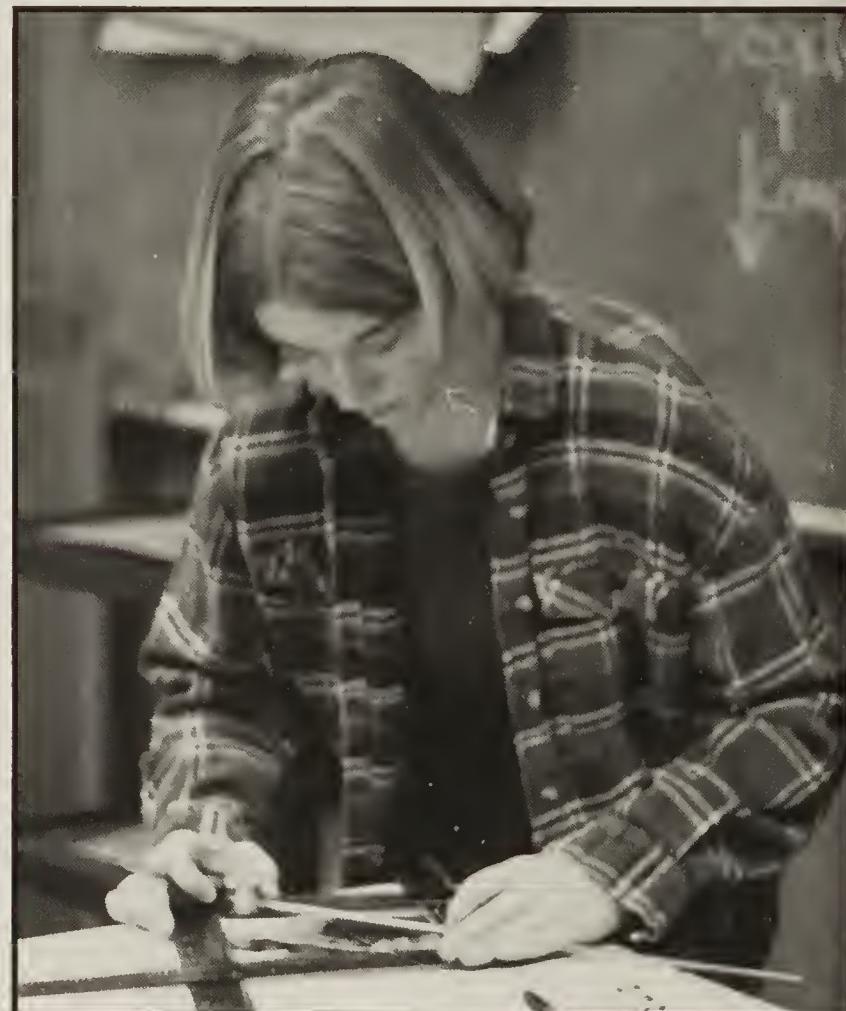
The majority of students feel the junior and senior years of high school are the most stressful. "During your junior year you realize that your high school career is almost over and that college is around the corner. Then you begin to stress," Loren Biggs said. Juniors like Biggs realize that they need to score high on their SATs and begin to gather college information and decide on where they want to apply. Seniors are planning for graduation, some still trying to raise their SAT scores to get into the college of their dreams, and they are meeting deadlines for scholarships and financial aid programs. While the older classes stress over college preparation, the younger of the four are worried over their GPA , getting into the National Honor Society and finding a date for the up and coming weekend.

The stress felt by students, no matter what class and age, is felt by almost all but when the weekend comes, students find ways to relieve themselves whether it be shop' til they drop, spend the weekend sleeping, or go out with friends until their stress floats away. Whatever the students feel helps them get rid of their stress, it works because most all come back to school on Monday ready to hit the books again.

Ashlee Hamblin



Amanda Fehr struggles to get the attention of her group to meet a class deadline.



Lora Coltrane works quickly to finish a yearbook spread that is due the next day.



Wendy Minnick pauses to gather her thoughts for yearbook copy. Minnick said, "Being yearbook editor is a very stressful job."



Daniel Horne tries to understand a difficult French assignment.

Service With a Smile

Service Learning- a class to learn how to serve. Service Learning was a class designed to give students opportunities to do community service. Students were required to serve a minimum of 135 hours to obtain credit. Leanna Blevins said, "I really enjoy doing all I can for the community".

Service learning students participated in a variety of activities ranging from volunteer fire fighting to teaching at elementary schools and volunteering at hospitals.

Mandy Byrd said, "I really enjoyed working with the students at Critzer and Northwood Elementary; the children were really funny." Mrs. Sharon Owens, Service Learning Coordinator said, "The class was a pleasure." This first year program had a few problems but in the end they were all ironed out. Next year's program is sure to be an even greater success.

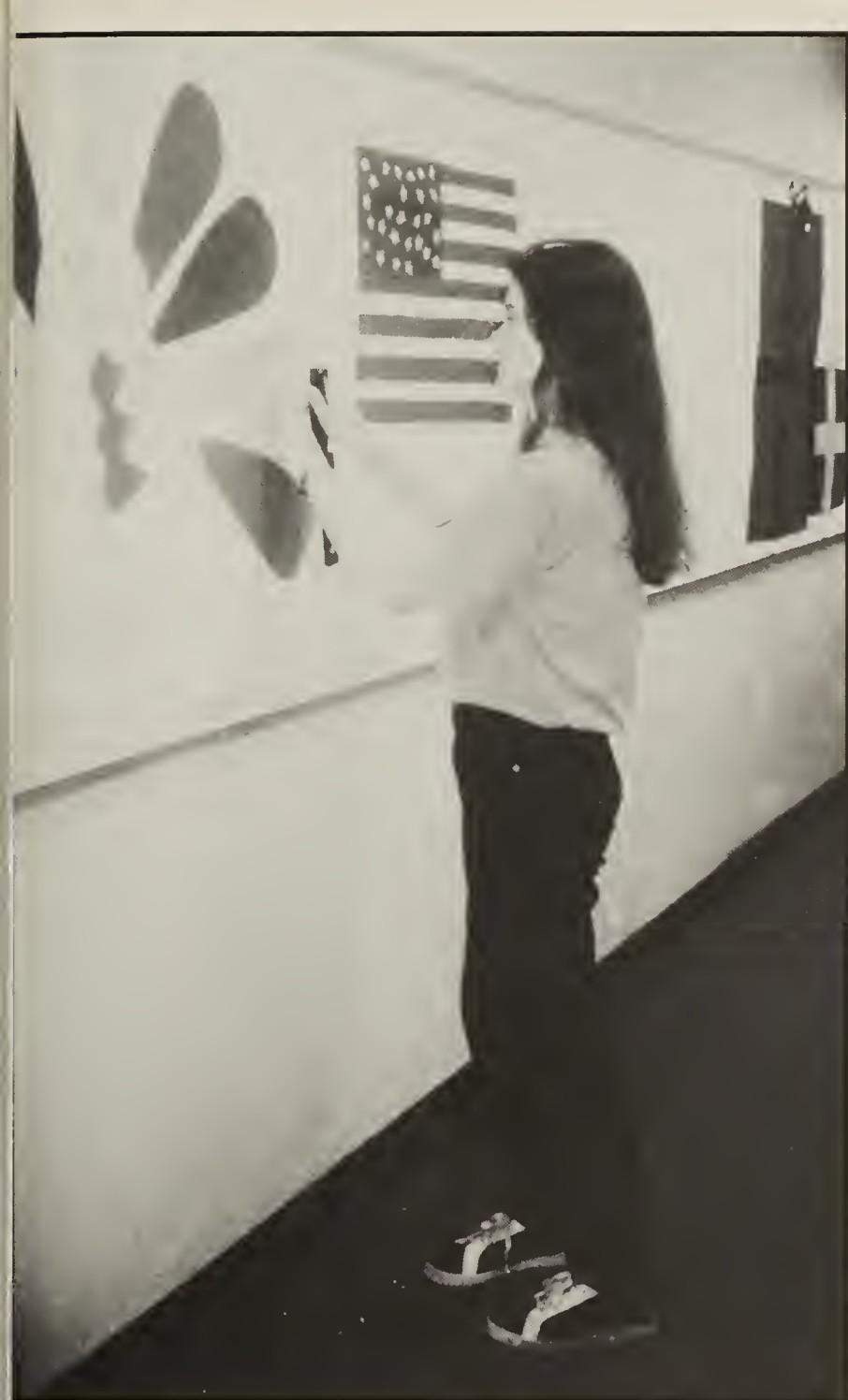
Mary Bishop
Keli Buckner



Joe Rogers works with a student at Critzer Elementary on reading.



No, really we are working. Brooke Copeland and Megan Mansell work on the filing system at Pulaski Community Hospital.



Hope Cummings works on the bulletin board in the Social Studies Pod. Cummings said, "Creating bulletin boards was a lot of fun."

Megan Mansell and Brooke Copeland search for a patient's name to deliver flowers. Mansell said, "Delivering flowers was great. It really brightened people's days.



John Gehrz, Damion Payne, Keli Buckner, and Mandy Byrd shop at Wal-Mart for Christmas presents for underprivileged children.

Getting the Job Done

Many classes require hands on learning, allowing students an opportunity to gain a wider knowledge of their studies. From cosmetology to child care, one can find that students work hard and give their best effort. This allows the students to have an opportunity to practice what they will use in the future.

These classes have a fun and different way of learning which most students seem to enjoy. They like the chance to do something besides listening to lectures or just taking notes. This way the students learn by both listening and by actually doing and practicing what they are being taught. "I really like this type of class because it allows me to see what they're learning and what they need help on," said Building Trades teacher Grady Young.

"I really enjoy working with the kids in child care," said Lacuena Smythers. "It not only helps with the class itself but also with children I interact with out of school."

These classes are continuing to grow and are becoming more evident. By taking these classes, the students will be one step closer to attaining their future career choices.

Shirl Atkins
Kirsten McKenzie



A time for love. Mrs. Steeves and Kim Davis prepare roses for the Valentines's Day sale.

Melissa O'Dell watches over a student in child care as he colors a picture. O'Dell said, "I enjoy working with kids."





Wendy Owens shampoos during cosmetology.



Time for a trim. Mandy East gives Desiree Hall a haircut. "Cosmetology gives me real experience in a field I'm interested in," said East.



Rodney Rorrer and Eric Smith use the machinery in vocational class.

Oddities and Rarities

Sometimes, believe it or not, school actually isn't so mundane. Every so often you get to come in and do something different or even exciting.

Dressing up in eccentric outfits to show your "hippie freedom" during Spirit Week or getting "married" and raising egg babies are just a few examples of odd assignments. Biology classes dissect frogs, fish, pigs, or chicken wings. Chemistry classes experiment with acids and bases to create "blobs." Foreign language classes create skits for presentation of their languages, and psychology lets you enjoy the pleasures of relaxation exercises.

Almost every class does a few interesting things and a few odd assignments. They are quite enjoyable and are a lot better than taking notes the entire class time!

Lora Coltrane
Sarah Drye



Members of the Senior class show their disco fever during spirit week.

"What is that?" Aarin Haga prepares to dissect a fish in Ms. Anderson's biology class.



"Do I smell feet?" Season Childress and Sarah Taylor take part in an English class assignment to discover patterns.

Here comes the bride...Becky Bishop and Brad Henley get married in Adult Living.



Mr. Kasik leads his seniors in a critical thinking assignment by also removing his shoes.

Rachel Richmond and Crystal Montgomery learn proper hospital techniques in Health Occupations.

Creative Learning

Do you ever just get tired of working alone on dull assignments? Some classes luckily get hands on experience. Many people find that working together on some special class projects is rewarding in the end.

Horticulture classes helped everyone on Valentine's Day by growing and selling their own roses. Printing technology manufactures our school calendars, newspapers, and tabloid. Health occupation students involved in HOSA gather toys for those less fortunate during the holiday season. Yearbook classes produce a yearly memory of our school lives while the journalism class publishes a school newspaper about once a month. Amanda Alley said about being editor of the PC Tribune, "I really enjoy the newspaper staff. It's a lot of hard work, but the finished product is worth it." Even if class projects are done only for personal benefit, unlike printing or publishing classes, it still can benefit others in the class. In math and science classes, working in groups can help to understand complicated theories. English projects will enable you to understand the works of famous authors such as Thoreau and Hawthorne.

Class projects are becoming more and more popular among teachers and students.

Lora Coltrane
Sarah Drye

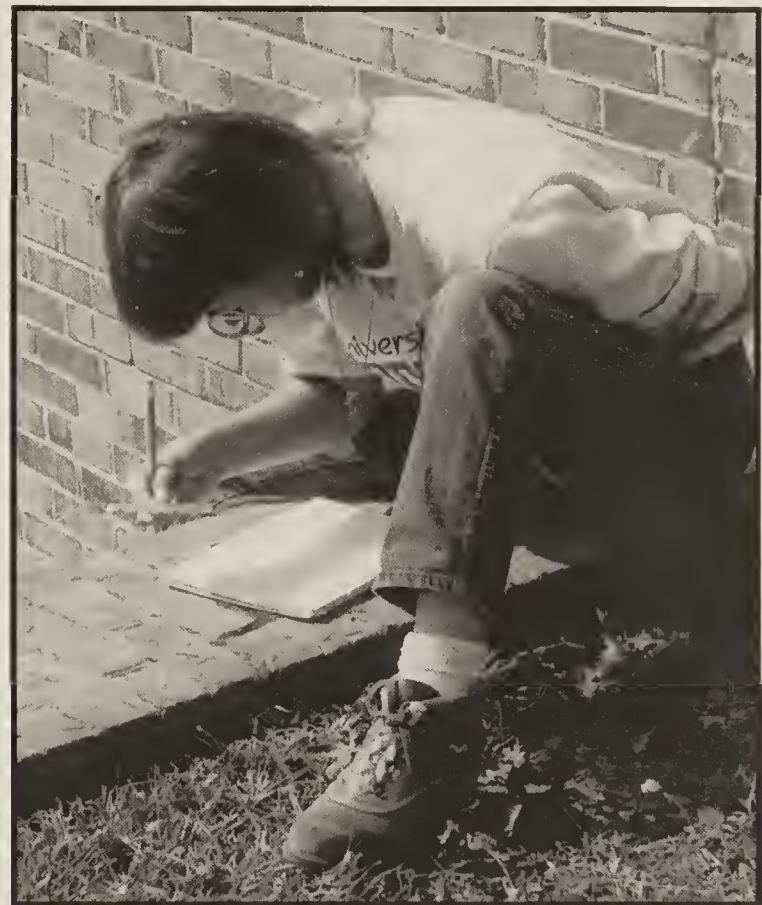


Logic and reasoning play a key role in passing Mr. Stuart's algebra class. Mr. Stuart said, "I encourage my students to work in groups so that in the end they can learn to help themselves."

Chad Cook works on the school calendar during Ms. Roop's printing class.

Happy Valentine's Day!
Heather Martin purchases a rose from Paula Bowman.





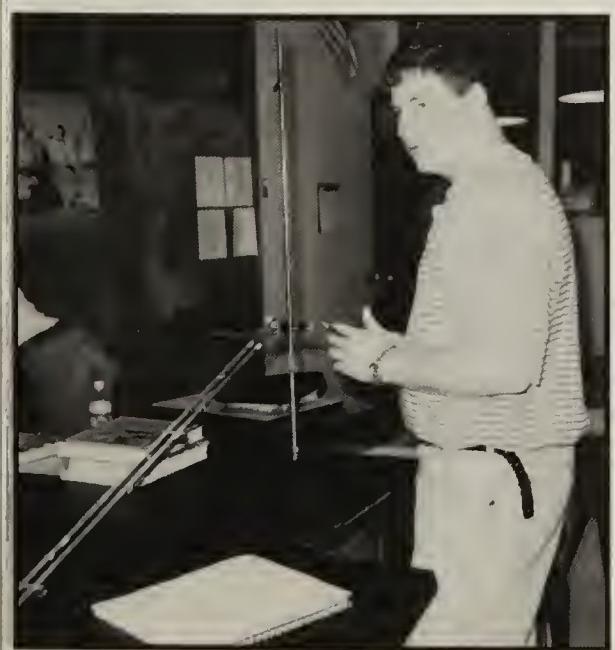
Horticulture classes grew and sold roses for Valentine's Day. One student said, "I'm really glad we can buy flowers from school because otherwise I wouldn't be able to afford them for my girlfriend."

Pearl Viers examines a sapling as she works diligently.

Amanda Burke tells about her HOSA assignment, "We adopted a less fortunate family at Christmas time to help the children have a happy holiday."



Jay James works on an acceleration experiment in physics.



Inspiration and Motivation

We have had numerous speakers throughout the year. These speakers inspire and motivate us to achieve our goals and to work harder at our education. These speakers consist of local heroes and well-known celebrities.

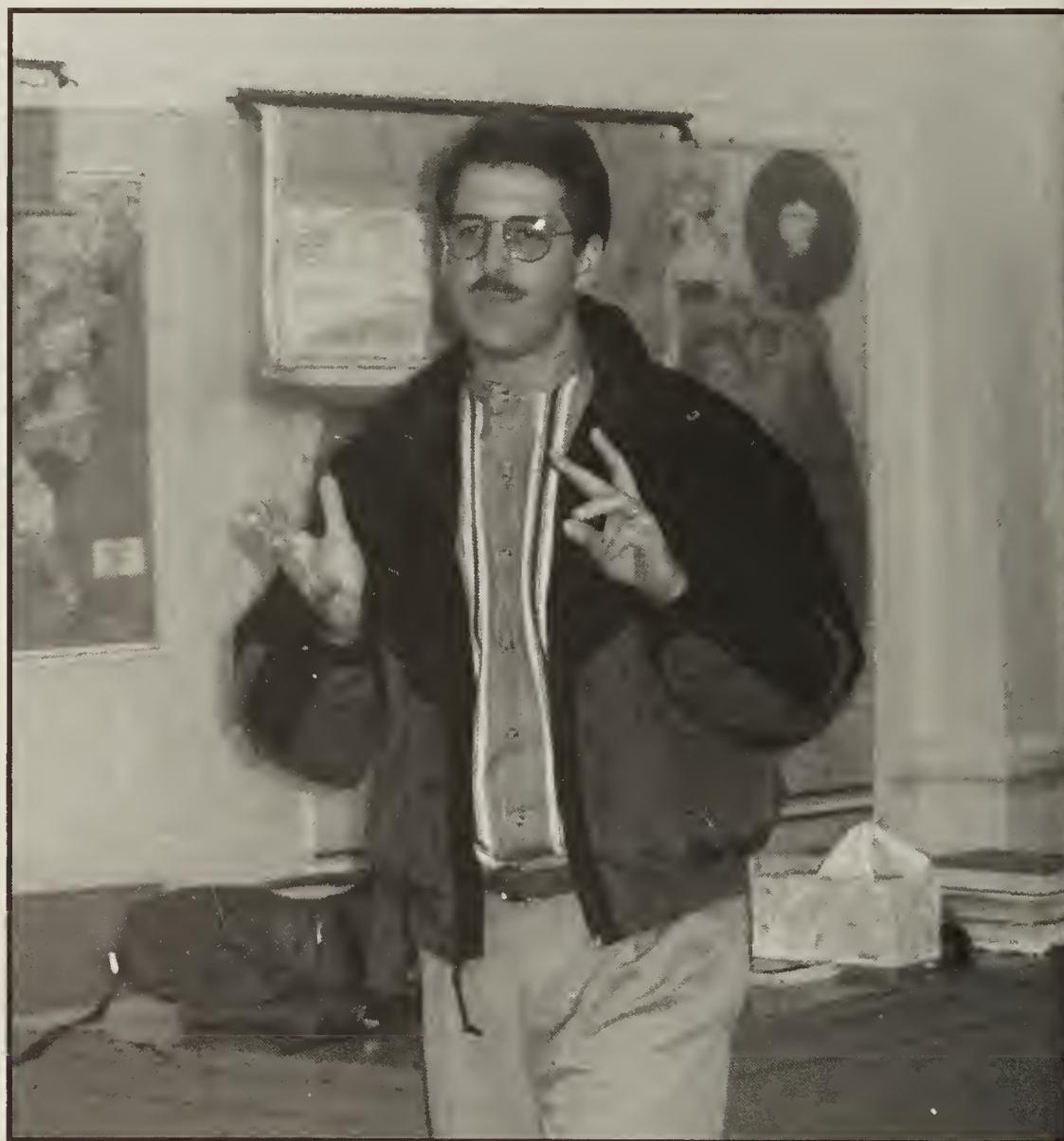
Robin Reed, Billy Wagner, and Cindy Farmer are among a few of our guest speakers. Billy Wagner, a pro baseball player for the Houston Astros, spoke to the tenth grade boys health class and answered questions about the big leagues. Robin Reed, the weatherman for Channel 7 News, forecast the weather for several high school students and discussed his career in weather and his life throughout school. Students presented him with a Cougar baseball hat and sweatshirt, showing their appreciation. Later that evening Reed even mentioned his trip to the school and his new Cougar paraphernalia. Cindy Farmer, a former student, talked to the student body during the "Investments in Learning" Assembly. She talked about her life and career in news broadcasting, and stressed the importance of staying in school and getting a good education.

Guest speakers do not have to be real famous, well-known celebrities; they can be well-known figures who "inspire" us also. All of these speakers conveyed something to us. The students enjoyed listening to them and enjoyed their appearance here at the high school.

Ray Kirby
Chris Yonce



Billy Wagner spends time after his lecture to sign baseball cards and autographs for the boys' health class.



Weatherman, Robin Reed, from Channel 7 speaks to the Alternative School about weather prediction and his school career.



Billy Wagner, pro baseball player from the Houston Astros, spoke to the boys' tenth grade health classes. Wagner spoke about his baseball career.



Curtis Spurlock presents Robin Reed with a Cougar baseball cap and sweatshirt. Later Reed mentioned his trip to our school on the news report.



Mr. Blevins, Todd Walters, and Kim Freeman are part of the audience for Robin Reed's presentation.

A Change of Scenery

Everyone is always excited when a teacher or coach mentions the phrase "Field Trip." Every year dozens of trips are taken to various places including Virginia Beach, Washington, D.C., Atlanta, Colombia, and other schools. Students get the chance to see other worlds in progress, participate in parades and competitions, get involved in sports events, and visit other schools.

Students like field trips because of the many fascinating things you get to relate to. Rebekkah Warburton stated, "I like field trips because it's a change of pace from the normal classroom. Field trips give students hands on learning from the real world, the unlimited classroom."

Each year the Art League takes a trip to Washington, D.C. They raise money with many sales; then visit the spectacular city. While in Washington, the Art League saw many national monuments, such as The Lincoln Memorial and the Washington Monument. They also saw many of the art museums.

Every year many athletic teams and academic teams travel to compete in various activites. This year the track team took a trip to Columbia, South Carolina. Andrea Armes said, "I like competing in different environments; that way I never get bored with just one place."

Field trips are an important part of student life. People learn far more than just the basic academics. Students enjoy escaping the normal routine of things especially while socializing with their friends.

Star Lester



Homesick? Ginny Morgan expresses how she feels about all the swim meets in faraway places.



Like many athletes, Heather Shinn on the volleyball team gets excited about a new season as she sits on the bus traveling to an away match.



Just taking a quick break, Kristin Vaughn and Sarah Drye chat after forensic competition.

Helping out the needy, Lamarr Payne and Jon Gehrz take a trip to the local Wal-Mart for Service Learning class.



Candice Cook settles down for the night at King College during a youth trip.



Hot off the Press

Working all year long to produce great results, from Inklings, the literary magazine, to The P.C. Tribune, the school newspaper, to the Pinnacle, the yearbook, a publications class work is never done. The students enrolled in the publications classes work from the beginning to the end of the school year to complete their class projects.

The Inklings staff has been very successful with their magazine. They received a rating of excellence from the National Council of Teachers of English. "We were all very proud that all the work finally paid off," Kirsten McKenzie stated. The Inklings staff and editors are not the only students involved in the work to put together an award winning magazine. The poetry and art that are compiled together to form the magazine come from submissions of students.

The journalism class produces four editions per year, all during second semester, of a newspaper that cover life here and abroad. The issues covered in the newspaper range from lipstick to where we were when the Challenger exploded; the newspaper keeps us in touch. The students of the staff are very successful but challenged. "They have to capture the interesting things that happen here and think far enough ahead to interest the students a month later," stated their teacher Ms. Chrissi Lockhart. The papers are sold also by the class during lunch periods and are a complete "in house" production.

The yearbook staff and editors work from first semester through second semester and are not finished until the last student crosses the stage on graduation night. The yearbook class takes their own pictures and develops them as well. This year the spreads were done completely on the computers and there was a lot of learning to be done by student and teacher. Lora Coltrane stated, "I have learned a lot this semester about computers but it was really hard to adjust to."

Students in publications classes spend most of their time editing their copy over two to three times before a final draft is completed. Then when pictures are developed and captions written, they have to put the pictures, words and quotes all together. Students in these classes are not given the credit they deserve; they work all year long and there are no breaks. It is a continuous cycle.

Ashlee Hamblin

Roger Asbury works hard on an up and coming deadline for the PC Tribune. Asbury said, "I enjoy writing and drawing for the school newspaper."



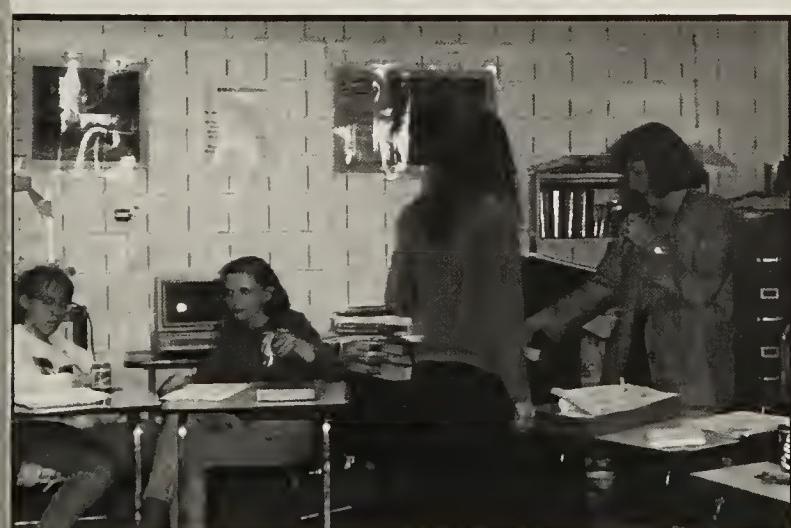


Sarah Drye works diligently to meet her deadlines in yearbook.

Lee Pannel and Tara Hancock work together on a poster for the deadlines for the next edition of the newspaper.



Nikki Abel, editor of Inklings, concentrates during an after school meeting.



Beth Alley has a conference with Mrs. Mammi on a piece of literature she believes should be included in the literary magazine.

150 —
clubs

Behind the Scenes



Jonathon Gilbert, Renee Rideout, Shawn Lawson, and Bryan Meyers wait to get on the air during a club meeting.



Jason Stoots, Ryan Brockmeyer, and Bucky Seagle are taking it easy and talking with everyone.



Ashley Weddle paints a scene in studio art class.



Beth Alley, Sarah Tolbert, and Jan Estes are discussing some of the projects they have completed in art.

Jan Estes applies the finishing touches to her penguin pitcher in studio art.



The eagle represents the Art League float for homecoming pep rally.



HISTORY IN THE MAKING

The Video Club and Art League are two clubs requiring talent and creativity of their members. The Video Club raises funds for the TV studio by selling football highlight, powder puff, National Honor Society, prom, and homecoming videos. They help create professional productions that capture the student life and events, and then tapes are sold to the student body and community. The students do all the shooting, editing, and advertising themselves. Mr. Jesse Shelton, the club sponsor, commented, "This club is for those students especially interested in video productions." Many students are involved in this club and benefit greatly by seeing exactly how videos are produced.

The Art League, sponsored by Mrs. Martin, is a club for students who are in the art classes and have been invited for membership. The Art League does community service and participates in community activities such as Count Pulaski Day. The Art League also raises money by having bake sales, selling candy bars, calendars, and suckers to raise money for a field trip to Washington, D.C. They also offer workshops and art scholarships for interested students. While in Washington, D.C., members of the Art League visited The National Gallery of Art, The National History Museum, The National Cathedral, and several of the national monuments including The Jefferson Memorial and The Vietnam Wall. Another big event for the Art League is the annual art show. In the show, students get to show off their pottery, charcoal, and pen and ink pieces to the student body, parents, and community.

Taking a look around our school, many will see that not only does the high school have intelligent people but many students that are productive.

Star Lester
Janna VanDyke

HEAD OF THE CLASS

The National Honor Society and the Senior Steering Committee work hard to represent their classes the best they can and make the best decisions for their future. "Getting inducted into the National Honor Society was an honor, and all of the hard work and late night studying finally paid off," Kirsten McKenzie stated after being inducted. McKenzie was not the only one who felt this way; all inductees felt proud and all agree that the past work did pay off. Loren Biggs said, "I think the best I have ever felt is when I saw how proud my dad was of me. It made me cry!"

The NHS inducted 58 juniors and seniors out of the hundreds from the school to carry out the many jobs that they do in the community. The National Honor Society inductees not only work to get in the NHS but have to work hard to stay there. Students must have a GPA of 3.5 or better, and they also have to be active in school activities and in the community. This year's projects for the National Honor Society have been made up of winter coat drives, visiting the elderly, volunteering at daily bread, and helping with Habitat for Humanity. The president of the National Honor Society this year was Vivian Ann Rash, Vice-President Charles Robinson, Secretary Jamie Thompson, and Treasurer Willie Simpkins; these four have lead the National Honor Society through a very successful year.

The organization behind it all is the Senior Steering Committee. The Senior Steering Committee makes crucial decisions for the benefit of the class. Some of these decisions are planning the graduation ceremony, deciding who will receive memorial scholarships and who the guest speaker will be. The Senior Steering Committee is also responsible for the senior t-shirt and motto. Being on the Senior Steering Committee is definitely a job that most would hesitate to take on. Senior Ashley Weddle stated, "Being a part of the Senior Steering Committee is work, but I like the feeling that I'm helping my fellow classmates." The work done by the Senior Steering Committee is appreciated by the whole student body and not only the senior class.

Ashlee Hamblin

Willie Simpkins lights his candle for the National Honor Society induction ceremony.





After being tapped by Crystal Akers, Beth Alley walks from her seat to the front of the gym to sign the NHS roll book.

Keith Asbury nervously signs his signature to the roll book after being tapped.



After being inducted into the NHS, Brad Dalton gives his mother a hug.

Brooke Copeland happily rises to head to the front after being tapped by Tabitha Chrisley.



GREAT MINDS, GREAT WORKS

The drama department, like most years, was very active this year. Pulling together strong up and coming talent under the watchful direction of Jeff McCoy, the drama department this year took to new heights. The year started by a mime show in the Radford town gala. From there it was a long hard road to the big one act competition. This year the troop attempted a poignant and dramatic holocaust play "Through our eyes." The brilliantly performed play faced a disappointing loss at Regional competition. The drama department turned their efforts toward the spring musical.

"The Wizard of Oz," was this years spring musical. Including a cast of more than forty and hundreds of man-hours of work, the musical promised to be one of the best. The performance was one of the best in history and a small taste of what will come from the matching of Jeff McCoy and the P.C.H.S. Players.

The Forensics team had a stellar year. The team had a greatly increased enrollment and worked hard all year to improve to the level of competition. Strong speakers, actors, and spellers made the team a force to be reckoned with. Continuing its tradition of strong forensics teams, Pulaski County High School walked away from the district forensics competition a second place sweepstakes winner. The annual Roanoke Valley District Forensics Competition had eleven students, under the coaching of Susan Ficke, in competition. Of the eleven students entered, nine placed in the top three ranks of their categories and advanced to the Regional Competition in Charlottesville. The highest number of students ever to go to regional competition for forensics, this year saw many of the students advance to the final round of regional competition for the first time ever.

These two groups are two of the many gifted and talented performers at the high school. They bring many emotions and much excitement to the much needed atmosphere.

Star Lester
Alexi Mosemar

"We're off to see the Wizard," sings the stars of the play, Matt Hancock, Ezra Ford, Chessie Jarrells, Karen Krug, Nathan Morehead, and Jennifer Ousley.





Cheryl Bowling takes a few minutes to make final adjustments to her reading for Forensics competition.

Willie Simpkins performs his piece for Forensic competitor in front of the club.



Giving one hundred percent, Chessie Jarrells sings "Somewhere Over the Rainbow," while Jennifer Ousley as Toto listens.



Eric Southern along with Chessie Jarrells and Jennifer Ousley look into the crystal ball.

Jake Blevins, Chessie Jarrells, Daniel Curry, and Josh Raynes come alive for their scene on the Kansas farm.



All together now, the performers from the one act "Through Our Eyes," give their final bow.

FOLLOWING HIS FOOTSTEPS

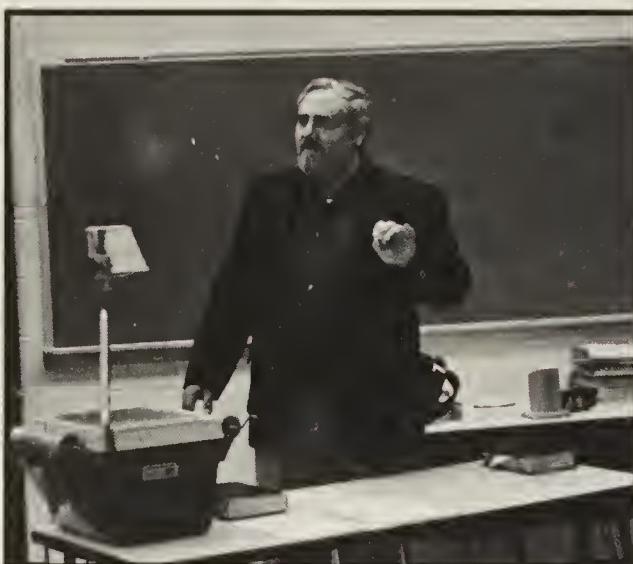
FCA and SFC enable members to help themselves as well as others in the community. Both clubs help many organizations and each group benefits from all activities they engage in. Fellowship of Christian Athletes, sponsored by Mr. Scott Frye, held many activities for all students in the student body and community members. The club made trips to local Head Start Centers for Christmas parties as well as having a can food drive for less fortunate families. The FCA has planned to sponsor a youth rally for the churches in the area. Mr. Frye said, "We are hoping to get more youth involved in community activities."

FCA president Rochelle Quesenberry said, "FCA made me feel really great. Seeing the smiles on the faces of the children at Head Start was very rewarding."

Students For Christ is an organization that students can join to have fellowship with others their age. Mr. Jones, the club advisor, led the club in meetings along with club president, Tim Ratcliff. The club meets on Mondays after school and share devotions and have prayer for those in need. The club is available for the whole student body and anyone can participate in the organization.

FCA and SFC allow all members to partake in fellowship with peers while also using their club to help the community and others in need.

Shirl Atkins
Mary Bishop



During an SFC meeting, guest speaker Cecil Albano, takes time to present to the club.

Mr. Jerry Jones, Mrs. Robin Basse, and Tim Ratcliff watch as the SFC meeting begins. Ratcliff said, "Being SFC president was very rewarding."





Michael Coleman and Brad Simpson give full eye attention during the FCA meeting.



Coach Scott Frye informs FCA member Shirl Atkins of the upcoming fund raisers. Atkins said, "Being an active member in FCA gives me a sense of achievement and brings out the best in me."



Miranda Wiley, Becca Conner, and Laura Linkous have a few good laughs as Graham Gravley adds a little spunk to the FCA meeting.

LEADING THE WAY

Future Business Leaders of America (FBLA) and Student Council Association (SCA) are two clubs that teach students to lead the high school to a better and organized school.

At the beginning of each school year, the high school holds an election for a student government. This year, the student body elected Doug Freeman for president; Georgie Hickam as vice president; Laura Linkous as secretary; and Andy Pratt as treasurer.

The SCA is involved with a lot of the activities that go on at the high school. The SCA sponsors the Homecoming Dance, various activities associated with Homecoming, the Miss PCHS pageant, and of course the morning announcements. Doug Freeman stated, "I love being a part of something that does so much for our school." The SCA is a hard working, determined, and devoted group of people.

The FBLA, sponsored by Ms. Blevins, is especially known for Project ASK, which is an organization that studies childhood cancers. The students raise money for Project ASK while competing for Snow King and Snow Queen. Although the Snow Dance was cancelled because of inclement weather, this year's winners were Ryan Brockmeyer, Snow King; Vivian Ann Rash, Snow Queen; Danny Hall and Becky Bishop, runners-up. The FBLA also competes in the New River Regional Spring Competition.

These students guide the high school to one of the best. Without their diligence and dedication, many activities would not be accomplished.

Star Lester



Ashlee Hamblin, Wendy Minnick, Mary Bishop, and Kirsten McKenzie, members of the yearbook class, stand for the pledge.



Doug Freeman, SCA president, along with the entire student body, says the Pledge of Allegiance to begin the school day.



Andy Pratt and Georgie Hickam get ready for the homecoming dance by selling the much wanted tickets.

Andy Pratt, Doug Freeman, and Laura Linkous discuss upcoming events of the school year.



LOOKING TO THE FUTURE

DECA and FHA are clubs that prepare students for living in the real world. These two clubs teach students marketing skills and ensure the high quality education that is needed for their career choice.

Distributive Education Clubs of America is an organization that students participate in while holding down a steady job and attending school at the same time. Mr. Gary McCoy, the advisor of DECA, helps the students maintain their jobs and discusses the roles that are needed to be filled in their certain job.

Future Homemakers of America enhances the student's motivation for improving themselves as well as helping their community. Many responsibilities are learned from this club. All students participate in activities that not only promote themselves but others, too.

Wendy Minnick said, "I really enjoy participating in FHA. It is a great experience and I learned how to take on responsibilities."

Through the participation in DECA and FHA, all students were able to broaden their career choices and gain a better view of their future desire.

Mary Bishop



After a long day's work, the members of DECA get settled to eat dinner during their trip.



Zach McCoy, Lori Hager, Tammy Duncan, and Lori Roop represent the DECA club as they prepare for a conference.



Melissa Hudson and Sherry McGlothlin show their DECA spirit during the club meeting



Members of FHA make a list of activities as they prepare for the next meeting.



Several participants from our school received awards at the annual DECA competition.



Tangie Mabry and Jessica Cobbs prepare themselves for the FHA meeting on club day. Cobbs said, "FHA is a club that really taught me how to be a leader."

BACK TO NATURE

Exreme Mountain Sports Club is one of the most active clubs in the school. The sponsor, Dave Carroll, takes students climbing, hiking, camping, skiing, and lots more. Trips range from after school climbing at McCoy to a weekend getaway for skiing at Timberline.

The new addition of the climbing wall to the Fitness Center has provided club members with practice before actually scaling a real mountain. Mr. Carroll can teach techniques and assess students' abilities much easier than before.

Ski trips are very popular with the students. Graham Fizer said, "I think that the ski trips were the best part of the year. It gave us a chance to get away and have fun for a whole weekend. I also got a chance to improve my skills on the black diamonds of Timberline."

The club has grown in recent years. It encourages the students to be active and have fun doing it. The club meetings are crowded and the trips are limited but in the end everyone gets a chance to go back to nature.

Lora Coltran
Sarah Dry



Brooke Copeland, Georgie Hickam, Ashley Hutchens, and Katie Webb relax in their condo after a hard day of skiing.

Ashley Hutchens successfully zig-zags her way to the bottom of the slope. Hutchens stated, "The view is so beautiful I hardly want to complete the run."





Chelsey Smythers tries out the climbing wall at the Fitness Center. "It's harder than most people think."

On the top of the world. Ashley Hutchens, Katie Webb, and Georgie Hickam prepare for the plunge down Timberline.



HIGH HOPES

Being a member of the African American History Club (AAHC) and Health Occupation Students of America (HOSA) requires that a student be willing and devoted. These clubs contain a number of students who have a lot in common. They have the desire to be giving and enjoy the feeling of unity.

The African American History Club has participated in a variety of activities. They have gone on various field trips such as Radford University which has brought the members closer together. Dorian Hendricks said, "I participate in this club because it helps me learn more about my culture and heritage."

HOSA has also worked very hard. Not only do they work in class, but the members show their continuous efforts by taking blood pressures at New River Community College. By doing these types of activities, the students gain a wide knowledge of the health field which will help them in years to come. "I hope to return next year and enhance my skills. I hope to learn just as much as I did this year," said Crystal Montgomery.

Kirsten McKenzie



Members of AAHC take time to catch up before their meeting.

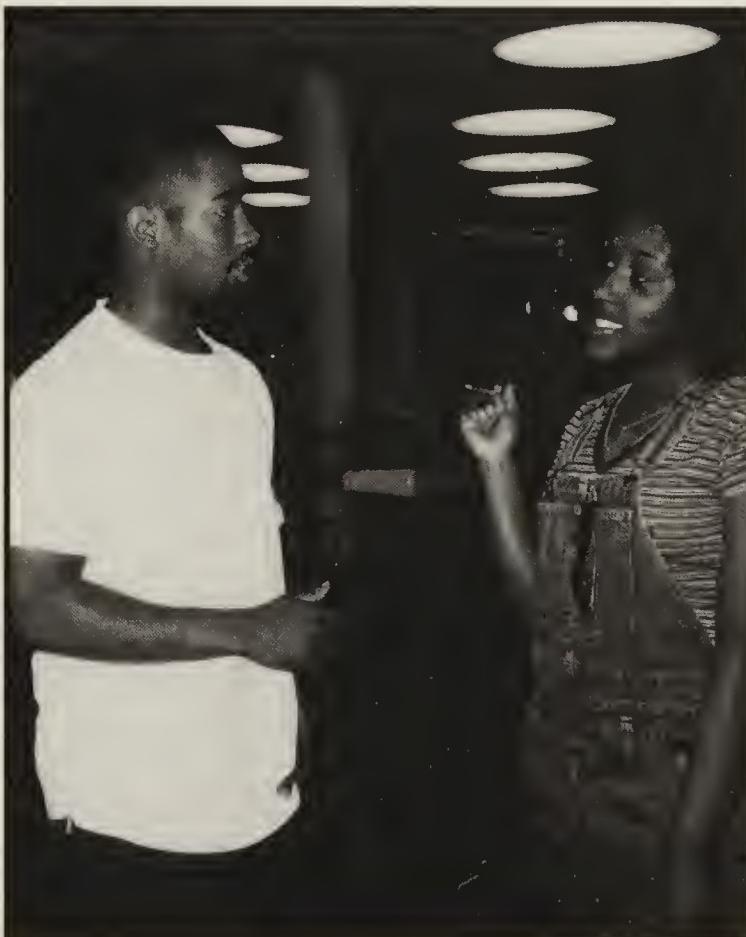
Rachel Richmond practices CPR on an infant dummy. Richmond said, "I'm glad I'm in HOSA. It allows me to improve my skills and use them in the future."





Enjoying a break are Kathy Olinger and Hope Cummings.

Kristi Lineberry performs CPR on a dummy during health occupations class.



Attilah Mitchell and Dereck Hunter prepare for the AAHC meeting.



Members of AAHC patiently wait for the meeting to begin with their guest speaker.

BUILDING AMERICA

Of the many clubs, VICA and FFA are two national organizations that are among the most popular. FFA, which did stand for Future Farmers of America, is now recognized as FFA because it covers a much broader area than just production agriculture. "FFA has really expanded its basis," commented Mr. Polson, FFA sponsor.

FFA teaches leadership skills through competitive events like livestock judging, tractor driving contests, forestry, speech contests, and farming. Tish Cowan commented, "FFA is really fun, because we do a lot of judging and other fun contests." VICA or Vocational Industrial Clubs of America covers many vocational classes such as, drafting, autobody, auto mechanics, cosmetology, and electricity. VICA, like FFA also teaches leadership through competitive events in each vocational class. Contests are held in each vocational area, students are usually given a problem to solve which tests their newly learned skills and deals with their trade.

Both VICA and FFA hold contests at a national level, after competing at state and local levels. "This really allows a student to develop and receive recognition for his or her skills," said Mr. Polson. With the strong support and enthusiasm that the students have shown for these clubs, they'll be here for many future students to enjoy.

Ray Kirby
Chris Yonce

Students in natural resources search for small water creatures in a nearby creek.



Ashley Irby poses with model Angie Miller. Irby won second place in hairstyling at District Seven Competition.





Chris Seagle won first in the district for collision repair. Seagle also represented the district in state competition.



In collision repair, Jonathan Cox won second place in district competition.

MAKING A MOVE

Kevin Liu knows his opponent has no more moves to make, he slips his queen in front of his opponent's king and says "Checkmate". This is one of the games that "challenges" the mind, this is Chess. This year's Chess team members are Kevin Liu, Mark Vaughn, King Chan, and Seth Davis. They have had some very important victories this season, their hardest match was nationals though, held this year in Somerset, New Jersey. Mr. Fran Shelton, Chess Sponsor, said that "The team always enjoys going to nationals, because they get out of school and get to travel and sight-see.". The chess team placed second in the state and thirty-fifth in the nation for 1996, and Mr. Shelton has high expectations for next year..."Hopefully we will do even better!"

Chris Yonce

King Chan receives his trophy for placing third individually in the state chess tournament.



King Chan and Chris Sumner proudly receive the second place team trophy in the State Scholastic Chess Tournament.





A bird's eye view of the
National Chess
Tournament at
Somerset, New Jersey.



Kevin Liu and Roger
Asbury practice for the
tournament.

Standing Ovation



From Dusk til Dawn

When the dew was beginning to lift, and most were turning their backs to the sun, the sounds of cheers and pep rang out through Kenneth Dobson Stadium. The Varsity Football Cheerleaders, their mascot Crystal Raymond, and coach Angie Huff had begun their summer practices, every morning from 9:00-11:00.

The squad practiced long and hard trying to coordinate all 20 members of the group. Farrah Crane said, "At first I was a little hesitant about having 20 members on the squad, but after we practiced and attended camp, it was like nothing had changed."

After preparing for weeks the squad went to Virginia Tech Cheer Camp, where temperatures reached 100 degrees and from 'Dusk til Dawn' they practiced, competed, and won. They rose at 7:00 in the morning and after all the others had gone back to their rooms, P.C. Cheerleaders stayed after for pointers. The girls won the camp spirit stick, were chosen the Best All-Around squad that attended, then returned home to begin their season.

But cheering and practicing are only the obvious activities involved in being a cheerleader, as this group of girls demonstrated. Vivian Ann Rash, Sherry Burroughs, and Kelly Goad, this year's co-captains, were supportive of their team, not only on the track, but off as well. They encouraged the squad to talk to the players and wish them good luck whenever they saw them at school. Varsity cheerleaders also baked cookies, bought candy, and during the summer each girl completed her own set of locker stickers to hand out in the locker room.

Through their many ups and downs this year's Varsity Football Cheerleaders will remember the pigtails at camp, dancing in the rain, and feeling chill bumps cover their bodies as they listened to Crystal Raymond sing The National Anthem before every game.

Ashlee Hamblin
Wren Lanier



They've got rhythm! Autumn Alexander, Georgie Hickam, Lee Ann Pruitt, and Farrah Crane get down at the Homecoming Pep Rally.

Let's go Cougars! Georgie Hickam gets the fans involved in a chant during a time out.



Whether they are cheering at a pep rally or posing for a picture, the cheerleaders always show their Cougar spirit.



Almost there! Nicole Smith, Christel Akers, and Ashley Weddle prepare for a stunt during a pep rally.



All smiles and maybe just a little food. Nicole Smith, Crystal Raymond, Andriette Vaughn, and Lauren Huff are all smiles while Ashley Weddle shows us she can share.



The cheerleaders pose with their trophy from Virginia Tech Cheer Camp.



Best- All Around! The cheerleaders show their enthusiasm after being selected best-all around at Virginia Tech Cheerleading Camp.



Think Fast. Quarterback Ronald Branch looks for an open man in the Franklin County game.



A Friday night tradition. The team crowds around the Cougar flag for good luck.

Let's rock! Michael Coleman pulls down his Franklin County opponent.



Scoreboard

Varsity Football

8-4

Opponent	PCHS
Anacostia	20-21
E.C. Glass	35-3
Science Hill	27-24
Heritage	6-23
Franklin County	16-41
Salem	13-16
William Fleming	14-27
Petersburg	8-44
Patrick Henry	26-21
Cave Spring	7-49
Heritage	0-31
E.C. Glass	28-24

Good enough to go pro. Shayne Graham, number one in the nation, kicks one of his many field goals.

Scouting the talent. Varsity football players Derrick Hunter, Craig Hodge, Tywan Brown, J.R. Brown, and Jamar McNair check out the rookies at a J.V. football game.



Still On Top

With dedication and hard work, the Rock Crushers led the way to another winning season. Although the team lost many starters, they still pulled together to capture the RVD title. Michael Coleman said, "Winning the RVD was a priority of the whole team this year."

The overwhelming talent of the team proved to be a strong point of their success. The leadership of Russell Shockley, the knowledge of Brook Eley, the dedication of Phillip Hurst, the spirit of Mike Edwards, and the competitive spirit of David Chrisley helped the team perform as one. The defensive abilities of Kevin Phillips and Andy Berkley, the powerhouses Jay James and Matt Hull, the tackling ability of Roland Donithan, Josh Jakupczyk, and Brett Chrisley, and the points scored by Page Hill helped the Cougars approach victory. The strong leg of Shayne Graham and the great hands of Caleb Hurd decided the outcome of many games. The speed of Jawan Clark and Derrick Hunter, along with the snaps of Brian Queen, pushed the team closer to success. The great punt receptions of Jamar McNair, the 60-yard touchdown completion of Tywan Brown, and David Conner's first and last touchdown of the regular season carried the team to the RVD title. The Northwest Regional Championship game against E.C. Glass was for many their last football game, and for all, their last time playing together as a team.

In the long run, the hard practices and dedication of the players paid off with another winning season. Bryan Dalton said, "The support of the coaches and fans motivated the team to excel to our highest potential."

Shirl Atkins
Keli Buckner
Farrah Crane
Mandy McCoy



Michael Coleman said,
"Walking down the steps
helps us to prepare both
mentally and physically for
the task set before us."

After being crowned
Homecoming King,
Russell Shockley tries to
focus on the game.
Russell said, "I was proud
that I won Homecoming
King, but I knew that I
must fulfill my duties on
the field also."



The man with the plan.
Coach Hicks decides the
next play of the Home-
coming game.

Ronald Branch listens as
Coach Hicks and Coach
Landreth tell him the next
play of the game.





15...10...5: Nick Yates is already signaling touchdown as tailback Michael Davidson sprints for six points against Greenbrier East.

Bootleg: Quarterback Robbie Hamblin tucks the ball away as he picks up yardage on this reverse play.



"Smooth Sailing!" Z-Back Scotty Goad is running all alone for a score on the famous Cougar Criss-cross play.



Our Time Is Coming

Hard working and determined are adjectives that describe the junior varsity football team. This team was a stepping stone for athletes on their way to the varsity squad. Here the players learned how to work as a team and how to polish their techniques. This year's junior varsity team was one to be reckoned with, both on and off the field. The team completed an almost flawless season with defeats over teams such as William Fleming and Patrick Henry, both strong teams. The squad finished the season with an 8-2 record, earning them an RVD co-championship.

Talented receivers such as Randy Queen and Nick Yates helped lead their team to an impressive year. On the defensive side of the ball Brian Clymer, Johnathan Graham, and Jamie Rupe used their tackling prowess to stop their opponents. Michael Davidson's speed was also a valuable asset for the Cougars.

The team is coached by Perry Reese and the members attributed their success to his leadership. "He really worked us hard, some days I thought I was just gonna fall over," said Aaron Brooks. Others agreed that though their practices were tough, the rewards from their work were plentiful. Scotty Goad said, "We all just stuck together and played as a team. That's what made us feel good."

Wendy Minnick



Pulaski County Football Team: Front Row: Buck Blevins manager, Russell Shockley, Ronald Branch, Tywan Brown, J.R. Brown, Derrick Hunter, Jamar McNair, Jabbar Patterson, Eddie Carter, Bryan Meyers, Ben Webb manager. Second Row: Roger Adams manager, John Brown, Caleb Hurd, Issac Taylor, Shayne Graham, Travis Roberts, Craig Hodge, Ryan Brockmeyer, David Fields, Robbie Hamblin, Zach Linkous, David Conner, Matt Thomas manager. Third Row: Nick Yates, Josh Hurst, Jamie Bagby, Antwain Booth, Randy Queen, Travis Cressell, Eric Woody, J.R. Osborne, Nat Olinger, Billy Beverly, Michael Davidson, Scott McDonald, Wes Brickey. Fourth Row: Phillip Hurst, Brad Simpson, Scotty Goad, Page Hill, Eric Smith, Dane Acton, Josh Gallimore, Brett Chrisley, Andy Berkley, Brian Clymer, Kevin Phillips, Robbie Kiser, Chad Moles. Fifth Row: Chad Sizemore, Nick Morris, Steven Perkins, Eric Baker, Josh Jakupczyk, Jay James, Bryan Dalton, Michael Coleman, Matt Cromer, Todd Coe, Emmet Jessee, Jamie Rupe, Aaron Brooks. Sixth Row: Brian Queen, Curtis Richardson, Johnathan Gilbert, David Chrisley, Brook Eley, Jonathan Graham, Roland Donithan, Bucky Seagle, Jerome Thomas, Markie Trivett, Mark Lineberry, J.L. McKinney, Andy Kennedy, Chris Dunnagan, Matt Hull. Seventh Row: head coach Joel Hicks, coach Rodney Landreth, coach Ken Dobson, coach Fred Akers, coach Clark Reece, Jerry Martin, Michael Edwards, Brody Lindamood, coach Perry Reese, coach Mickey Hickman, coach Dave Bell, and coach Tommy Hale.

Staying Busy. Travis Roberts and the Cougar kick-off team saw plenty of action this season as the J.V. Football team outscored their opponents by a 252-99 count.



OUTSTANDING ROOKIES

School started early for the freshman football players. They took two weeks before school started to practice and get ready for their season. For these upcoming freshmen it was hard to adjust to the level of this Cougar team. It took a great deal of determination for them to play. In the past, it has been known that the two teams, Dublin and Pulaski, had well-fought games between them.

After talking to some of the players, it seemed they were all ready for the season, Kwasi Scott said, "I really enjoy playing the game and playing up to my capability." Another player, Troy Minter added, "This will be a real experience for me, and it will get me ready to play varsity in a couple years."

They stepped up to the challenge of high school level as they went an impressive eight and zero. Kwasi Scott was a big part of the freshman team along with other players, and is sure to help the varsity team in the future. What the freshmen lacked in experience, they made up for with determination and effort.

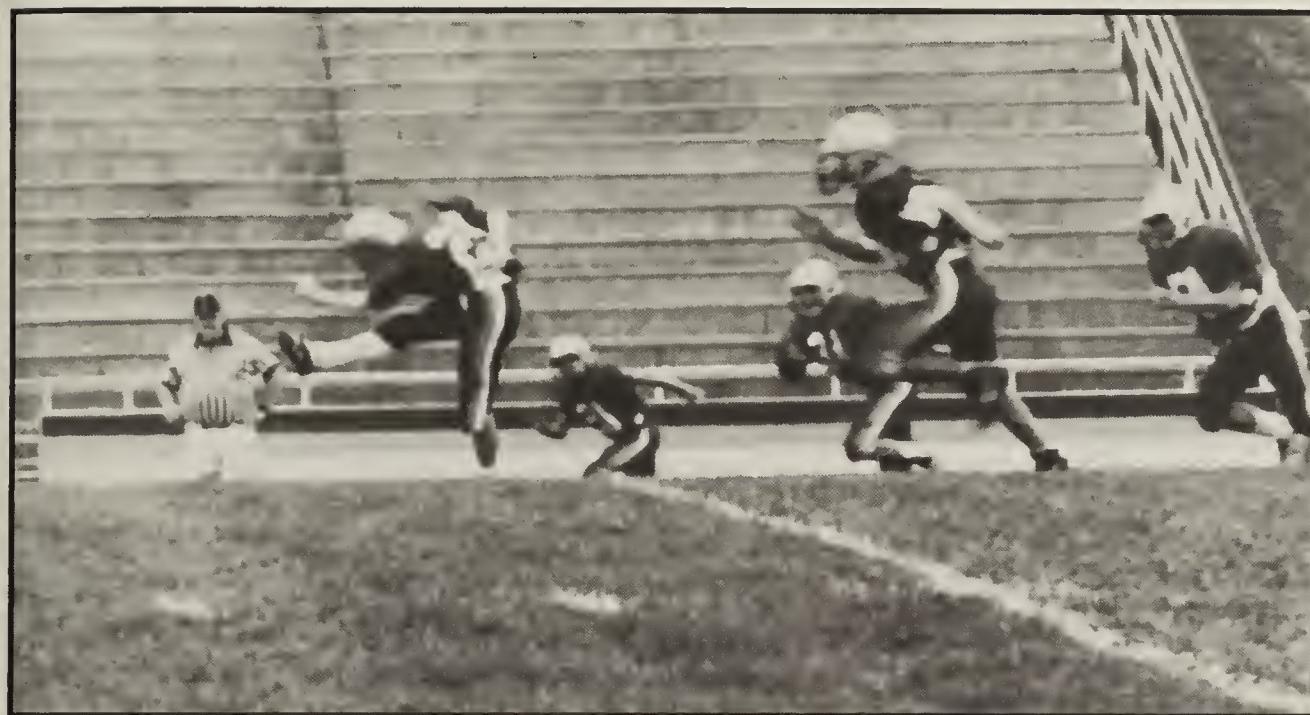
Stephen Owen
Stacie Turpin



Freshman Football Team: First Row: Anthony Moye, Cameron Ashworth, Darrin McKittrick, Dominic Brown, Kwasi Scott, Dorian Hendricks, Troy Minter, Jason Dean, Josiah Clark, Bobby Peaslee, Stephen Harless, Brandon Stone, Dean Burton. Second Row: Willie Hale, Chris Suttle, Hank Rogers, Justin McGuire, Anthony Flinchum, Ben King, Jerry Duncan, Kevin Long, Shay McMillan, Brandon Miller, Eric Byrd, David Robinson, Little Moye. Third Row: Justin Moore, Brian Hollins, Mike Epperley, John Edmonds, Barry Akers, Travis Gallimore, Phillip Rupperecht, Josh Stoker, Lee Cook, Brad Radcliffe, Brandon Meredith, Howard Martin. Fourth Row: Coach Vest, Coach Smith, Roger Pennington, Jeremy Cox, Titon Hall, Justin Akers, Charles Hall, Logan O'Dell, Randy Grubb, Coach Ratcliffe, Coach Berry.

"I've got it!" Kwasi Scott yells as the ball comes soaring into his hands. "When the ball is coming at you that hard, you have to concentrate on making the catch," said Scott.





Boom! Barry Akers kicks the ball high into the air. "I really enjoy playing the game, it makes you feel better about yourself," said Barry.



Grab him! Brandon Miller and C.J. Bullion chase their man. "Trying to make the tackle can be hard sometimes because you don't always know where the guy is going. If you don't make your tackle, then you haven't done your job," said Miller.

Ouch! Anthony Flinchum comes in trying to see if he can help his teammates with making the tackle. "Coming over to help a tackle is all part of the game," Flinchum said.



Here's To Cheers

Two dedicated cheerleading squads supported the strong junior varsity and freshman football teams this year. Both squads showed their spirit by making banners and participating in pep rallies. Bekkah Warburton said, "I love pep rallies because they give me a chance to show my school spirit." "My favorite part of being a cheerleader is being on the track pumping up the crowd," stated Sara Holt.

Cheering, however, was not all fun and games. The work and practices required much effort and participation. The girls spent many hours perfecting their every move. The two squads practiced every day after school and attended an ECA Cheerleading Camp during the past summer. Katie Neely said, "People don't realize the work that we put into cheering. They think that it comes natural," Cassie Morse said, "Without much experience, at first everyone was worried about the cooperation of such a large squad." With that said, they proved through much determination that they could overcome any obstacle they faced.

Above all, the girls agreed that the best part of cheering was the friendships that are made. "Cheering has provided me with new friends and many great memories," said Tiffany White.

Becca Conner
Farrah Cran
Lauren Huf
Laura Linkous

Check Us Out! The freshman squad strut their stuff at the Homecoming pep rally. "It was awesome to perform in front of the entire school," stated Kristi Hodges.

Give it your all and go! The J.V. squad shows their spirit at games as well as pep rallies.



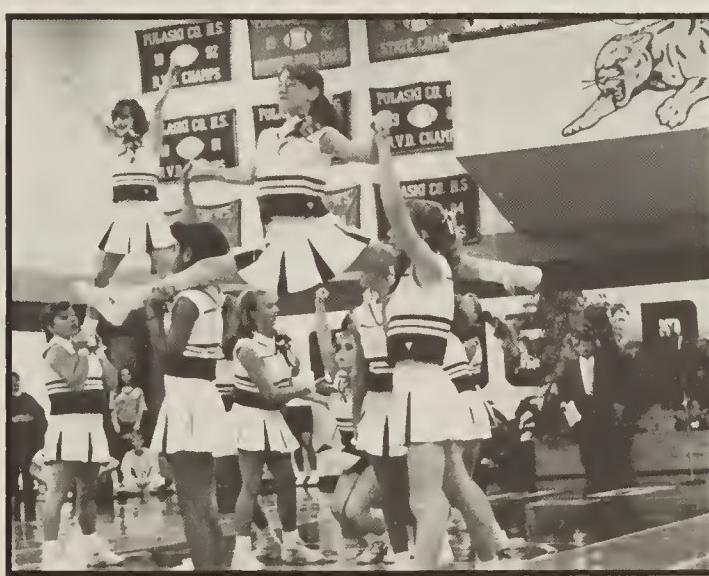
Practice! Practice!
Captain Suzanne Akers,
practices hard to make all
of her motions perfect.

Jami Edwards, Tanya
Keagle and Kim Abel
build a formation with
Tiffany White at the
Homecoming pep rally.



The J.V. cheerleaders finished off a cheer with an exciting formation as the students yelled.

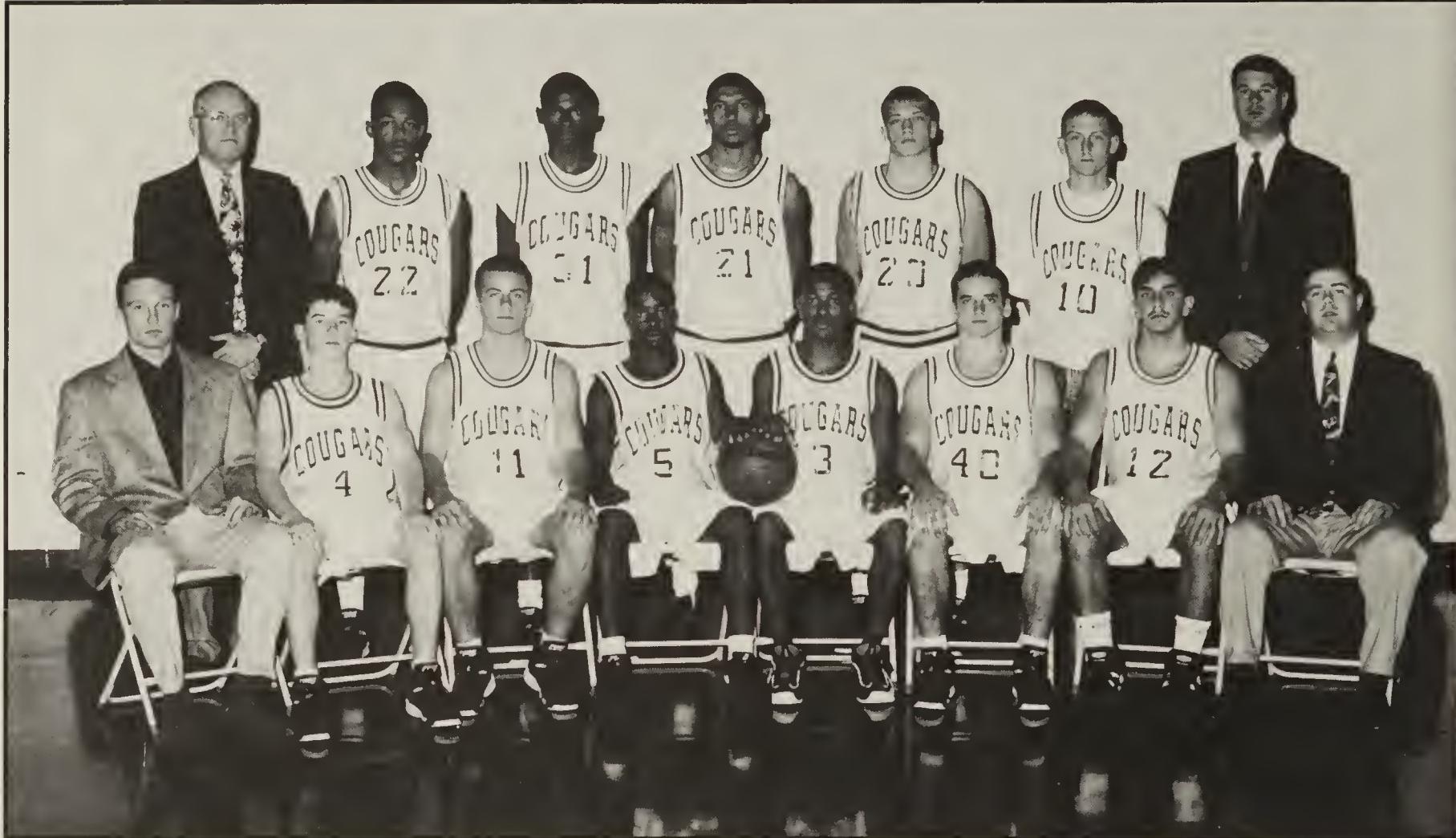
Ready! The freshmen prepare for a cheer. Kellie Wheeling said, "You have to be alert at all times."



The J.V. squad show their spirit. Amber Bratton said, "I love it when I'm able to lead my class in the Spirit Stick contest."

Come On, Cougars! The freshmen girls work hard to boost the crowd's spirit by using stunts.

"We're P-C-H..." LeAnne Gravley exclaimed, "I love being a flyer; it's so much fun."



Front row: Coach Dunford, Justin Peak, Brad Dalton, Derrick Hunter, Jamar McNair, Brett Chrisley, Stephen Owen, Coach Brown. Back Row: Coach Burns, Jabbar Patterson, Dorian Hendricks, Ronald Branch, Mark Lineberry, Brad Henley, Coach Wiseman.

Derrick Hunter successfully completes a lay up for two points against Blacksburg.



Jerome Thomas attempts a basket from under the goal with opposition in his face. Thomas said, "The competition was tough."

Above the Rest

The Varsity Boys' Basketball team persevered this year to become a strong and dependable group of players. The Cougars finished fourth in the RVD tournament and diligently worked to accomplish their personal and team goals. With the help of six seniors, the disciplined direction of Coach Pat Burns, and the desire to succeed, the team fought for their victories.

Jamar McNair said, "I enjoyed playing this year. It enabled me to strengthen my basketball abilities and I hope that I will be able to use them in the future."

Although winning was their main goal, their setbacks helped to build the team's determination and dedication. They spent many long hours practicing to improve their game and their cooperation as a group. It took a lot of character to make it through this tough season, but the team surely showed their devotion.

"I really enjoy playing the game. I have always loved to play and it was a lot of fun. Despite my injuries, I still supported my team and wanted them to win," said senior Stephen Owens.

The team's record does not reflect their talent. The season is one that has allowed for many new experiences and memories for the members to carry with them into the future.

Shirl Atkins
Kirsten McKenzie



Ronald Branch takes the ball strong to the hoop. Branch said, "We really needed the points."

Get it together team. Coach Pat Burns motivates the team with a pep talk. Brad Henley said of Coach Burns, "Coach always had a positive attitude no matter what."

Going All the Way

State, here we come. The Varsity Girls' Basketball team did exactly that. Winning the regular season in the RVD and accomplishing a goal never achieved by the Lady Cougars before, the girls were able to prove to everyone what they're made of by winning the RVD tournament and advancing to State.

With a new coach, Buddy Fariss, the girls didn't have many problems adjusting. Coach Fariss provided them with exceptional coaching that helped lead them to the State level. His hard work led him to the title of AAA Coach of the Year. But the real work was provided by the girls themselves. Freshman Trina Williams efforts led her to the Second All-State Team.

"We worked really hard this season and it definitely paid off in the end," said junior Mandy Sexton, who really showed her team spirit this season.

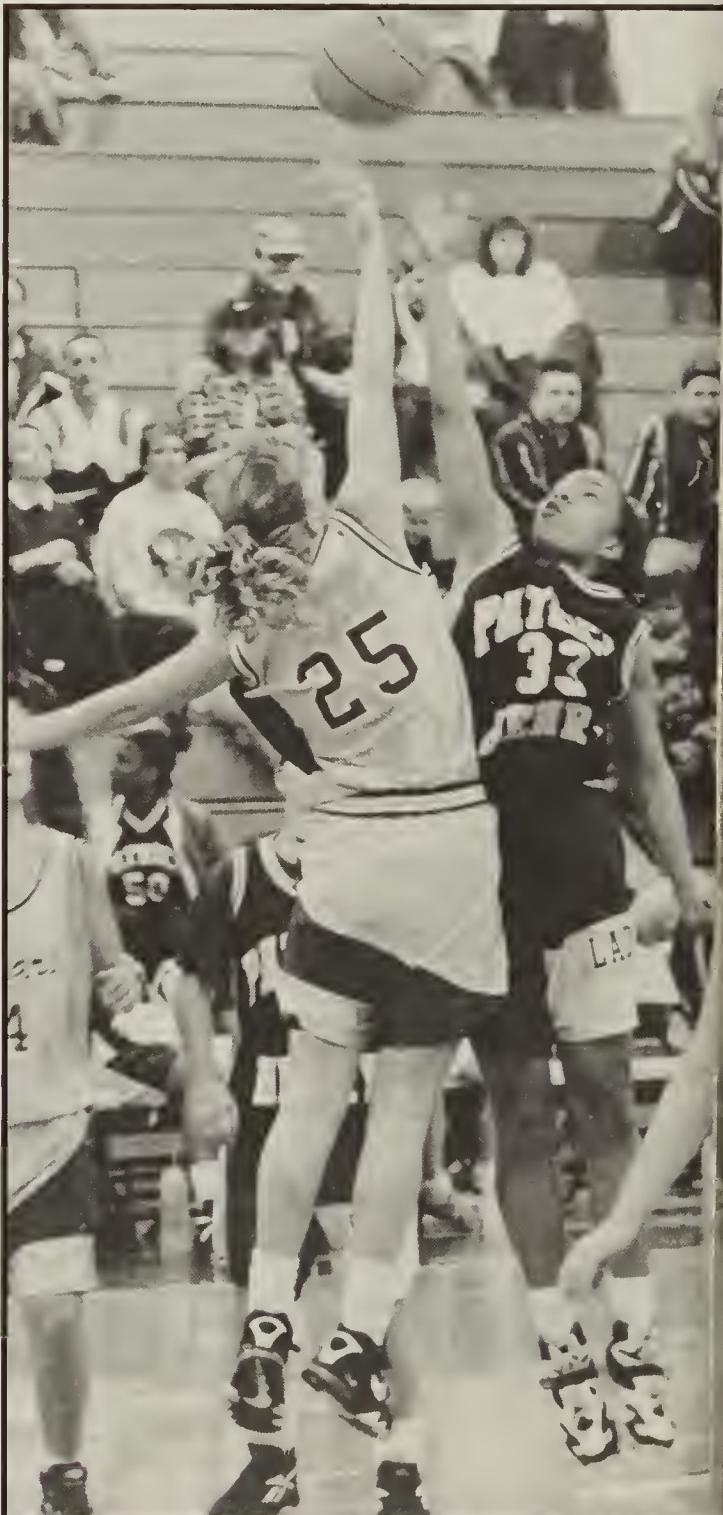
Practice and dedication led the Lady Cougars to a winning season. Victories pushed the girls to work even harder, and losses made them stronger. One of the major advantages the girls will have next year is the same returning team. The Lady Cougars will lose no players and will remain very experienced. They hope to have a successful season next year and in the future.

Mary Bisho
Kirsten McKenz

Robyn Bower outjumps her opponent at the tipoff of the game to gain possession of the ball.

Take it to the hoop.
Katrina Williams has her goal fixed on scoring two points for the Lady Cougars.

Sharmon Underwood looks to pass the ball to her teammate at E.C. Glass. The Lady Cougars defeated the Hilltoppers and advanced in the Regional Tournament.





The Cougars celebrate after defeating Cave Spring for their first R.V.D. Tournament Championship. Robyn Bower said, "Winning was the R.V.D. was a thrill."

Missy Shirah squares up for the jumpshot against E.C. Glass.



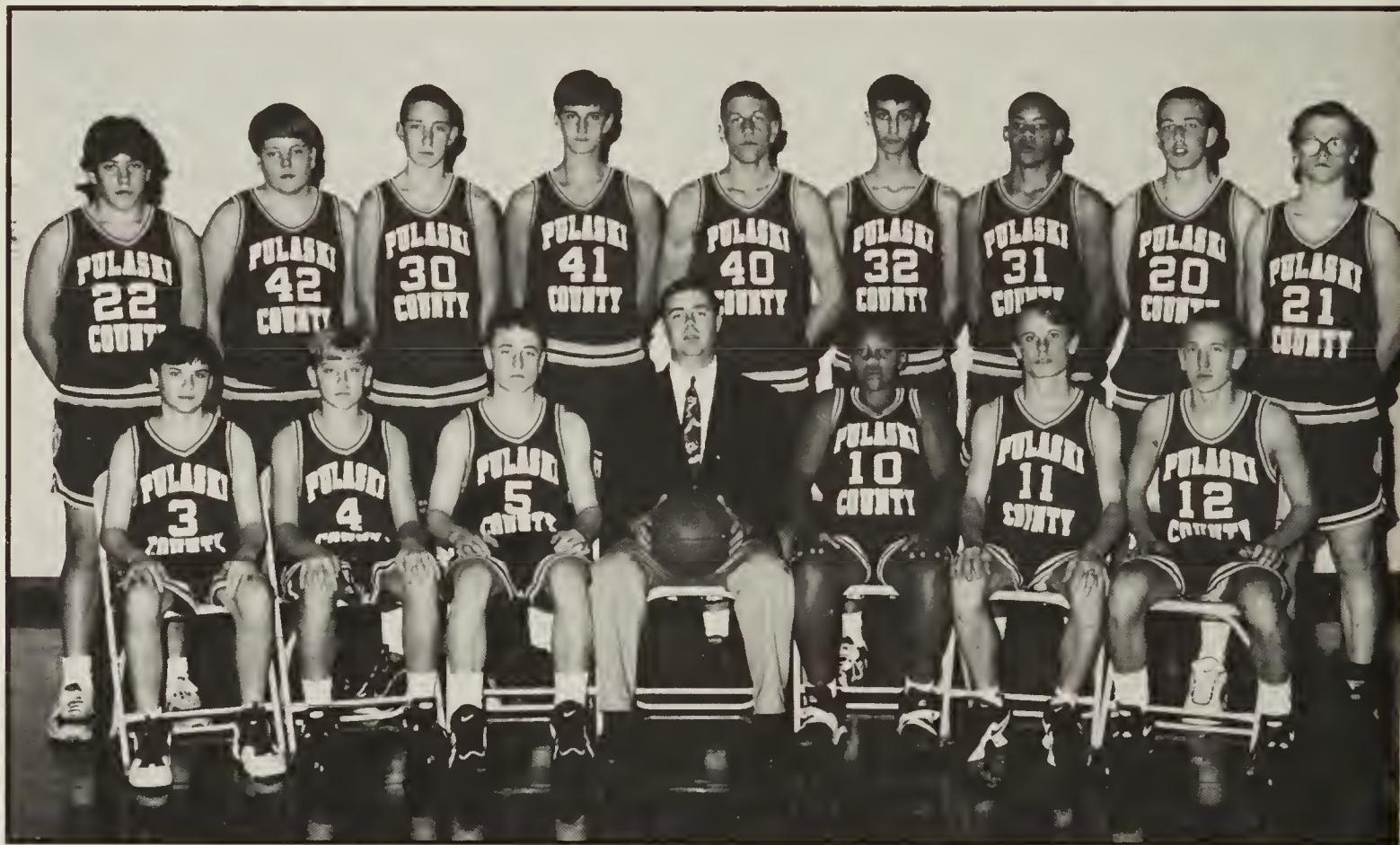
Front row: Lisa Skeens, Katrina Williams, Coach Sarah Wagner, Coach Buddy Fariss, Coach Scotty Scott, Jaimee Williams, Lea Hallstead. Back row: Manager Breanna Burrus, Sharmon Underwood, Missy Shirah, Mary Bishop, Sarah Donald, Jessica Cobbs, Mandy Sexton, Robyn Bower, Toni Wright.

Great Expectations

The heart and desire were there, but the size and experience were not. They played with confidence and courage to improve. The players worked together with determination to achieve. Their morale never faltered even though their scores may have. Coaches Dunford and Brown led the Cougars through opposition and conflict. The young team pulled together despite their inexperience.

Practices were anything but easy. They worked long hours to have a winning season; however, their records really didn't indicate their devotion. The spirit of competition led the rebuilding process. Danny McKittrick commented, "I will never forget our season." The players were left with fond memories. Through the tough season, both teams grew together and had fun in the process. Their efforts will be evident in the coming years.

Lora Coltrane
Sarah Drye
Wren Lanier



Freshmen Basketball Team:
Front Row: Brandon Smith, Jack Forrest, Willie Hale, Coach Brown, Justin Moore, Ben King, and Darrin McKittrick Second Row: Eric Quesenberry, Aaron Viet, Aaron Hamblin, John Woodson, Josiah Clark, Daniel McGlothlin, Randy Grubb, Jabe Largen, and Roy Bowden.

Determined to score, Jason Dean goes up for the shot, not allowing the Patrcik Henry Patriots to interfere.

At the end of the first period, Daniel Hall feels the pressure at the foul line.



Junior Varsity Basketball Team: Front Row: Danny McKittrick, Roger Adams, Jason Dean, Coach Dunford, Chris Wright, Danny Farris, and Kwasi Scott. Second Row: Justin Haynes, Jerome Thomas, Ben Tiller, Brandon Hugget, Daniel Hall, and Drew Viers.



During a time out, the JV team gets some inspiring advice from Coach Dunford.



Ben Tiller goes up for and gets the tip-off for the Cougars.



Justin Hayne prepares to pass to his teammate over the Colonel defense.



Front Row: Coach Sarah Wagner, Amber Bratton, Whitney Childress, Melissa Blevins, Lee Williams, Amber Waller, and Coach Scotty Scott **Second Row:** Manager Amanda Hallstead, Jessica Armbrister, Kristen Adkins, Amber Hanks, Iscah Johnson, Kari Ratcliff, Traci Stowers, and Manager Tangy Mabry



Two heads are better than one. Co-captains Amber Bratton and Whitney Childress get excited before the big game.

Nothing but net. Amber Hanks sinks another basket for two more.



Giving it Their Best Shot

With a lot of hard work, determination, and talent, the J.V. Lady Cougars achieved many of their desired goals for this season. Practicing everyday, the team prepared for one of their best seasons. With the sense of direction from Coach Scotty Scott and Assistant Coach Sarah Wagner, the team only sacrificed three games to their opponents. Coach Scott said, "This year's team had a lot of heart. I've enjoyed coaching the girls and I am sure each one of them will succeed in their future basketball careers."

The team worked together and formed close friendships that inspired their teammates on to many wins. Sophomore co-captains Amber Bratton and Whitney Childress, led the Ladies' record to 11-3. Bratton remembers, "I love basketball not only for the game, but also the feeling of being on a team. I really enjoyed his season, because it taught me dedication and leadership."

The team was made up of only four sophomores with the remainder of the team being freshmen. Although they were young, their quick offense, strong defense, and cunning plays, captured the fan's support. Childress recalls, "When it came down to the wire, the team really pulled together to make it happen."

Rebekkah Warburton

Coach Scott discusses strategy with the team during a time-out.



Is it going in? Amber Waller waits to see if her free throw is going to score.



Gold Squad: First Row: Kristen Beeler, Captain Jamie Thompson, Beth Garland, Second Row: Kara Wooley, Mary McNeil, Tish Whited, Third Row: Tracy Lambert, Bekkah Warburton, April Childress, Linda Taylor

"Ready!?!?" Captain Loren Biggs and other members of the Cardinal Squad start a cheer to inspire the crowd with spirit before the second half.



Cardinal Squad Front Row: Captain Loren Biggs, Amanda Woods, Tiffany White Second Row: Samantha Deguise, Shirl Atkins, Cougar mascot Randi Campbell, Elizabeth Sadler, Renee Ridout Third Row: Kristen Lilly, Tanya Keagle, Jami Edwards

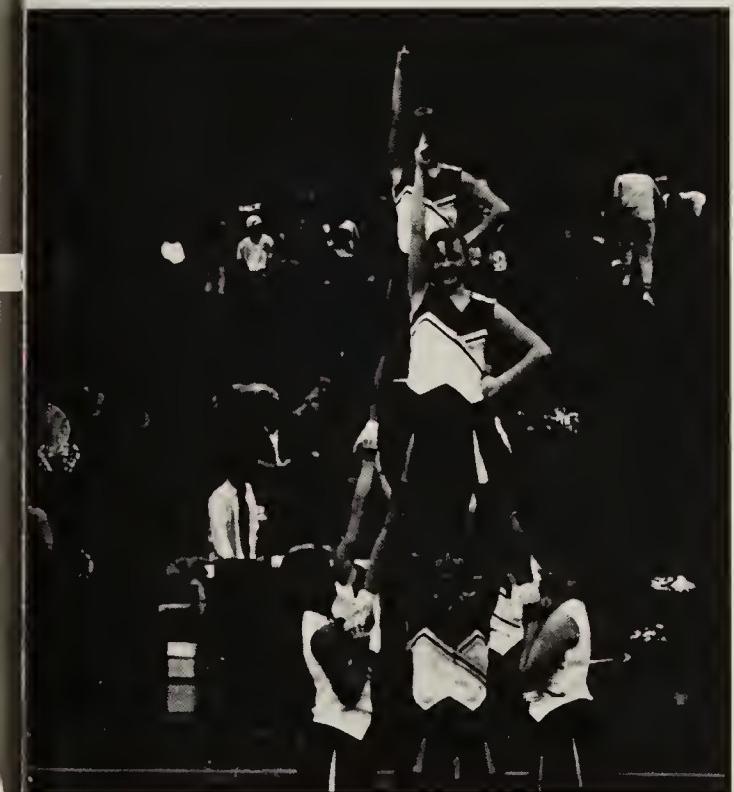


Taking Turns

Varsity Basketball Cheerleaders experienced a season like no other in the past. Two changes occurred with the squads this past season. Try-outs were held in November instead of the previous spring which prevented the girls from going to camp. They were known as the Cardinal and Gold squad and alternated cheering for both the Boys' and Girls' Basketball Team. These changes presented a few obstacles like preparing for the season and the confusion of the schedule, but as Amanda Woods said, "It takes dedication!"

Behind every good athlete is a peppy cheerleader. The Cardinal and Gold cheerleaders were full of spirit and definitely part of the teams' victories. They, also, played a major role in boosting the crowd's enthusiasm. When the season came to a close, the cheerleaders received a letter or a bar for their efforts, and the joy and excitement of all their memories of the "Cougar Pride!"

Shirl Atkins
Georgie Hickam
Kirsten McKenzie



Stunts can be dangerous! Amanda Woods and Tiffany White fly high with bases Shirl Atkins, Loren Biggs, Tanya Keagle, and Jami Edwards. Renee Ridout and Kristen Lilly spot from behind to save the day.

The Gold squad prepares for a picture.



Rising to the top. Beth Garland, held by April Childress and Bekkah Warburton, cheer the girls varsity basketball team on to victory.

Tiffany White, Bekkah Warburton, and Amanda Woods represent the two varsity basketball squads.

Rochelle Quesenberry sets the ball during a home match against Cave Spring High School. "Being a setter is like being a quarterback, you are responsible for setting up the play," said Quesenberry.



Taking a flying leap into the air, Mandy Sexton slams the ball down on her opponents.



Can You Take It?

Three hours a day. Five days a week. Four months a year. Guaranteed to make you sweat, burn calories, and build everlasting friendships. "Some of the best friends you will ever make will be in playing a team sport," said digger Sherry McGlothlin. "When I get married, I want you all to be my bridesmaids," smiled Becky Bishop.

As a team, the Varsity girls attended Bob Bertucci's summer camp to improve their techniques. Kristi Lineberry said, "After attending his camp for two years, you can really see the changes in your playing and confidence." In early August, they hit the season hard with weekly workouts in the fitness center and scrimmages after practice with local recreational teams.

After four years of playing volleyball together, and struggling through losing seasons during three, they won their first match against William Fleming and beat the "unbeatables" Cave Spring and Franklin County in several games. "I couldn't be more proud of you if you had won the Nationals," said Coach Angela Harris. It was definitely a season worth remembering and hardly one to be forgotten.

Tatum Neely



Roechelle Quesenberry prepares to block against the opponent's shot.



Becky Bishop bumps the volleyball. "You have to be totally aggressive towards anything that comes your way," Bishop said.



Toni Wright prepares for a back row bump. "Team sports are tough," said Wright. "You have to be totally unified to play the game to the best of your team's potential."

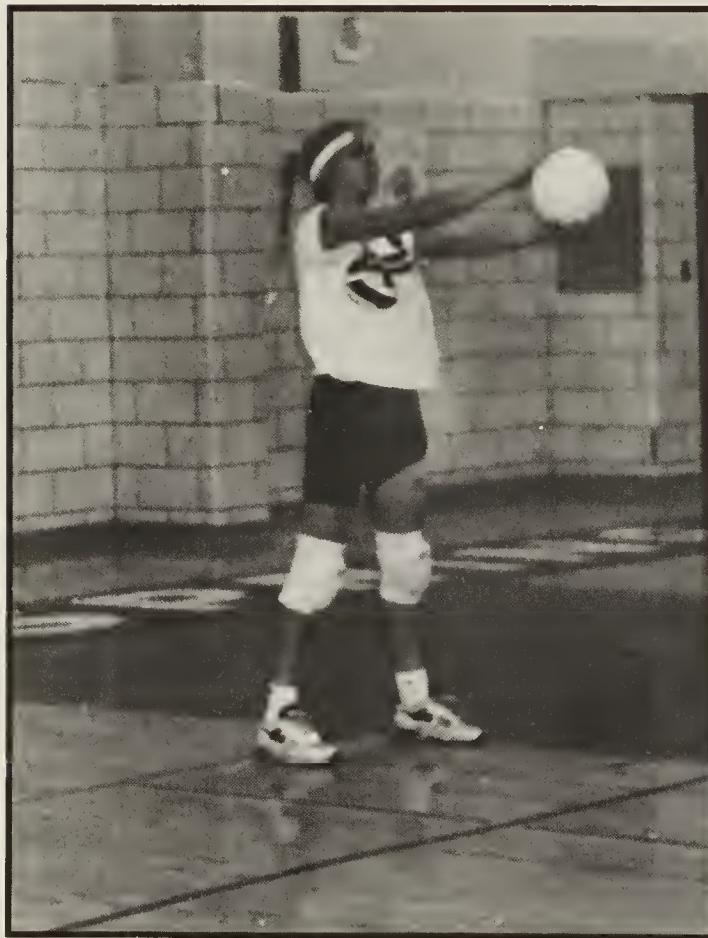
Spikin' It Down

After what seemed to be hundreds of long, hard, vigorous practices, game day finally rolled around against the Patrick Henry Patriots at home. Andrea Armes stated, "Playing at home gave us an advantage over the opposing team, especially for the first game." After winning that match, captains Kristin Adkins and Lea Hallstead led their team to an eight and two record for the year, losing only to the Cave Spring Knights.

With first year coach, Mrs. Beth Wiegant, the girls showed their enthusiasm, love, and dedication to the game. Every match they played, the girls came away with at least one win per game. Christie Newman stated, "Being on the team gave me a sense of pride and belonging; our team seemed to work great together."

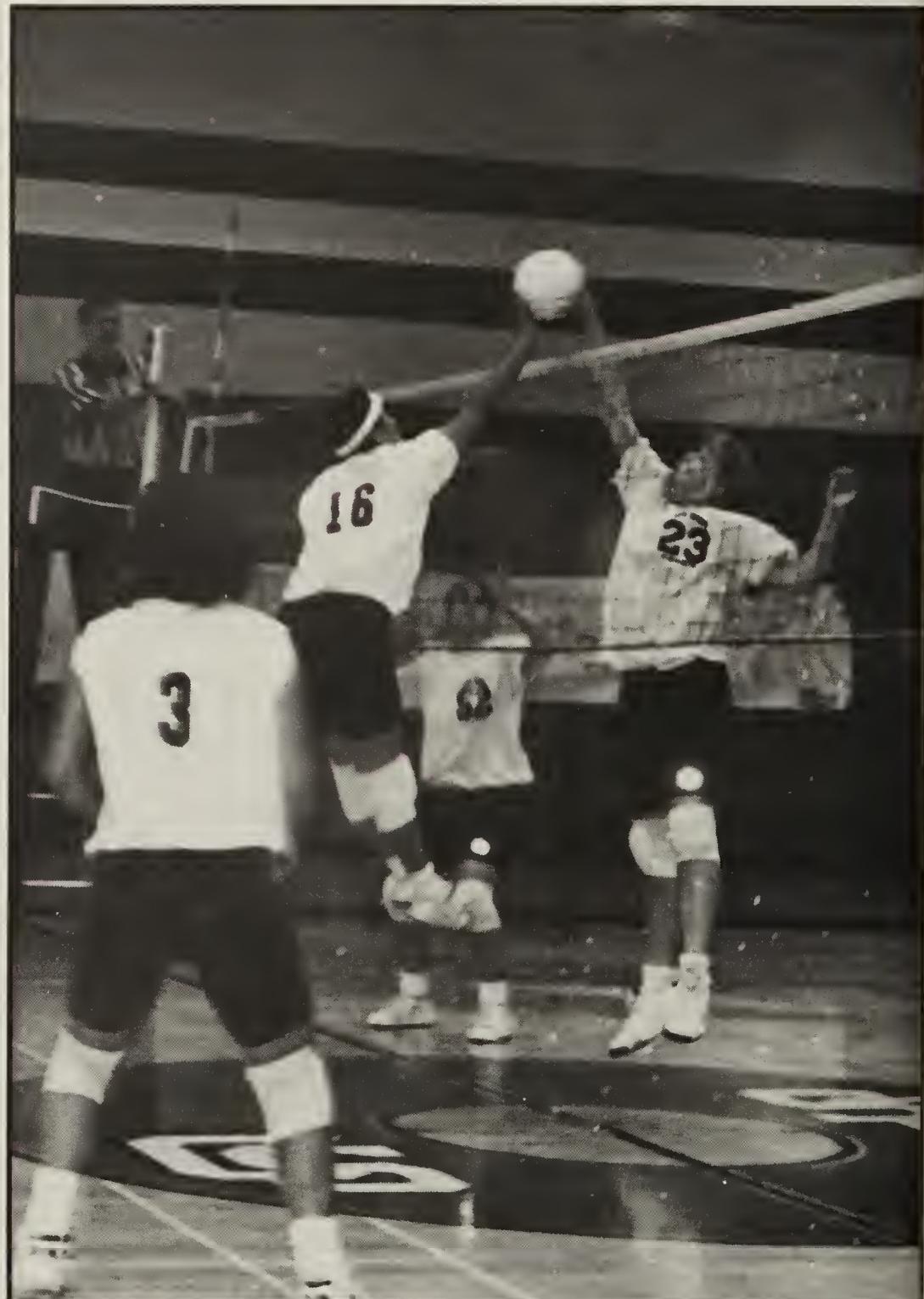
Relentless pursuit. That was the key. Don't let the ball hit the floor. "Coach Harris and Coach Wiegant stressed relentless pursuit. We spent a lot of time on the floor trying to dig up hard hits," stated Elisha Ornes. A lot of time was also used to work on serve reception, which really paid off in games. As the year went on, practicing everyday other than game days, either in the gym or the fitness center, the J.V. team got better and better and learned more each and every day.

Kristi Lineberry
Sally Simpkins
Janna VanDyke



Lea Hallstead concentrates intensely on the ball while waiting for the whistle to blow.

"Blocking is one of the hardest skills in volleyball," said Kristin Adkins. Chelsi Burnette watches as Kristin goes up for a block against a Cave Spring opponent.





The whole team is discussing a play before a big game. Sarah Adkins said, "We needed every minute to plan our attack against the opponents."

"I try to encourage all of the players to do their best, even in losing situations," said Lea Hallstead.



Christie Newman waits eagerly for the referee to okay the substitution.

Christie Newman, Andrea Armes, and Kristin Adkins watch and prepare for the ball to be served from the opposing team.



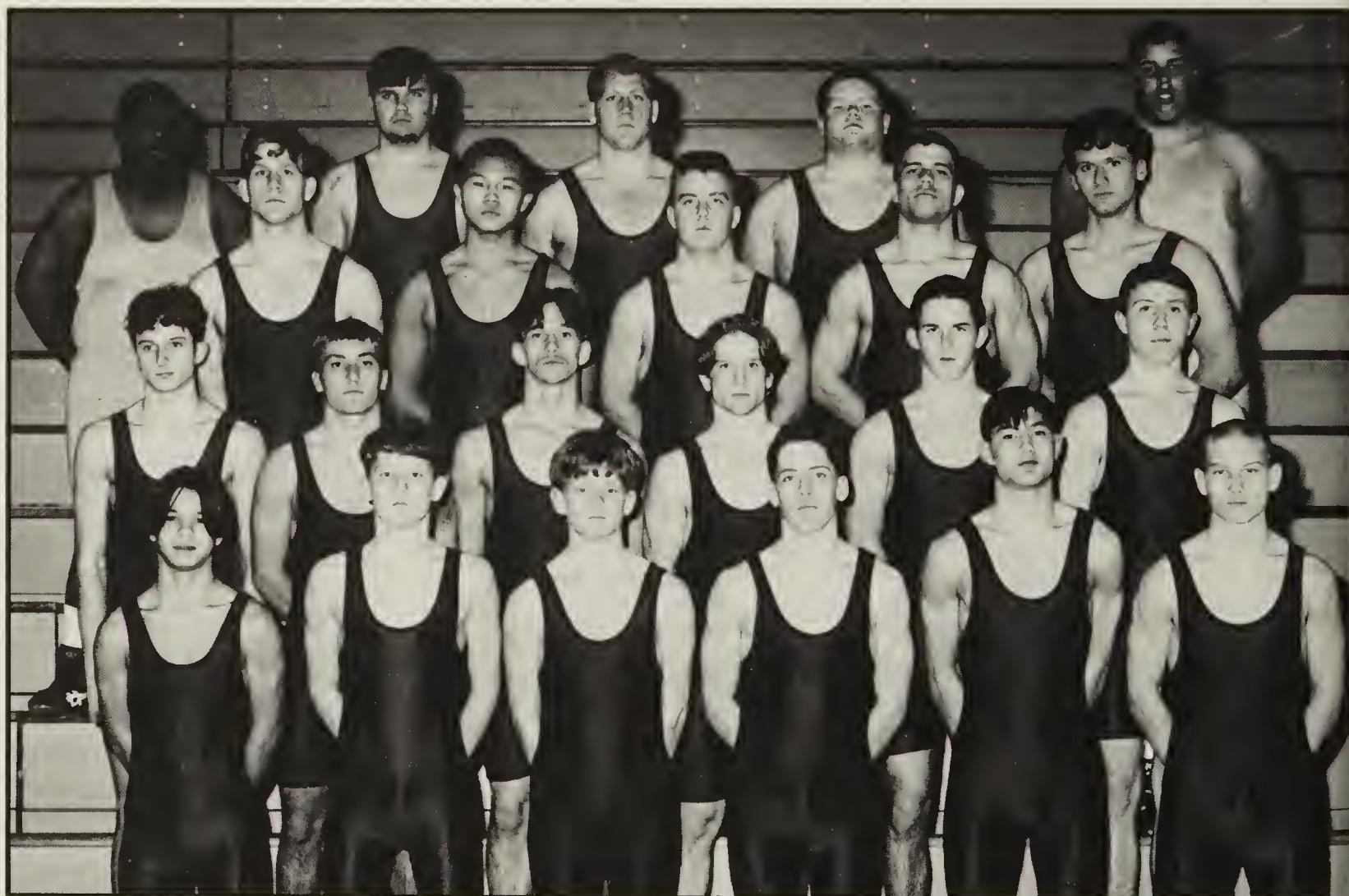
DOWN FOR THE COUNT

This year's wrestling team added one more awesome season to its lists. Coached by Wayne Viers, the Cougars began early, and with hard work and a tremendous desire to wrestle, the grapplers accomplished a lot. Said Ryan Brockmeyer, one of the teams many successful members, "Winning Districts was a real rush."

Brockmeyer wasn't the only Cougar wrestler to win big at district competitions. Other winning wrestlers included Lee Pannell, J.R. Osbourne, and Brian Queen. But the real thrill of the season was provided by senior Brian McGinnis, the only wrestler to place at State level. "I was proud of my season this year and I was very glad to have done so well at State," said McGinnis.

This year's grapplers were able to perform so well by focusing not only on the physical aspects of their sport, but by devoting themselves mentally as well. A lot of concentration and physical ability helped them along the way, and the wrestlers showed that teamwork really pays off in the end.

Mary Bishop
Kirsten McKenzie



First row: Marcus Tangtong, J.T. Thomas, Troy Barkley, Lee Pannell, Johnny Robinson, Mitch Gilmore. Second row: Anthony Flinchum, Brian McGinnis, Ryan Rorrer, Spencer Hite, Aaron Buckland, Chad Jones. Third row: Eric Queen, Kevin Lui, Nat Olinger, J.R. Osbourne, Brad Ratcliff. Fourth row: Richie Hayden, Tim Billings, Brian Queen, Mike Edwards, Emmitt Jessie.



Johnny Robinson struggles to defeat his rival.

Aaron Buckland tries to take down his opponent for the count.



Down for the count. Troy Barkley takes down his man. Barkley said, "I really enjoyed wrestling this year because it enabled me to enhance my skills."

Blood, sweat, and tears. J.R. Osborne gives it all to pin his opponent.



Fielding Dreams

The crack of the bat, stealing second base, pitching a no-hitter, and, best of all, the sweet taste of victory are only a few of the many memories of this year's varsity baseball team. Like most teams, this one worked with a great deal of determination and always strived to be better than the day before. L.A. Woods, a senior player, noted, "This year we worked very hard during practices. I think we had a great season!"

With the experienced coaching of Todd Browning, the varsity team took on higher goals and accomplished greater achievements. Coach Browning said with a smile, "I'm really proud of this season's team. All of the players have a lot talent." The team proved this talent throughout the season and continued to play to the best of their abilities through all obstacles.

The baseball team had many close friendships this year. They made these close bonds not only during practices and at the games, but at their fund-raising car washes, during the long bus rides, and at their favorite after-the-game restaurants as well. Many believe that playing on the team is one of the best ways to have fun with their friends.

The whole team agrees, however, that the best memory of all is the feeling of defeating a tough team and knowing that all the hard work paid off!

Rebekkah Warburton

Shane Callahan slides into third base. "Baseball is a lot of hard work, but also a lot of fun," said Callahan.



Throwing a curve ball,
Bryan Dalton gives it his
all.





Front Row: L.A. Woods, Robbie Hamblin, Kenny Akers, Zack Linkous, Brad Anderson , Stephen Owens, Chad Dalton, Caleb Hurd, and Council Compton. Second Row: Coach Todd Browning, Matt Hull, Bryan Dalton, Nick Phillips, Shane Callahan, Jason Corvin, Coach Perry Reese, and Coach Bill Chrisely.



"Safe!" L.A. Woods dives for home plate.



Rudge Arnold takes a swing as the pitcher sends a fast ball.

A League of Their Own

This year's junior varsity baseball team was filled with talent, they had strong hitters, outfielders and infielders. The team was coached by Tony Powell. Team work and a lot of practice after school had the team fired up and ready for action. Jamie Rupe and Cory Newman stated, "This season has been a lot of hard work and required us to put forth our best effort, but it has been fun."

This year's team has had a hard time keeping their spirits up when it has been raining down all season. They have had game after game delayed and some cancelled, but when the sun came out the team pulled themselves together and rose to meet their challenges.

Ashlee Hamblin
Kirsten McKenzie



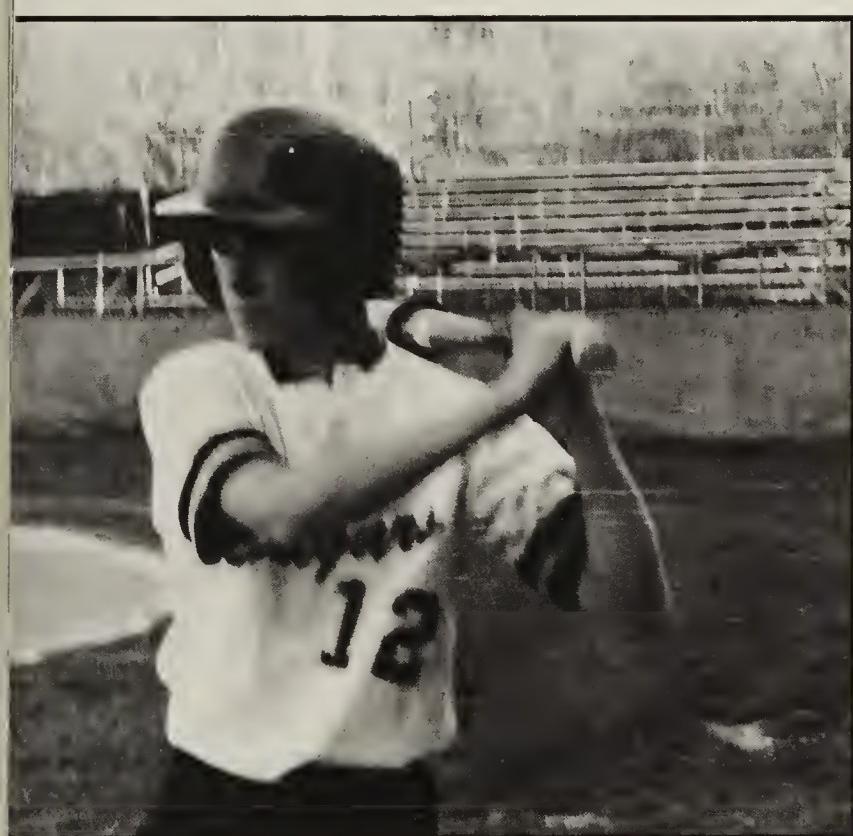
Daniel Hall remains on the lookout for his opponents.

Coach Chrisley and Coach Powell converse with catcher Ryan Hager during a close game.





Front Row: Randy Queen, Josh Gallimore, Jabe Largin, Robbie Meridith, Nick Yates, Justin Akers, Scotty Goad, Cory Newman. Second Row: Jamie Rupe, Daniel Hall, Coach Tony Powell, Bobby Peasly, Wormy Anderson, Jermey Marion, Coach Ben Chrisley, Ben Jarrells, and Ryan Hager.



Cory Newman practices his swing before stepping up to the plate.



Nick Yates heads for first base after a hard hit.



First Row: Conner Quinlan, Justin Jones, Bryan Meyers, Isaac Taylor, Ryan Whitesell, Ben Rudisill, Jason Stoots, and Shannon Combs. Second Row: Manager Chad Piediscalzo, Bradley Dalton, Tyler Faucett, Ginny Morgan, Timmy Williams, Robbie Wallace, Steven Hoffman, and Charles Forbes.



Aaron Workman prepares for the next half.



The Dynamic Trio. Conner Quinlan, Aaron Workman, and Chad Piediscalzo stop and pose before going onto the field.



Timmy Williams and other players run up field after the ball.

Kick It Up!

Experience was the reason the varsity soccer team did such a great job this season. Seniors Timmy Williams, Ginny Morgan, Charles Forbes, and goalie Ryan Whitesell have all played at the least for 2 to 3 years. Many others have contributed. Bryan Meyers, Aaron Workman and Conner Quinlan helped in the many wins by getting the ball down the field. Bradley Dalton played both offense, defense and scored many of the points in the games.

The team's big accomplishment this year was when they beat the state champions- Blacksburg by finishing with a 8-5 record and playing their hardest. Timmy Williams said, "It would have felt great to have gone to state my last year, but beating Blacksburg was the best feeling for me since we had never beaten them before."

Hard work, dedication, commitment and experience is what made this team have its best year ever. Bradley Dalton said, "I think we played as hard as we could and we had fun with it. I'll never forget this year or the players and all the great times we had this season."

Look Mom, No Hands

It's a rainy Friday at 3:20 and most students are heading home to relax and take it easy. . .except one very dedicated and determined group of boys. This distinguished group is none other than the junior varsity soccer team. Working hard through all types of weather, heat, and long practices, the J.V. team was inspired to keep practicing by their coach Tommy Torres. Andy Pratt said, "I seem to work harder at practices and games, because our coach always tells us to be the best we can be!"

This season's team was a young one. With the help from seven middle schoolers, the team accomplished high goals. Michael Moseman, an eighth grader, recalled, "The older players motivated me to do really well. Our team was great."

The J.V. team was close and provided many new friendships. The whole team agreed that the best part about the sport is the thrill of making a goal and knowing that all the rough practices paid off!

Mary Bishop

Kirsten McKenzie

Rebekkah Warburton



First Row: Greg Canterbury, John Kelly Kizer, Michael Moseman, Jason Newman, Andy Pratt, Troy Barkley, Jack Forrest, Paul Dobbins, Kelly McVey, Josh Lookabill, Tony Lee. Second Row: Michael Meyer, Junior Altizer, Daniel O'Dell, Casey Fawcett, Will Hager, Daniel Combiths, Jamie Smith, John Woodson, Chuck Davis, John Manuel, Cameron Ashworth, Scott Southern, J.R. Easterling, Coach Tommy Torres.



Michael Moseman prepares to go by his defender in hope of scoring a goal. Moseman said, "Playing on the JV team as an eighth grader made me feel great."



Huddling around. The team gathers before the start of the match to receive support from their fellow teammates and advice from Coach Torres.

Preparing mentally for the game. The JV soccer team waits patiently to start their match.



Paul Dobbins passes the ball to his teammates as they take on Cave Spring.



April Childress, mixed in the pack with other runners, starts off well.

Daryn Simmers and Andy Kennedy are competing very closely at the beginning of the race.



Across Country and Around the World

Most people who compete in cross country do it because they like to run and compete with others. One of the advantages of running cross country and track is that it builds your leg muscles. The students on the team supported each other very well and encouraged each other to keep going. Some students on the team enjoy competing away at different places because it is a different scenery.

The cross country team worked very hard and did their best but they didn't get to compete in any meets because they didn't have enough members (full team). April Childress and Daryn Simmers qualified for regionals.

This is only the third year for the indoor track team and they had six girls and five boys. Five girls went to district and then qualified for regionals. They are Stephanie Wohlford, Tiffany Kirkland, Cheryl Bowling, Michelle Clark, and Lee Ann Pruitt. Jawan Clark was the only boy who qualified for regionals.

The outdoor track team is high quality. They beat Christiansburg for the first time ever. The girls' team for the very first time ever since 1975 have a good chance of winning district. The most likely contenders for state are Lea Hallstead for high jump, Mouse Blevins for 400m, and April Childress for 1600m.

Sarah Drye
Chris Thompson
Janna VanDyke



LeAnna Blevins and Sarah Drye compete in the two mile race.



April Childress gives it her all as she participates in a meet at Virginia Tech.



Andy Kennedy stated, "I love running, it gives me a chance to stay fit."

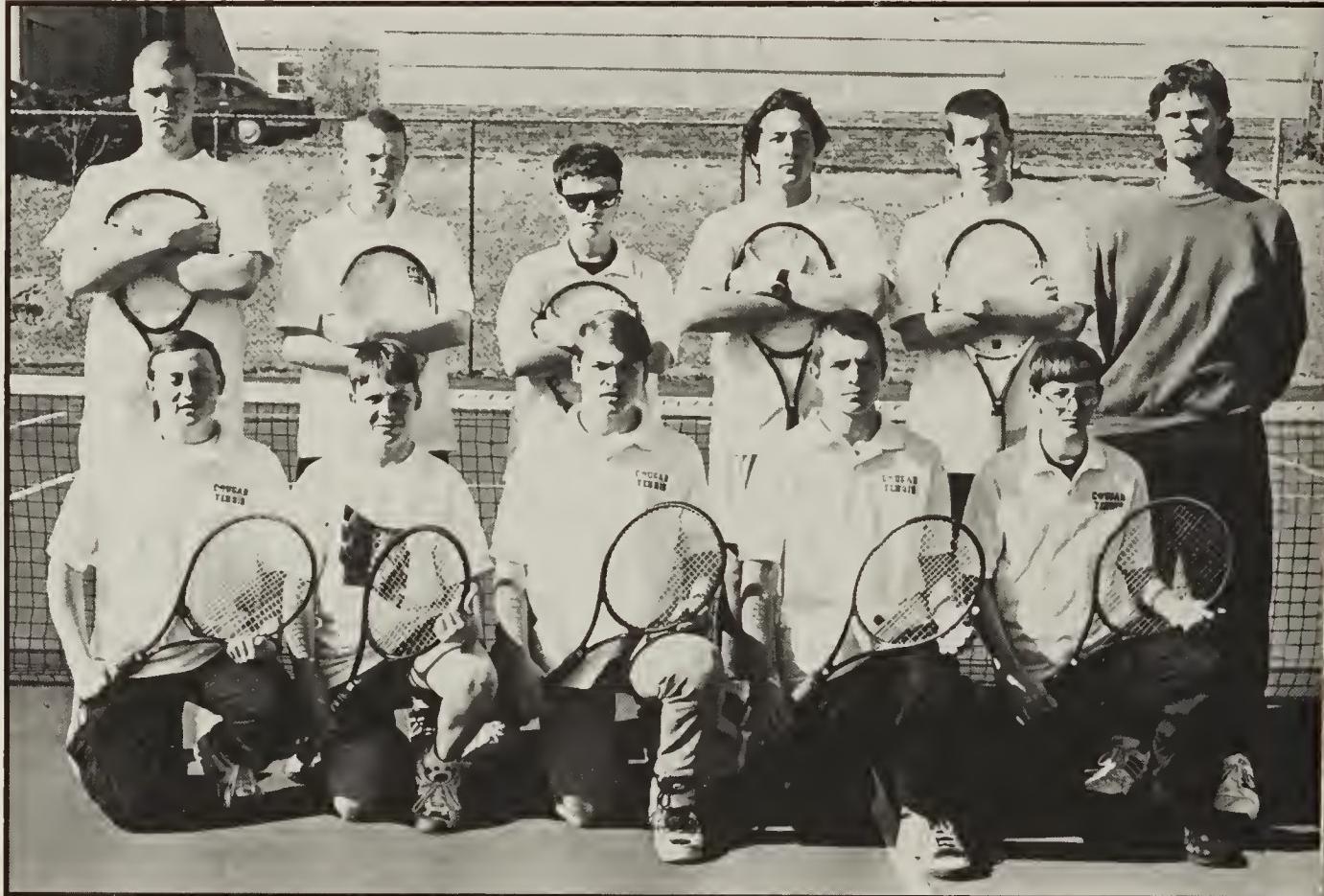
Above the Net

Swish, a tennis ball whizzes past the net and past the opponent; it looks like another Cougar victory for the boys' tennis team! "The team has had a good season, even though the weather has not been ideal for tennis," said David Conner the new tennis coach. The returning seniors for this year were Brook Eley and Doug Freeman, who also shared the important responsibility of being team captain. Equally important, Doug was at position number one on the team, while Brook Eley was at position number two on the team.

The team played a hard season with some decisive losses, but are expected to be strong next year, although they are losing two good players. This loss will be offset with upcoming sophomores Ben Tiller and Kasy Chrisley, and upcoming junior Erin Phillips. There also was a new face this year, junior, Mike Sandidge. "His contribution to the starting line-up at number five and at number two doubles has been a welcome surprise," said Mr. Conner. However you look at it, the tennis team takes pride in what they are the best at... TEAMWORK!

Ray Kirby
Chris Yonce

Front Row: Erin Phillips, Mike Turner, Chris Jakupczyk, JV Clark, Adam Cox. Second Row: Ben Tiller, Chris Wright, Doug Freeman, Brook Eley, Mike Sandidge, Coach David Conner.



Chris Japukczyk prepares for a big match against Cave Spring.





JV Clark prepares to serve in a game against Franklin County.

Erin Phillips takes a short break, during an away game.



Wham! JV Clark smacks one lying past his opponent.



Rockin' The Courts

The girls' tennis team started the season with high goals and great expectations, most of which were achieved. Leading the team were captains Season Childress and Kristen Beeler. Amanda Hallstead said, "They were really enthusiastic and made everyone feel like part of the team."

Throughout the season many hours were spent practicing certain shots, footwork, and mental strategies. "You have to have quick feet and be in good physical shape," stated freshman Susie Gehrz. Practices were difficult at times but were always fun. Brooke Copeland said, "Even though some practices felt like they took a long time, thinking about performing well in a match made it all worthwhile."

One of the team's greatest accomplishments was the defeat of Cave Spring for the first time in the history of Lady Cougar Tennis. "It felt really good to finally beat the Knights, and the win was a big boost in our confidence," said Ashley Hutchens.

The number one doubles team of Priya Acharya and Kristen Beeler were district champions and finished in the top eight in Virginia. It was the first time in twenty years that PCHS had gone beyond district competition. Whitney Childress summed it up by saying, "This year we rocked and I can't wait until next season!"

Priya Acharya
Katie Ros

Girls' Tennis Team : Front Row: Brooke Copeland, Season Childress, Lora Coltrane, Whitney Childress, Kristen Beeler, Coach Gina Miano. Back Row: Amanda Hallstead, Kristin Hall, Priya Acharya, Katie Webb, Ashley Hutchens, Belinda Lambert.



Serving it up! To start play, Katie Webb serves the ball into her opponent's court.

Season Childress takes a moment to concentrate during a match. "The mental game is just as important as the physical game," stated Childress.





Brooke Copeland and Whitney Childress warm up their serves before a match.



Katie Webb and Lora Coltrane stretch before a home game.



Team Spirit! The girls have some fun before a home match against Cave Spring. "Getting together before we started helped us to relax and be able to concentrate on the match," said Lora Coltrane.

PLAYING THE COURSE

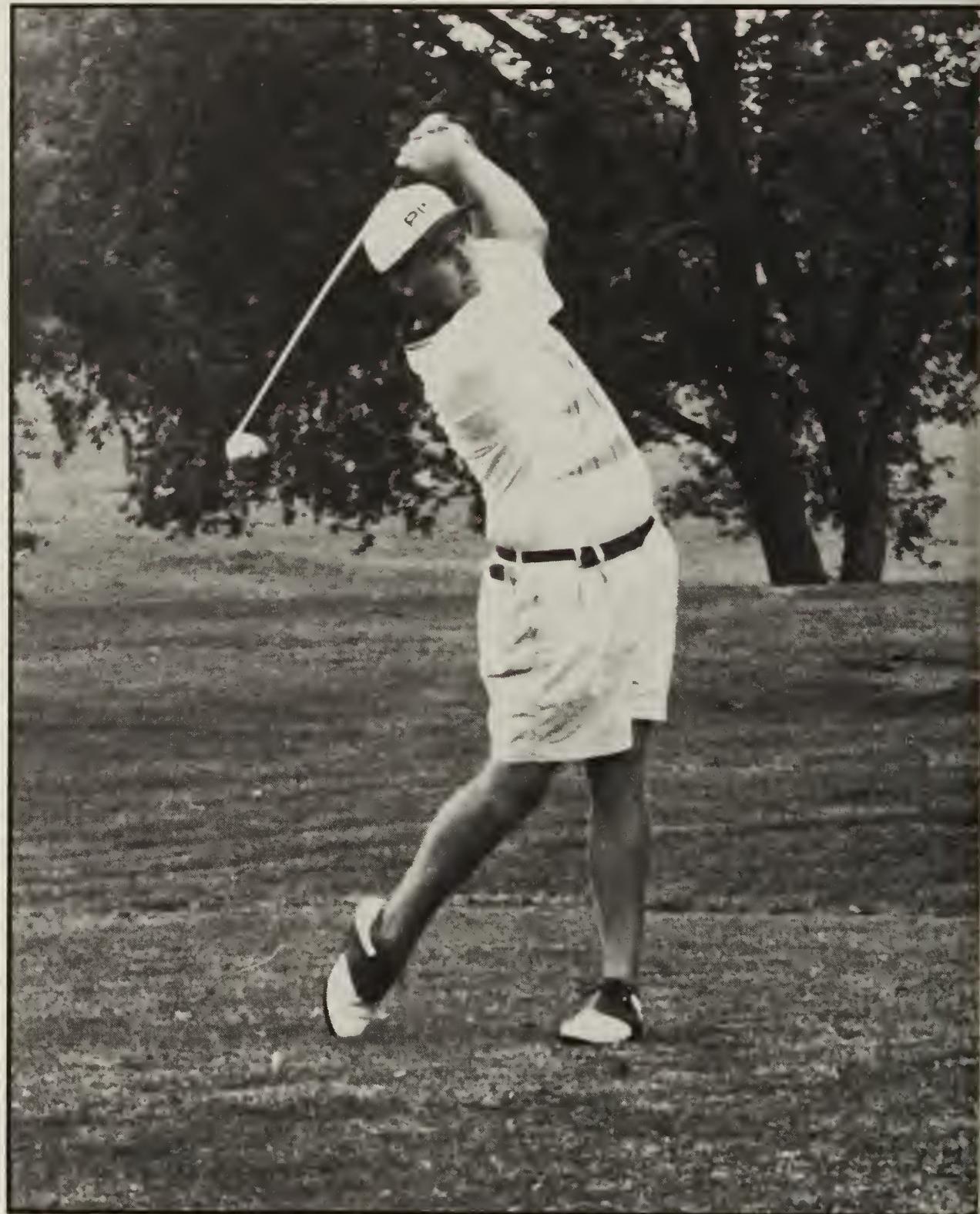
A familiar sound heard by all members of the golf team after the first few days of practice was "Fore!" Playing golf takes a lot of concentration and patience along with skill. The members of the golf team demonstrated these talents through many days of practice and the never-ending competitions. Team member "Wormy" Anderson stated, "Golf has helped me not only in life but also in baseball and other sports. It has helped me learn to concentrate and set high goals in my life."

The freshmen were a big part of this year's golf team; they worked hard all season and it paid off with the many victories of the year. Team member Matt Mansell stated, "Having a lot of freshmen on the team this year will add to our experience in the future." The freshmen did not let the fact that they were playing varsity golf be something that intimidated their ability to practice hard and become the best they possibly could. Michael Chandler said, "We are ready to face next year with even more enthusiasm and skill."

Victory was not a new word to the members of this year's golf team. Coach White worked the team members hard and had fun while doing so. He said, "My favorite part of being a coach is seeing young people realize their potential through dedication and hard work."

Angie Lutz
Patty Mitchell

Chris Davis focuses on the ball after his great drive. "Follow-through is very important," said Davis.





Demonstrating his skill, Chris Davis prepares for his next shot. Davis said, "Playing golf takes a lot of concentration and dedication on the golfer's part."

Michael Chandler watches, hoping his ball will go in. His teammates congratulated him after he made his shot.

Golf Team Picture: Front Row: Danny McKittrick, Jason Suddarth, Matt Mansell, Michael Chandler. Back Row: Justin Haynes, Brandon Huggett, Aaron Workman, Steven Thompson, and Ray Kirby.



Splashin' Around

Big accomplishments left this year's swim team no room to complain. Their achievement of runner-up status in the Roanoke Valley District is an accomplishment that will be remembered for years to come.

The numbers added up to a big advantage for the Cougar swimmers. The team boasted both girls' and boys' district relay champions, both of which continued on to Regional competition. The boys' relay team, with members Graham Gravely, Aaron Workman, Shawn Dunaway, and Nick Altizer, also went on to compete at the State Meet. There, they succeeded in making the Finals in both relays.

Along with the boys' relay team, swimmers Sarah Drye, Karen Manning, and Ginny Morgan, also went on to compete at the State level.

The team's banquet at the end of the season showed how pleased they were with their many successes, and was an emotional time for all. Aaron Workman and Karen Manning were voted the team's Most Valuable Players, while Janna VanDyke and Travis Hamilton were declared Most Improved. It had been the best season ever, and the last time the group would all be together.

Senior tri-captains, Shawn Dunaway, Karen Manning, and Ginny Morgan will surely be missed. They have been strong leaders for all four years of their high school competition. The lower classmen have a lot riding on them, but they are more than willing to take on the responsibility of leadership. Karen Manning commented, "I have had so much fun. I think our team has more spirit than any other around, and I know the rising seniors can keep that spirit alive."

Sarah Drye
Janna VanDyke

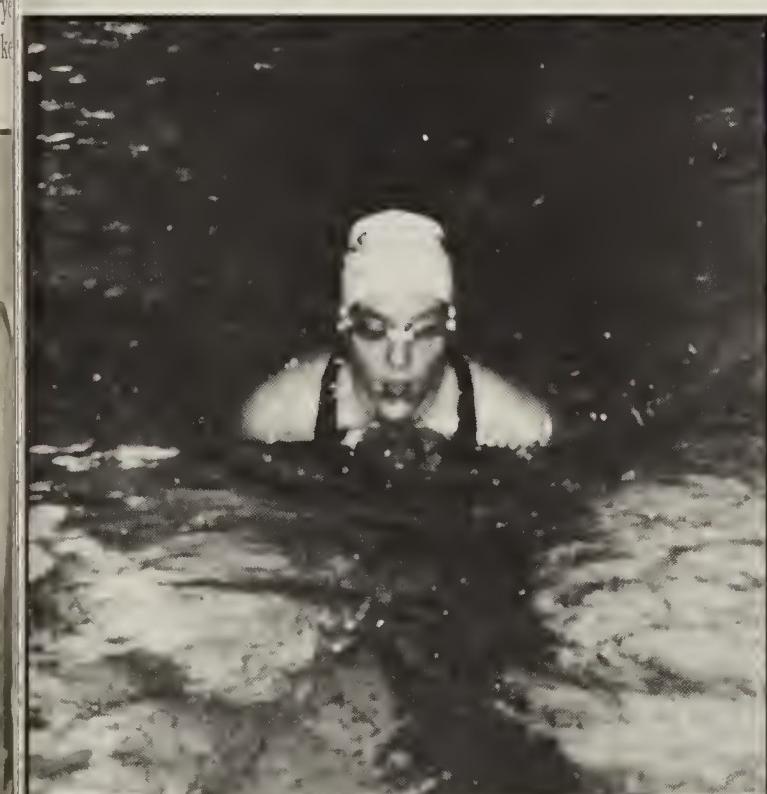


"It's very hard to swim the 500-yard freestyle," says Leigh Ann Santolla. "You get very tired unless you are a long distance swimmer."

Swimmers, take your mark. Aaron Workman is motionless as he prepares to dive into the pool.



Front Row: Amy Pruitt, Suzie Gehrz, Keith Ferrell, Jessie Spraker, Christie Nester **Second Row:** Kristel Rupe, Georgie Hickam, Ginny Morgan, Sarah Drye, Karen Manning, Leigh Ann Santolla, Jessica McKinney, Jessica Pannell, Janna VanDyke **Third Row:** Coach Maggie Manning, Tony Lee, Travis Hamilton, Kenny Davis, Josh Raynes, Aaron Workman, Graham Gravely, Shawn Dunaway, Nick Altizer, Matt Henley, Rudge Arnold.



Andrea Armes concentrates on practice. Coach Manning commented, "This is Andrea's first season and she is doing great."

Jessica McKinney shows off her backstroke technique. McKinney said, "Backstroke is my favorite event."



Bathing Beauties. Shawn Dunaway, Nick Altizer, Aaron Workman, and Graham Gravely show their excitement after their district champ relay.

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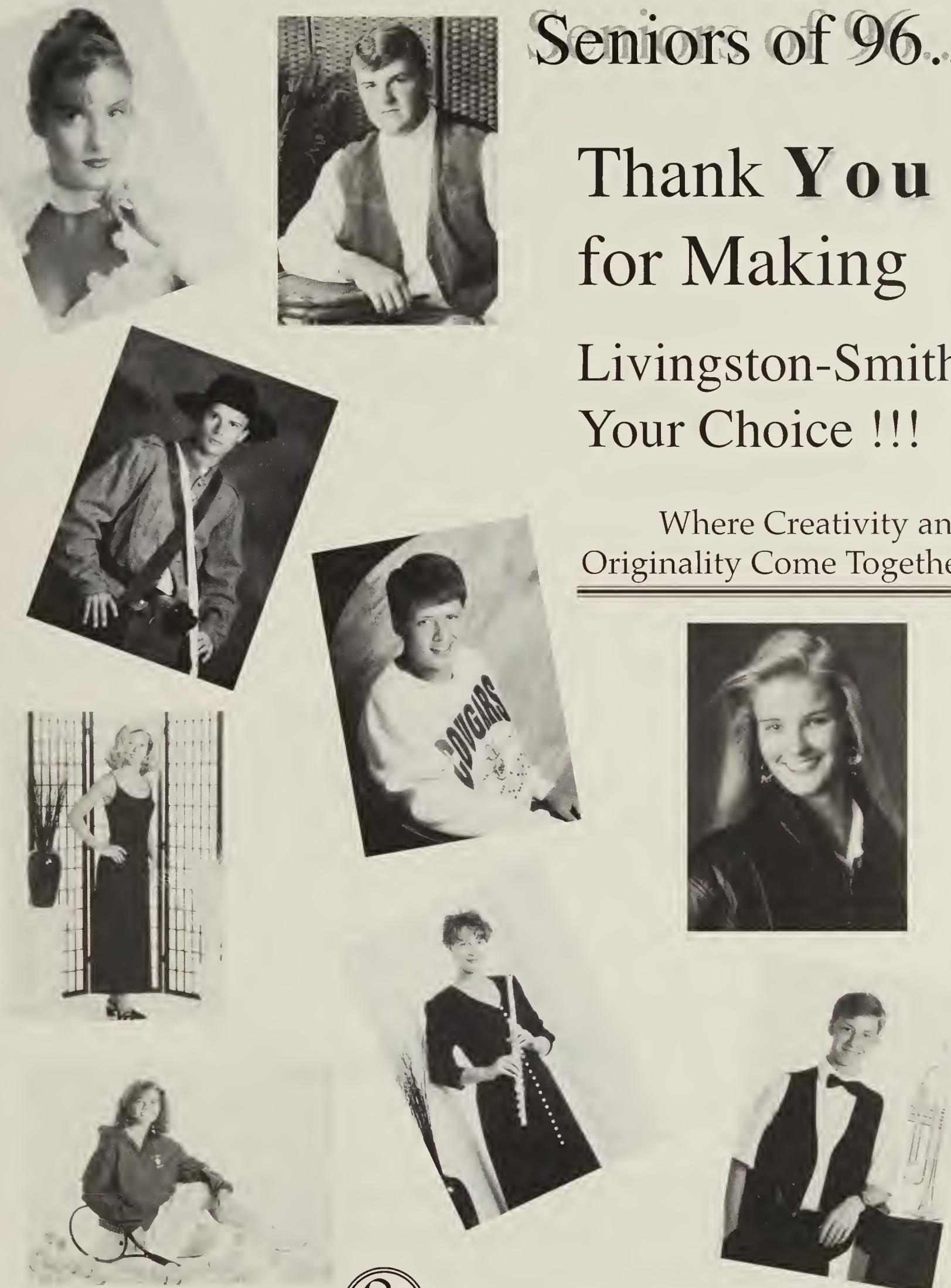
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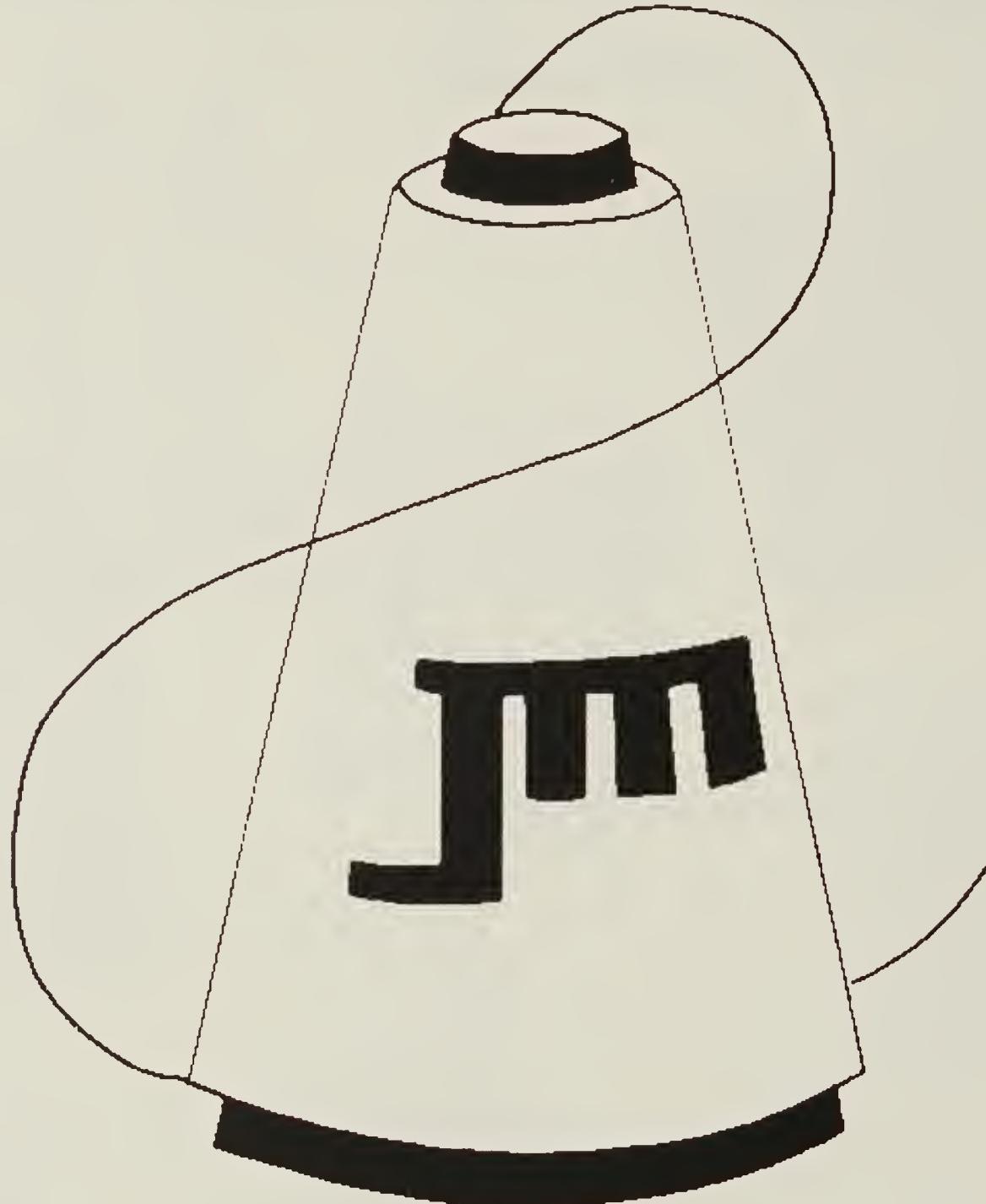


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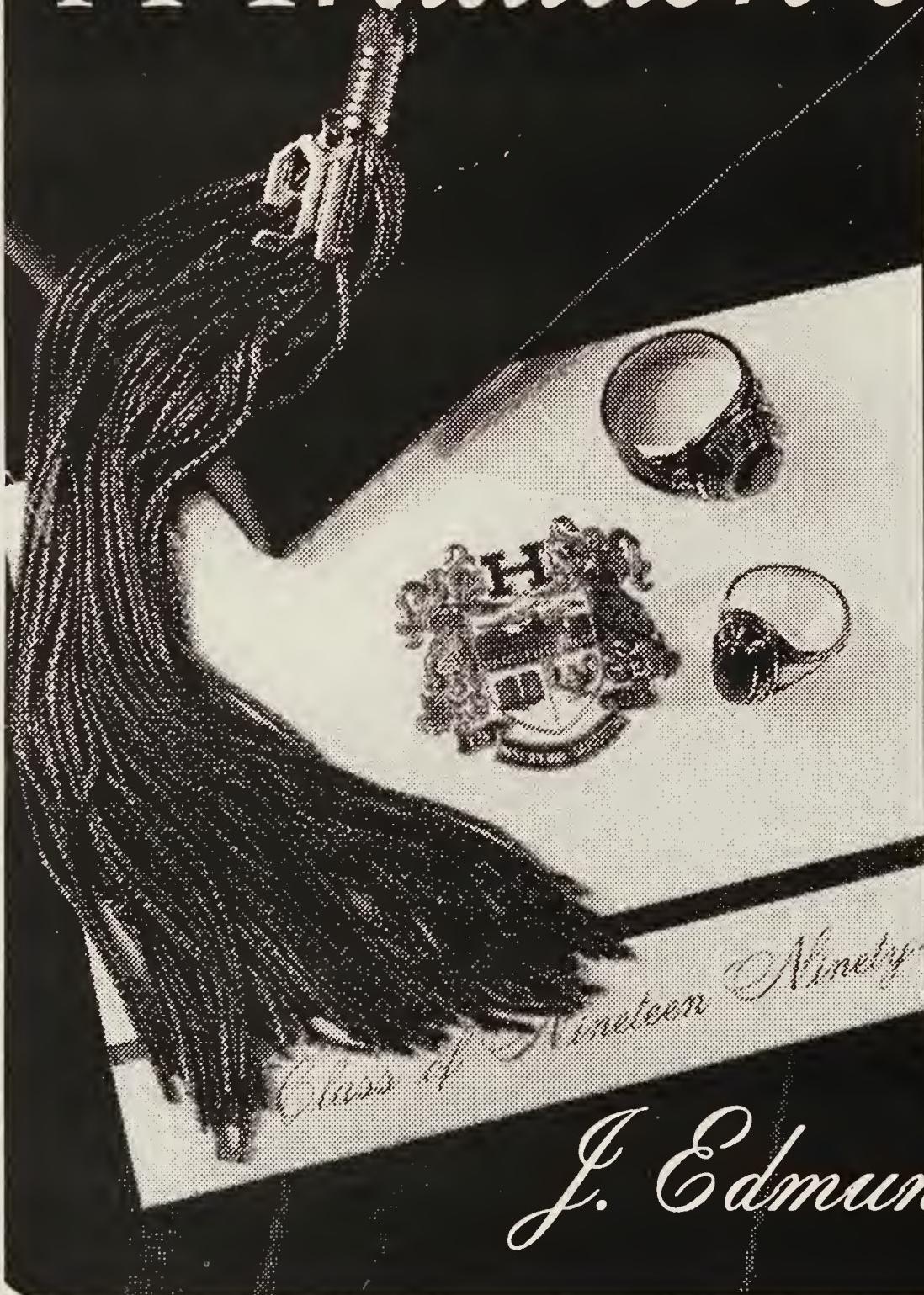
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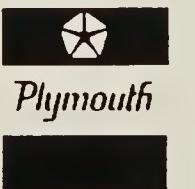
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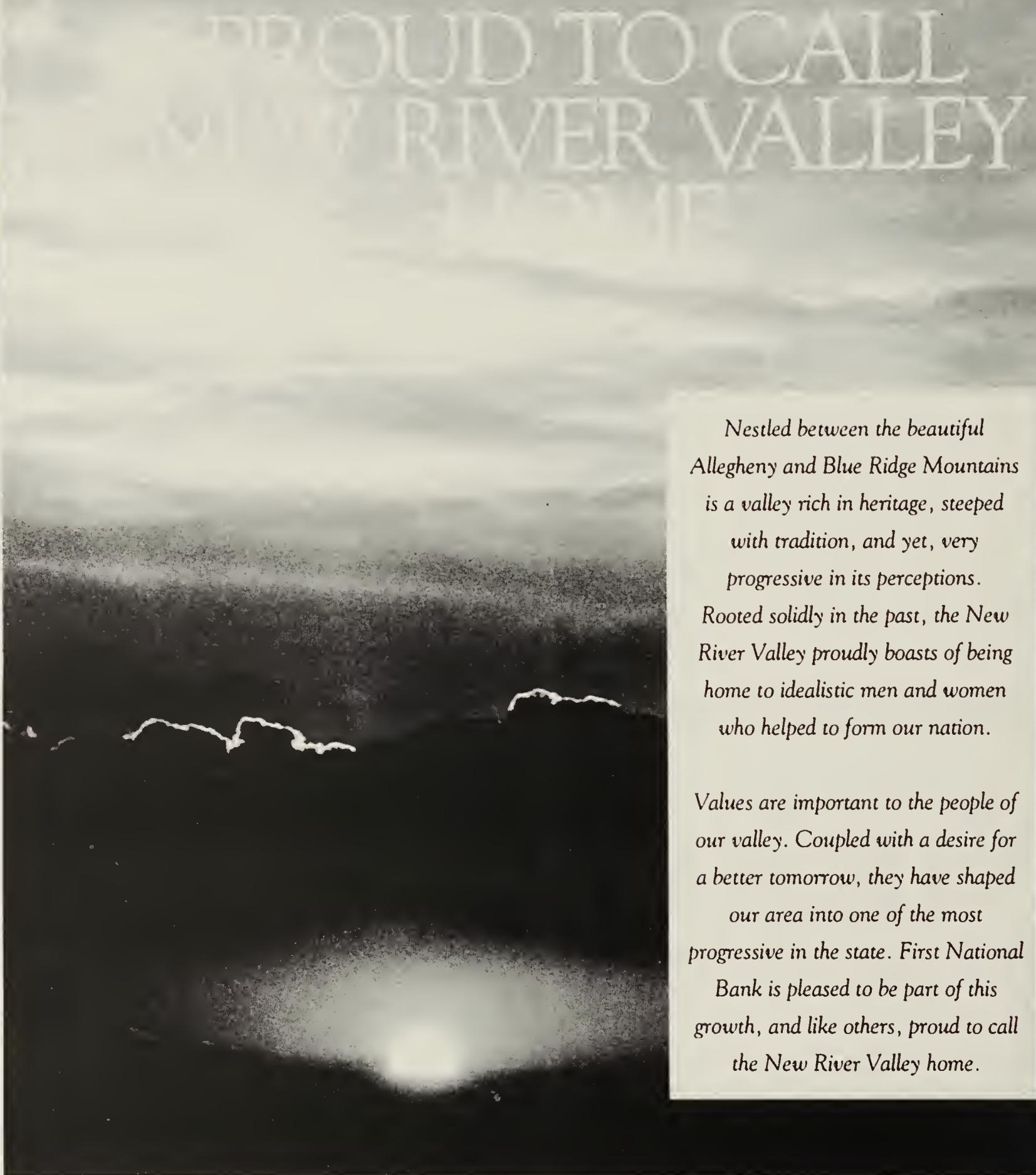
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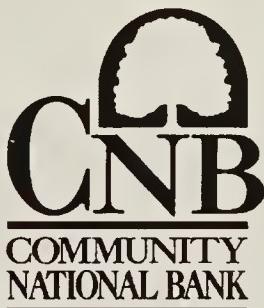


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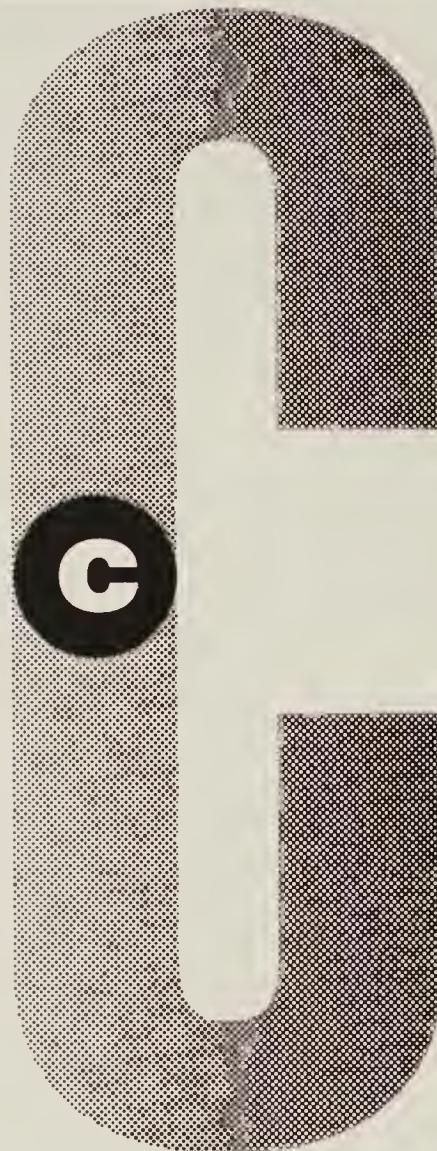
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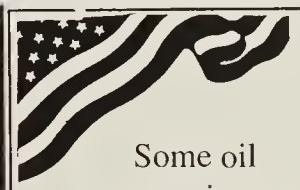
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Curtain Call





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